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ABSTRACT

This booklet provides parents, librarians, child care workers, and teachers with tools for assisting children in understanding their experiences. The books listed in the chart and described in the approximately 700-item annotated bibliography were chosen for content helpful to children in dealing with the concepts and behaviors which are part of early childhood development. Section one (Conflict Management and Dispute Resolution) includes the following sections: Purpose; About This Revision; Conflict Management and Young Children; Understanding Conflict; Understanding How Emotions Influence Conflict; Communicating Emotions Appropriately; Improving Communication Skills; Reaching Resolution; and A Dispute Resolution Process. Section two (Conflict Management Materials) includes the sections: Introduction to Materials; Book Chart (listing all books in the annotated bibliography); and the approximately 700-item annotated bibliography. Contains 15 annotated references. (EF)

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Resolving Conflicts Together... Building a Brighter Future

Teaching Skills of Peace through Children's Literature

2000 Edition

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Other resource materials available from the Commission for early childhood educators and parents include:

- *Teaching Skills of Peace: An Annotated Bibliography,* Revised 2000
- *Learning Skills of Peace Through Every Day Conflicts: Practical Activities and Resources for Families, Teachers and Other Caregivers,* 1999

Trainings available for early childhood educators and parents include:

- Conflict Management training for Adults
- Mediation training for Adults
- In-service instruction on how to use the *Learning Skills of Peace* materials

Ohio Commission on Dispute Resolution
and Conflict Management
77 S. High St., 24th Floor
Columbus,OH43266-0124
614-752-9595
www.state.oh.us/cdr/

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Commission on Dispute Resolution & Conflict Management

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Richard A. Ross, Vice Chair, Reynoldsburg

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Randy L. Fisher, Director of Community & Court Programs

Ursuline Academy of Cleveland
Anita Whitely, OSU, Conflict Management Consultant
Linda Martin, OSU, Early Childhood Advisor and Technical Assistant

Significant Contributions of Materials
Euclid Public Library - Linda Spear
Gesu School and Pre-school Libraries - Rose Valentino, Jody Elffers
Morley Library, Painesville, OH - Tony Petruzzi and Lorene Ballee
Wickliffe Public Library - Jeanne Schimmelmann

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Purpose

Early childhood, those important years of growth in which children develop ideas, attitudes, beliefs, and habits that will influence their life-long behavior, is a time of both satisfaction and challenge to those who parent, teach or care for young children.

It is the purpose of this resource to provide information that will aid persons who care for children in several ways.

An extensive annotated bibliography of children's books

- provides sources that will aid in developing positive attitudes in children about self, conflict, feelings, and problem solving.
- provides sources that will help adults anticipate, prepare for, and perhaps prevent some of the conflicts that normal stages of development can cause.
- provides sources for addressing those concerns and behaviors that will inevitably occur for many children.

The bibliography lists books that are available from most public libraries.

A simplified chart provides a user-friendly reference to quickly locate book titles that might be helpful for specific concerns or needs.

A narrative provides the reader with basic information regarding conflict,

conflict management, and dispute resolution. After reading this section, individuals will have a better understanding of the way in which the various concepts and skills introduced or developed through the suggested children's books interrelate to empower children to handle conflict in a positive way.

About This Revision

The shelf life of children's books has greatly diminished. Within two years of the first publication of Teaching Skills of Peace Through Children's Literature, over a third of the titles were out of print and many other wonderful publications have taken their place on bookstore and library shelves.

The 2000 Edition lists many new titles. In addition, two columns have been added to the chart to help you in your selection of children's books: the **author column** and the **print information column**. In the latter can be found information on paperback availability; the out of print information indicates that *at present* the book is out of print. Many titles, however, have been reissued by publishers other than the original one. The out of print titles that have been retained can still be found on many library shelves.

Conflict Management and Young Children

As one who cares for young children, you have the potential to make a world of difference for them. You can help them learn to manage their conflicts and to play together in ways that will bring about a peaceful environment and provide them with skills for life.

Invaluable life skills can be taught and reinforced by creating a cooperative atmosphere, modeling effective conflict management skills, and using books, music, stories, rhymes, games, videos, etc. that develop and reinforce conflict management concepts. Young children in such settings can:

- grow in self-esteem
- view conflict as something that can be managed
- acquire knowledge of and appropriate ways to name and handle their feelings
- develop their ability to make their needs known and understood
- grow in their ability to know and understand the needs and feelings of others
- discover ways to talk about conflict, and
- begin to think of ways to handle conflicts without crying, giving in or fighting

Conflict management involves identifying a conflict, understanding what is causing the conflict, and using nonviolent problem-solving skills to de-escalate the conflict so that a mutually acceptable agreement can be achieved.

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Although we must accept conflict as a natural and inevitable part of living, we need not accept violence as a natural response to conflict. Conflict management techniques can turn conflict into a learning opportunity. Teaching "the Fourth R" of resolution will provide young children with important life skills and will create environments conducive to growth.

In order to create such an environment, it is important for adults to review and understand the component concepts and skills that are necessary for understanding and addressing conflict.

The following excerpt was taken from *The New York Times* and emphasizes the importance of teaching all children conflict management skills.

> "Psychology has a message of hope; violence is preventable," said Dr. Ronald G. Slaby, a psychologist at Harvard University, who is a member of the American Psychological Association's Commission on Violence and Youth. "Violence is learned, and we can teach children alternatives."
>
> Intervening at an early age, especially from 4-8, before children's habits of aggression are fixed, was among the Commission's main recommendations [*in a report on youth violence*]. Violence "is learned very early in life, and learned well," said the commission's chairman, Dr. Leonard Eron, a psychologist at the University of Michigan. "Interventions work best if they are started early. The longer you wait, the harder it is to change." Dr. Eron added, "Youth violence is not an insoluble problem."
>
> The Commission recommended efforts aimed at the family, the classroom, the community and the media. The report described as particularly effective programs in the schools that teach social and emotional skills like managing anger, negotiating, [*acknowledging*] another child's perspective and thinking of alternative solutions to disagreements. Children who are already aggressive can benefit from special tutoring along these lines.
>
> *The New York Times, August 11, 1993*

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Understanding Conflict

The first, and most important, thing to understand about conflict is that it is a natural and inevitable part of living. As a result of being involved in conflicts of varying degrees almost everyday, people have developed their own responses to conflict. Some people vary their responses to a conflict situation depending on the type of conflict or on the type of relationship they have to the person involved in the conflict. Other people choose to use one approach for all conflicts regardless of varying factors or relationships.

Conflicts are abundant because individuals are unique, and therefore, have different values, needs and desires. Often, conflict is not about right and wrong, but about differences. Managing conflict is difficult for many individuals because they have not been taught how to resolve differences in cooperative, nonviolent ways.

Within each person is a natural and primitive "fight or flight" response to conflict. Although it enabled the earliest human beings to survive in dangerous environments, it sometimes causes an individual's response to conflict to be inappropriate. Adrenaline provides the strength for flight (avoidance) or fight (attack). Conflict management education and practice provide the strength for moving beyond reactionary "fight or flight" responses.

Conflict management programs are built on the belief that there are other appropriate responses that can be learned. Disputes can be resolved without

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attacking and without avoiding. Communication and problem solving methods can be employed to bring about win-win solutions.

A first step in developing appropriate responses is to gain some understanding about conflict. Conflicts can be simple or very complex depending on the type or number of causes. Most causes of conflicts stem from individuals having differing needs for power, fun, belonging, freedom and security. If the cause of a conflict is understood, the possibility of lasting resolution is greatly enhanced.

The Chinese use two symbols to express the word "crises." One symbol stands for danger, the other for opportunity. Those who dread or avoid conflict seem to see only the potential for danger that a challenging situation holds out. A very positive outcome of conflict management education is the ability to see the possibilities, the opportunities, contained in each conflict situation.

Children pattern their beliefs and attitudes on those modeled for them. You will have many opportunities to help the children develop the habit of seeing the positive side to conflict by welcoming and using the many challenges that arise each day to practice conflict management skills.

It is very important that the children experience success in using the skills and applying the concepts they are taught. Because aggressive behavior is often rewarded, it is important for you to encourage, recognize, and appreciate children's efforts to use conflict management skills.

Understanding How Emotions Influence Conflict

Conflicts can be caused by a disagreement about facts or feelings. Dealing with feelings can be difficult for adults and children, alike. How often have you heard adults and children say they're upset or mad? Those feeling words are like the options on a computer screen - under each is a full menu of other more specific feelings.

Today many people think that they don't have time to do all they we need to do. When time is short and conflicts are many, most people believe that it takes too long to acknowledge emotions. The chances for achieving a longer lasting solution are increased when children are asked "How did you feel about this?" This allows children to describe their understanding of a conflict in terms of facts and feelings.

Before adults and children can become comfortable talking about emotions they need to enrich their feeling vocabulary. To illustrate the importance of a richer feeling vocabulary it is helpful to think about the conflicts in your own life. Think of the last time you told yourself or someone else that you were feeling upset. Obviously the listener knew that all was not well with you, but the information that would allow that person to respond to you with empathy and understanding was not communicated. Did "upset" mean that you weren't feeling well or that you were angry, hurt, disappointed, or frustrated?

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Using vague descriptors can elicit unhelpful responses. Naming your feelings accurately is the first step toward good communication and successful resolution of conflicts. Sometimes placing an accurate name on feelings is all you need to do to know the necessary next step. If you realize that you're not really angry but terribly disappointed, you may be willing to take a look at your expectations. If you can accurately describe to a friend that your reaction to his/her behavior was hurt instead of anger, that friend might be more able to make an appropriate response and work toward resolving the conflict.

As you prepare to use materials and opportunities to teach children conflict management skills, the following steps for responding to feelings might be helpful to reflect on and practice.

1. **Name** the emotion: What, exactly, am I feeling? What's going on here?

2. **Claim** the emotion: This is my feeling. No one made me feel this way. How I am feeling is my response (anger, sadness, etc.) to this conflict situation. My feeling may or may not be an appropriate response in this situation, but I acknowledge that it is still mine. For some, who have developed the habit of dealing with emotions cerebrally, there is an additional step of allowing myself to actually feel the emotion.

3. **Reframe** the emotion: Is this the first time that I have felt this way? What are the specific factors of this conflict? Is there a history of previous conflicts with this individual that intensifies my present

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feelings? Can I reframe my present feelings in such a way that they become helpful in resolving the current conflict? Is it appropriate for me to reframe my feelings in this situation?

4. **Tame** the emotion: If you are uncomfortable with the intensity of your feelings, you can do things to reduce their intensity. Jogging, racquetball, swimming, and cleaning are some possible ways to release intense negative energy so that emotions can be reframed and aimed.

5. **Aim** the emotion: What am I going to do with my feelings? Will I talk this out with someone? Do I need to understand my part in the conflict? Will I ask the other party to work with me to resolve it? Will I decide to do something differently next time? All of these are ways of aiming.

   The effects of working through and aiming emotions are evident in organizations such as Mothers Against Drunk Driving (MADD). These organizations are effective because individuals have turned their feelings of anger and sadness into a motivating force toward positive action.

Communicating Emotions Appropriately

Children must learn to communicate emotions appropriately after they have learned to identify them. Children must be taught skills that give them the ability to pause between the stimulus and response, to cool down and to choose their response.

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Improving Communication Skills

> *People fail to get along because they fear each other; they fear each other because they don't know each other; they don't know each other because they have not communicated with each other.*
>
> *Martin Luther King, Jr.*

The goal of communication is to be understood. How well people understand each other, depends on how well they communicate. Although communication is defined simply as the means of exchanging information, it is, in reality, very complex. Communication is both verbal and non-verbal and is influenced by many factors such as age, gender, race, socioeconomic status, education level, speech impediments, and hearing impairments.

Effective communication exists when people are able to accurately exchange information about facts and feelings. Poor communication exists when people are not able to accurately understand the facts and/or feelings being shared. Although effective communication can lead to conflicts because people hold different values, poor communication often leads to unnecessary conflict because people are misunderstood.

There are many potential blocks to achieving effective communication including poor body language, poor listening, "you" statements, "loaded" words, and unwillingness to acknowledge a differing perspective.

"Sticks and stones may break my bones, but words will never hurt me." How many times have you heard this? Do you believe it? Hurtful words are likely to incite a conflict because they are and usually cause a negative or defensive reaction.

"I" Statements

"I" statements are familiar to most adults, but many are reluctant to use them because they seem artificial and stilted. An "I" statement is a way to analyze and reframe a situation. The traditional formula is:

I feel _____________ (put a name on the emotion and claim it)
when _______ (formulate a non-judgmental description of the behavior)
because _________________ (describe the tangible effects of the behavior).

More important than using the statement is the process individuals must go through to formulate it. Speaking in "I" statements helps individuals take responsibility for their own feelings and actions. Working through the statement gives them clarity about their feelings and the situation that provoked those feelings.

"I" statements are a conflict management technique because they require individuals involved in a conflict to put space between their action and their reaction. This allows the individuals to take time to get in touch with their feelings and to choose an appropriate response instead of reacting spontaneously. Although using "I" statements can be uncomfortable at first, they are effective and using them gets easier with time because individuals learn how to adapt the statements so that they sound natural and still incorporate all the necessary elements.

Modeling "I" statements for children is important. You may want to stop in the midst of a "you" statement and struggle in front of the children to formulate an "I" statement. This will show them that you think "I" statements are important and that it is natural to struggle to learn something new. Young children will also begin to notice a difference in how they feel when being the recipient of an "I" statement versus a "you" statement.

Non-verbal Communication Skills

Do actions really speak louder than words? If a person says "this is really important to me" and rolls her eyes at the same time, do you believe her verbal or non-verbal cues? If someone says he has time to talk to you now, but he continues to organize his desk and gather books to take home, do you believe his verbal or non-verbal cues? Research has indicated that most people believe non-verbal cues (also referred to as body language) over verbal cues when the two cues are inconsistent with each other.

The power of body language is especially evident in conflict situations. People involved in a conflict tend to pay close attention to the body language, voice inflections, and word choice of others involved in the conflict. Body language is often a major cause for rapid escalation of conflicts. If adults expect to communicate and manage conflict effectively and to model effective conflict management they must possess good non-verbal communication skills.

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Active Listening

Listening is hard work and requires more than sitting and looking at a person while he/she talks. Active listening is a term used to refer to a set of listening skills that includes good body language, listening, asking questions, and summarizing facts and feelings. Active listening also requires the listener to select a time and location that is conducive to good communication, to reduce the number of internal and external distractions, to avoid making assumptions and to refrain from giving advice.

Most of us have experienced the frustration of trying to work out a conflict with a person who is not willing or capable of listening. These individuals are probably distracted from listening because they are reacting out of anger, trying to prove themselves to be right, trying to place blame on others, or formulating their next argument.

Fortunately, most of us have also encountered people we consider to be good listeners. Often we consider them such because they listen attentively, exhibit good body language, summarize the facts, acknowledge your feelings, ask clarifying questions, and avoid giving unwanted advice.

Active listening is an important skill for managing conflict. In a conflict situation, a listener who asks clarifying questions and summarizes facts and feelings enables the speaker to feel that he/she has been given a chance to be heard. Many conflicts are resolved simply by active listening because the

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parties realize the conflict is simply a misunderstanding. Even when a true disagreement exists, individuals who are given an opportunity to have their perspective heard, are much more likely to be committed to achieving a win-win solution.

Hurt feelings, misunderstandings, and misperceptions can cause conflicts to escalate quickly. If individuals employ active listening skills in the early stages of a conflict, they increase their chances of a quick resolution.

Different Perceptions

Is the glass half empty or half full? Conflict is natural because people perceive things differently. To resolve conflicts effectively people must be willing to acknowledge, but not necessarily agree with, another person's perception. To do this an individual involved in a conflict must be willing to momentarily set aside his/her own perception and feelings to accurately hear the perception, feelings and needs of another person. Acknowledging that different perceptions exist may allow disputing individuals to find common ground and work toward a resolution.

Appreciation of Diversity

Miscommunication can result from missing and or mis-information about other cultural groups. For example, in some cultures adults expect children to look them in the eyes when they are being corrected. They read a lack of eye-contact as disrespectful. In another culture, looking an adult in the eyes

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under the same circumstances would be considered disrepectful. This is one example of how misinterpretation can result from a lack of awareness of cultural differences.

If the goal of conflict management is to achieve a win-win or fair-fair resolution, the most conducive atmosphere is one of cooperation. All children need to have a voice. Inviting childrens' creative in-put on the negotiable aspects of their day promotes childrens' learning.

Reaching Resolution

Two goals of conflict managementare preventing unnecessary conflicts and trying to achieve "win-win" or "fair-fair for now" solutions when conflicts do occur. Employing conflict management skills along with these structured processes can lead those involved beyond simple compromise solutions to agreements that are mutually satisfying to all parties.

The simple procedure that follows can be used by young children. It involves the basic steps that people of any age can use to resolve differences.

1. People need to cool off before they address the issue.
2. People need to take turns speaking and listening, telling what happenedand how they feel about it.
3. People need to think of solutions.
4. People need to agree on a solution.

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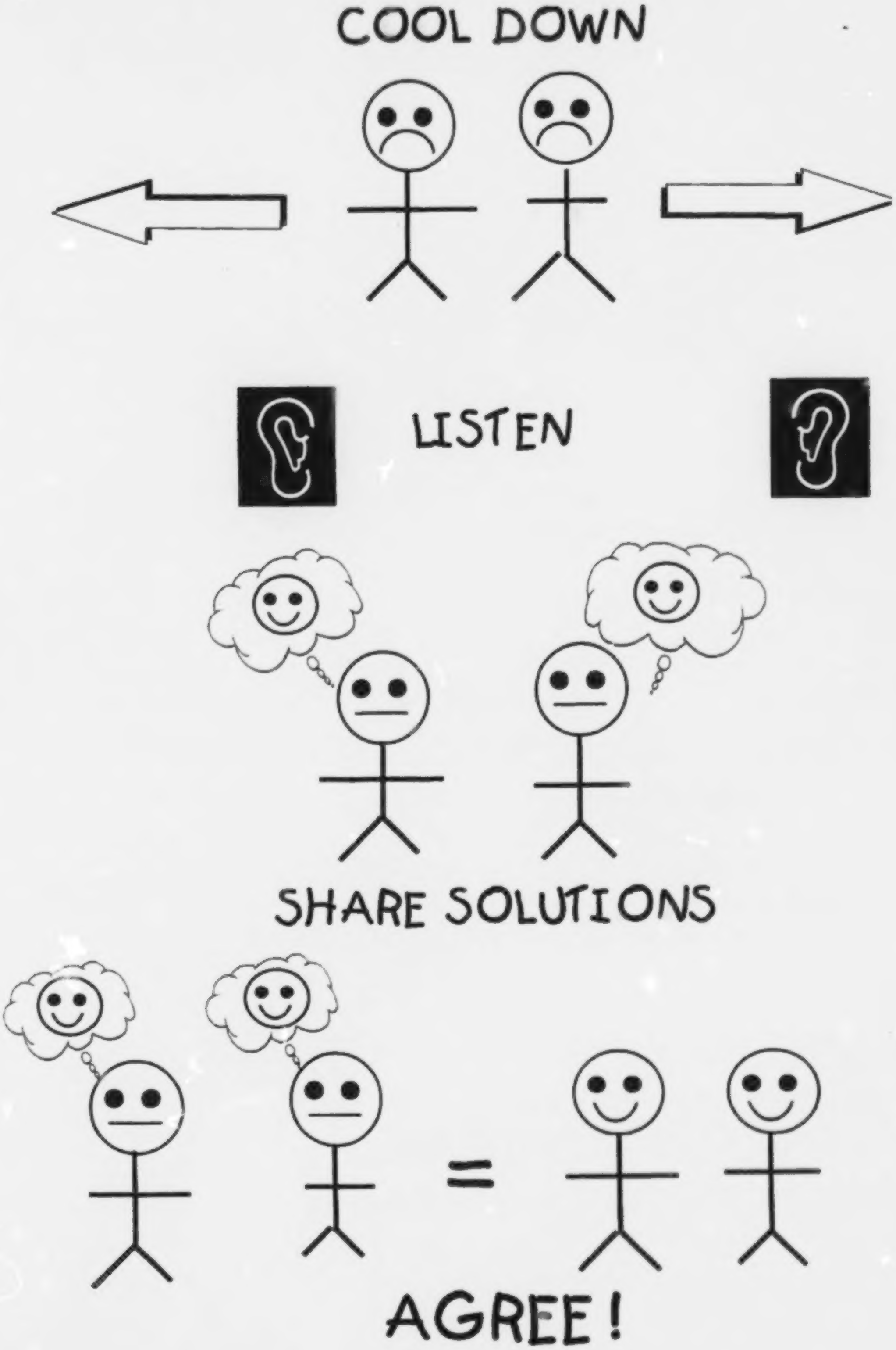

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The beauty of teaching young children to use a conflict resolution process is that it helps them to be responsible for their conflicts and for the solution to their conflicts. Once children are old enough to begin to work out conflicts together with or without help, adults must fight the temptation to tell them what to do in order to solve their problems. Obvious exceptions to this rule are situations in which abuse or possible danger to a child may be present.

As with any other new information, "repetition is the branding iron of learning." Consistent application of conflict managementconcepts, skills and techniques to everyday conflicts will encourage young children to use them.

For best results, conflict managementneeds be integrated into the everyday routine of your environment. This approach simply requires that conflict managementskills will be used and discussed when appropriate. Your belief that the skills can make a difference is a key factor in the success of your program.

"Whether you think you can or think you can't, you're right." - *Henry Ford*

Conflict managementis an art, not a science. There may be times when you think you can easily teach children how to manage conflicts and there may be times when you are unsure of the best way to help children handle conflicts, but the important thing to rememberis that you are trying to teach skills that will improve the children' quality of life.

The content of this section was adapted from materials prepared for the Ohio Commission on Dispute Resolution and Conflict Management by Anita Whitely, and Terrence T. Wheeler

Introduction to the Materials

Young children are like sponges, soaking in all they see and hear. They use their new language and imitate what they see, engaging in the very normal and healthy processes of play and talk to make sense of the new information that comes their way. Those who care for children have known this for centuries. Children have been encouraged to play house, to play doctor, to play school, etc.. The difficulties that those who care for young children face today, however, stem from the kind of "adult" information children are trying to process. The conflict, violence and sexual behavior young children observe through television or the environment are far beyond their ability to understand. These are the realities many children strive to work through as they talk and play.

The resources in this section were chosen to provide parents, librarians, child care workers and teachers with tools for assisting children in their important task of understanding their experiences. The books listed in the chart and described in the annotated bibliography that follow were chosen for content helpful to children in dealing with the concepts and behaviors that have always been part of early childhood development. Additionally, there are books that deal with subjects that are unnecessary or inappropriate for most children but of crucial importance in helping others make sense of their experiences.

Many of the books listed deal with postive themes that will aid children as they grow in positive self-understanding, in the ability to form friendships and enjoy the company of other children and adults. Examples of these can be found in the **Topics** column of the chart that follows. They include books on the themes of *friends, cooperation, sharing, and self-esteem.*

The books can help young children dealing with internal conflict, such as nighttime fears. For example, a parent might use the **Feelings** column of the chart to select books that deal with *fear* or might select books from the

Topics column that deal with *bedtime*. The arrival of a new baby is another example of a situation that can cause internal conflict for many young children. The child might want the baby but also want the attention of mom and dad. Books from the **Feelings** column that deal with *jealousy* or books selected from the **Topics** column that deal with *new baby* can be helpful in addressing this conflict.

Books can also be helpful in providing children with the language and information to deal with interpersonal conflict. Books chosen on the **Topic** of friends can help children find the means to prevent conflict by engaging in positive behavior. Books selected from the **Feelings** column can assist children in handling their *anger* in appropriate ways. Books on the topic of *problem solving* will aid children in building strong relationships as well as provide tools for working out disagreements.

Lastly, an increasing source of conflict for young children is a result of the conflicts they see between the adults who care for them Children's inability to understand the dynamics of the relationship of their parents, for example, may lead them to blame themselves for the difficulties they witness between the people they love. Often children feel responsible for the sadness, anger, fighting, divorce or death of one or both of their parents. Books on the topics of *getting along* or *family* might provide the children with some help in understanding their experiences.

The **2000 Edition** has included authors and print information for your convenience in ordering or purchasing books. Some out of print titles have been retained because they can still be found in some public libraries.

We encourage all who use these materials to provide the Commission with your feedback. Let us know what was helpful or not helpful; what other materials you discovered to address children's needs; what areas need to be addressed that are not included in this resource. Please address all materials to:

Anita Whitely, OSU
C/O 28704 Euclid Avenue
Wickliffe, OH 44092

Book Title	Author	Print Information	Topics	Feelings
Abby	Caines	paperback	adoption, sibling	
ABC, I Like Me	Carlson	paperback	self-esteem	
The Accident	Carrick	paperback	death of pet	sadness
Addie Meets Max	Robins	paperback	friends	
Addie's Bad Day	Robins	paperback	friends, problem solving, bad day	sadness
After Charlotte's Mom Died	Spelman		death, grief	fear, anger
Albert's Nap	Grejniec		nap time	
Aldo	Burningham	out of print	friends	
Alex and the Cat	Griffith		friends	
Alexander and the Terrible, Horrible, No Good, Very Bad Day	Virost	paperback	problem solving	anger
Alexander and the Wind-up Mouse	Lionni	paperback	friends	
Alexander, Who Used to Be Rich Last Sunday	Viorst	paperback	siblings	jealousy
Alfie and the Birthday Surprise	Hughes		death	
Alfie Gets In First	Hughes	out of print	family, problem solving	helplessness
Alfie Gives a Hand	Hughes	out of print	helping, security blanket	
Algo Especial Para Mi	Williams	paperback	self-esteem	
Alicia Has a Bad Day	Jahn-Clough	paperback only	bad mood, problem solving	frustration, unhappiness
All By Myself	Mayer	paperback	independence, self-esteem	
All I Am	Roe	out of print	differences	
All Kinds of Families	Simon		family, differences, similarities	belonging
All My Feelings at Preschool	Conlin	paperback	relationships	feelings

Book Title	Author	Print Information	Topics	Feelings
Amanda Pig on Her Own	Van Leeuwen	paperback	independence, family	
Amazing Grace	Hoffman		self-esteem, prejudice	
Amos and Boris	Steig	paperback	friends, cooperation	
And If the Moon Could Talk	Banks		relationships	
And to Think That We Thought That We'd Never be Friends	Hoberman		problem solving, mutli-culturalism, alternatives	
Andrew's Angry Words	Lachner	paperback	emotions	anger
Andy and the Lion	Daugherty	paperback only	friends, gentleness	
Andy (That's My Name)	dePaola	out of print	respect, self-esteem	courage
Angel Child, Dragon Child	Surat	paperback only	friends, bully, solving conflict, diversity	loneliness
Angry Arthur	Orman	paperback	emotions	anger
Arnie and the New Kid	Carlson	paperback only	handicap, differences, sameness	love
Arthur Goes to Camp	Brown	paperback	family, friends	
Arthur's Baby	Brown	paperback	new baby	fear
Arthur's Birthday	Brown	paperback	friends, problem solving	
Arthur's Christmas	Brown	paperback	family	love
Arthur's Eyes	Brown	paperback	self-esteem, peer pressure	sadness, pride
Arthur's Funny Money	Brown	paperback	self-esteem, earning money	
Arthur's Nose	Brown	paperback	self-esteem	
Arthur's Pen Pal	Brown	paperback	siblings, sexual prejudice	
Arthur's Valentine	Brown		family, friends, emotions	love, other feelings
Ask Mr. Bear	Flack	paperback	family	
Baby Bird	Dunbar		determination	pride

Book Title	Author	Print Information	Topics	Feelings
The Baby Sister	dePaola	paperback	new baby	disappointment, happiness
A Baby Sister for Frances	Hoban	paperback	new baby	jealousy
The Baby's Bedtime Book	Chorao	paperback	bedtime	
The Baby's Catalogue	Ahlberg	paperback	new baby	
The Bad News Bully	Leonard	paperback only	bully, problem solving	
Baloons for Trevor	Good		death, emotions	grief
A Bargain for Frances	Hoban	paperback	problem solving	
Basket	Lyons		family, grandparent	love
Be Good to Eddie Lee	Fleming	paperback	differences	
Bear and Mrs. Duck	Winthrop	out of print	getting along, differences	
A Bear for All Seasons	Fuchs	paperback	relationships, friends	
The Bear that Heard Crying	Kinsey-Warnock	paperback	family	fear
Bear's Bargain	Asch	paperback only	self-esteem, team work	
Bearsie Bear and the Surprise Sleepover Party	Waber		cooperation	
Bedtime for Frances	Hoban		family	fear
The Bee Tree	Polacco	paperback	relationships, grandparent	
Bein' with You This Way	Nikola-Lisa	paperback	diversity	joy, excitement
The Berenstain Bears Get in a Fight	Stan & Jan Berenstain	paperback	behavior, conflict	anger
The Berenstain Bears Go to School	Stan & Jan Berenstain	paperback	school	fear
Best Friends	Cohn	paperback only	friends	
Best Friends	Hopkins		friends	
Best Friends	Kellogg	paperback only	friends	anger
Best Friends for Frances	Hoban	paperback	friends, prejudice, siblings	rejection
Best Friends Sleep Over	Rogers		friends, differences	

Book Title	Author	Print Information	Topics	Feelings
The Best Mistake Ever! and Other Stories	Scarry		mistakes, helping, friends	
The Best Teacher in the World	Chardiet and Maccarone	paperback	emotions	courage, embarrassment
The Big Book for Peace	Durell and Sachs		peace, values	
Big Brother, Little Brother	Dale		family, self-esteem	feelings
The Big Hello	Schulman	paperback	friends, moving	
A Big Mistake	Rinder		mistakes	anger
Big Panda, Little Panda	Stimson		new baby, wanting attention	
The Big Pets	Smith	paperback	gentleness	
Big, Scary Wolf	Stevenson	no paperback	family	fears
Big Sister, Little Sister	Zolotow	paperback	family, siblings, sisters	love
The Biggest Bear	Ward	paperback	friends	
Black is Brown is Tan	Adoff	paperback	family	
The Black Snowman	Mendez		self-esteem, heritage	pride
Black, White, Just Right	Whitman	no paperback	family	
The Blanket that Had to Go	Cooney	out of print	security blanket, school, problem solving	
Blind Men and the Elephant	Backstein	paperback	perspective	
The Blushful Hippotamus	Rashchka	paperback	friends, teasing, self-esteem	belonging
Bony Legs	Cole	paperback	kindness, sharing	
Bootsie Barker Bites	Bottner		bully, biting, solving conflict	fear, courage
The Bouncing Dinosaur	Clark		friends, differences	
Boy Who Cried Wolf	Barnett		lying	
Brave Irene	Steig	paperback	self-esteem	courage
Bunches and Bunches of Bunnies	Mathews	paperback	belonging	

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Book Title	Author	Print Information	Topics	Feelings
Bunny Cakes	Wells		helping, work	
Butter Battle Book	Seuss		fighting, solving conflict	
Bye-bye Old Buddy	Robinson	out of print	self-esteem	
Caleb & Kate	Steig		fighting, getting along, problem solving	love
Can't Sleep	Raschka	paperback	nighttime, safety	
Can't You Sleep, Little Bear?	Waddell	paperback	bedtime	nighttime fears
Caring for My Baby Sister	Moncure	out of print	caring, siblings	
Celebrating Families	Hausherr		family, diversity	
A Chair for My Mother	Williams		caring, respect, family	
Charlie Anderson	Abercrombie	paperback	divorce	
Charlie Needs a Cloak	dePaola	paperback only	friends, teamwork, problem solving	
Cherries and Cherry Pits	Williams	paperback	self-esteem	
Chester's Way	Henkes	paperback	friends, self-esteem, problem solving	
Chicken Sunday	Polacco		diversity, peace making, problem solving	
A Child's World of Courage	Moncure		emotions	courage
A Child's World of Joy	Moncure		emotions	joy
A Child's World of Kindness	Moncure		kindness	
The Chinese Mirror	Ginsburg	paperback	perspective, problem solving	
Chocolate Covered Cookie Tantrum	Blumenthal	paperback	temper tantrum	anger
Chrysanthemum	Henkes	paperback	school, self-esteem	sadness, hurt
The Church Mice Are Adrift	Oakley	out of print	cooperation, team work, problem solving	
Claude Has a Picnic	Gackenbach	out of print	neighbors, peace-making, problem solving	

Book Title	Author	Print Information	Topics	Feelings
Clive Eats Alligators	Lester	out of print	diversity	
Cloudy with a Chance of Meatballs	Barrett	paperback	family	
A Color of His Own	Lionni	paperback	self-esteem, being different	
The Colors That I Am	Sheehan	out of print	emotions	many feelings
Corduroy	Freeman	paperback	friends	belonging
Cornelius	Lionni		self-esteem	
The Country Bunny and the Gold Shoes	Heyward		self-esteem	courage
A Country Far Away	Gray	paperback	self-esteem, similarities	accepting others
Cowardly Clyde	Peet	paperback	emotions	fear, courage
The Cozy Book	Hoberman	paperback	self-esteem	
Crow Boy	Yashima	paperback	self-esteem	courage, pride
D.W. Thinks Big	Brown		"too little", helpfulness	jealousy
Dad's Dinosaur Day	Hearn	paperback	dad's behavior changes	
Daddy Makes the Best Spaghetti	Hines	paperback	family, dad and son	love
Daddy, Will You Miss Me?	McCormick		problem solving, separation	sadness
Daddy's Promise	Cohen	paperback only	dealing with death	
Dance, Tanya	Gauch	paperback	self-esteem	
Dandelion	Freeman	paperback	self-esteem, being yourself	
Daniel's Dog	Bogart	out of print	new baby	
Daniel's Duck	Bulla	paperback	self-esteem	embarrassment
Darkness and the Butterfly	Grifalconi	out of print	problem solving	fear
The Day I Had to Play with My Sister	Bonsall	paperback	siblings, babysitting	frustration
The Day We Met You	Koehler	paperback	adoption	pride, happiness

Book Title	Author	Print Information	Topics	Feelings
A Day's Work	Bunting	paperback	relationships, grandparent	
Days With Frog and Toad	Lobel		friends	
Dealing with Anger	Johnston		emotions, problem solving	anger
Dealing with Bullying	Johnston		problem solving, bullying	fear, anger
Dealing with Fighting	Johnston		self-esteem, problem solving	anger
Dealing with Insults	Johnston		self-esteem, problem solving	anger
Dealing with Jealousy	Johnston		emotions	jealousy
Different, Just Like Me	Mitchell		diversity, handicaps	
Do Like Kyla	Johnson	paperback	sisters	
Do You Want to Be My Friend?	Carle	paperback	friends	
A Dog Like Jack	DiSalvo-Ryan		death	grief
Dollars and Cents for Harriet	Baestro and Maestro	out of print	earning money, problem solving	
Don't Call Me Fatso	Philips	out of print	teasing, changing, problem solving, family	
The Doorbell Rang	Hutchins	paperback	family, friends, sharing	
Down the Road	Schertle		making mistakes, accepting responsibility	
Dragon Naps	Bertrand		nap time	
A Duck So Small	Benjamin		self-esteem	embarrassment
E is for Elisa	Hurwitz	paperback	teasing, problem solving	
Edward's Overwhelming Overnight	Wells		sleepover, differences	separation anxiety
Elbert's Bad Word	Wood	paperback	misbehavior, swearing	

Book Title	Author	Print Information	Topics	Feelings
Emmet Otter's Jug-band Christmas	Hoban		family, friends	
Evan's Corner	Hill	paperback	self esteem, sibling, privacy	
Even If I Did Something Awful?	Hazen	paperback only	family	love, guilt
Everybody Has Feelings/Todos Tenemos Sentimientos	Avery	paperback	similarities, diversity	
Faces	Brenner	out of print	self-esteem	
Families are Different	Pellegrini		family, adoption	
Feathers and Fools	Fox	paperback	fighting, trusting relationship	
Feeling Angry	Berry		dealing with anger	anger
Feeling Angry (Let's Talk About)	Smith	paperback	emotions	amger
Feelings	Aliki	paperback	dealing with feelings	all kinds
Feelings	Murphy	paperback	expressing feelings	fear, joy, anger etc.
The Fiddler of the Northern Lights	Kinsey-Warnock		grandfathers	
Finders Keepers	Lipkind	paperback	problem solving, conflict resolution	
Fiona's Bee	Keller	out of print	friends	
First Pink Light	Greenfield	paperback	family, problem solving	
Fish is Fish	Lionni	paperback	friends, differences	
Five Senses	Aliki	paperback	self-esteem	
Flashlight	James		grandparents	nighttime fears
Flossie and the Fox	McKissack		problem solving	
Fly Away Home	Bunting	paperback	family love	

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Book Title	Author	Print Information	Topics	Feelings
For Sale: One Sister-Cheap!	Alder and McBride	out of print	mistakes, forgiveness	frustration
Franklin and the Tooth Fairy	Bourgeois	paperback	being different, self-esteem	
Franklin Goes to School	Bourgeois	paperback	self-esteem, school	fear
Franklin in the Dark	Bourgeois	paperback	self-esteem	
Franklin Is Bossy	Bourgeois	paperback	being bossy, getting along	
Franklin Rides a Bike	Bourgeois	paperback	self-esteem	
Franklin's Bad Day	Bourgeois	paperback	emotions	anger
Franklin's Blanket	Bourgeois	paperback	being different, self-esteem	
Franklin's New Friend	Bourgeois	paperback	friends, differences	shy, sad
Frederick	Lionni	paperback	diversity, sharing, creativity	
A Friend for Growl Bear	Austin		friends	self-worth
A Friend Is Someone Who Likes You	Anglund		friends	
Friends	Heine	paperback	friends	
Friends	Lewis		cooperation, forgiveness	
Friends at School	Bunnett		differences	
Fritz and the Messy Fairy	Wells	paperback	messiness	
Frog and Toad All Year	Lobel	paperback	friends	
Frog and Toad Are Friends	Lobel	paperback	friends	
Frog and Toad Together	Lobel		friends	
Froggy Goes to School	London	paperback	school	excitement
From Head to Toe	Carle	paperback	self-esteem	
Furry	Keller	out of print	siblings, problem solving	
Galimoto	Williams	paperback	gentle ways, problem solving	

Book Title	Author	Print Information	Topics	Feelings
George and Martha	Marshall	paperback	friends	
George and Martha Encore	Marshall	paperback	friends	
George and Martha, One Fine Day	Marshall	paperback	friends, consideration	anxiety, privacy need
George and Martha Rise and Shine	Marshall	paperback	friends	
Geraldine First	Keller		copying	
Geraldine's Blanket	Keller	paperback only	self-esteem, problem solving	
The Ghost-Eye Tree	Martin and Archambault	paperback	siblings, problem solving	fears
Ghost's Hour, Spook's Hour	Bunting	paperback	family, problem solving	fear
The Giving Tree	Silverstein		giving	happy
Glad Monster, Sad Monster	Miranda, ed.		emotions	many feelings
Go Away, Big Green Monster	Emberly		emotions	fear
Goggles!	Keats	paperback	bully, problem solving	
The Gold Coin	Ada	paperback	helping others, values	
Gone Fishing	Long	paperback	family, father/son	
Good Night, Mr. Night	Yaccarino		nighttime	
The Good-bye Book	Viorst		separation anxiety	
Goodbye House	Asch	paperback only	moving	fear
A Goodnight Kind of Feeling	Bradman and Scruton		bedtime	good feelings
Goodnight Moon	Brown	paperback	bedtime	
Good-Night, Owl!	Hutchings	paperback	bedtime	
Grandad Bill's Song	Yolen	paperback	death	sadness
Grandfather's Journey	Say		grandparents	
Grandma Gets Grumpy	Hines	paperback only	family, cooperation	frustration
Grandmama's Joy	Greenfield	paperback	grandparent, moving	sad, joy, love
Grandpa Toad's Secrets	Kasza	paperback	grandparent	belonging

Book Title	Author	Print Information	Topics	Feelings
Grandpa's Face	Greenfield	paperback	grandparent	fear
Greatest Show on Earth	Prater	paperback only	self-esteem	
The Grouchy Ladybug	Carle	paperback	moods, friends, sharing	anger
Guess How Much I Love You	McBratney		emotions	love, belonging
The Gym Teacher from the Black Lagoon	Thaler	paperback	relationships, imagination	fear
Happy Birthday Dear Duck	Bunting	paperback	friends, problem solving	
Happy Mother's Day	Kroll	out of print	family	
Harriet's Halloween Candy	Carlson	paperback	sharing	
Harry and the Terrible Whatzit	Gackenbach	paperback	family, problem solving	courage
Harry's Visit	Porte	out of print	friends, adapting, getting along	
The Hating Book	Zolotow	paperback	friends, perspective, problem solving	anger
Hello Baby!	Rockwell		new baby	excitement
Herbert the Timid Dragon	Mayer	paperback	perceptions, conflict	
Here Are My Hands	Martin and Archambault	paperback	self-esteem, similarities	
Herman the Helper	Kraus	paperback	self-esteem, helping	
Hermanas/Sisters	McPhail	paperback	siblings	love
He's My Brother	Lasker		siblings, learning disability	loyalty
Hilda Hen's Scary Night	Wormell		perspective, nighttime	courage, fears
Hooway for Wodney Wat	Lester		bullies, teasing	fear
Horace	Keller	paperback	adoption, fitting in, looking different	
How are You Peeling?	Freymann and Elffers		moods	all feelings
How Do I Feel?	Simon		emotions	all kinds of emotions

Book Title	Author	Print Information	Topics	Feelings
How Many Stars in the Sky?	Hort	paperback	family	loneliness
How My Parents Learned to Eat	Friedman	paperback	diversity	
The Hunter and the Animals	dePaolo	paperback	problem solving	
Hunter and His Dog	Wildsmith	paperback	problem solving	
Hush Little Baby	Aliki		bedtime	
I Can Say No	Sanford		brother's substance abuse	
I Can't Wait	Crary	paperback	problem solving	
I Dance in My Red Pajamas	Hurd		family	
I Hate Boys, I Hate Girls	Hogan		friends, teasing, peer pressure	
I Hate My Name	Grant	paperback	teasing, self-esteem, family, problem solving	pride
I Have a Sister - My Sister Is Deaf	Peterson	paperback	siblings, deafness	
I Hear a Noise	Goode	paperback only	emotions	fear
I Heard Said the Bird	Berends	paperback	new baby	fear
I Just Forgot	Mayer		mistakes	
I Know the World's Worst Secret	Sanford	out of print	parent's substance abuse	
I Like It When	Murphy		family love, parents	
I Like Me	Carlson	paperback	self-esteem	
I Love You, Little One	Tafuri	not in paperback	parent-child	love
I Love You the Purplest	Jones		family, siblings	love
I Love You So Much	Norac		family love	
I Love You, Stinky Face	McCourt	paperback	family	love
I Love You with All My Heart	Kern		mothers	love
I Love You with All My Hearts	Huss	not in paperback	mother-daughter	family love
I Never Win	Delton		self-esteem	anger, pride

Book Title	Author	Print Information	Topics	Feelings
I Promise I'll Find You	Ward	paperback	family	love, fears
I Want It	Crary	paperback	conflict, sharing	
I Want to Play	Crary	paperback	being included	
I Was So Mad	Simon	paperback	accepting emotions, coping	anger
I'll Always Love You	Wilhelm	paperback	death of pet	sadness, love
I'll Fix Anthony	Viorst	paperback	siblings	frustration
I'm a Big Brother	Cole		new baby, self-esteem	
I'm Lost	Crary	paperback	problem solving	
I'm Mad	Crary	paperback	working out emotions	anger
I'm Not Moving, Mama!	Carlstrom	paperback	moving, family	love
I'm Terrific	Sharmat	paperback	self-esteem, boasting	
In the Night Kitchen	Sendak	paperback	bedtime	
Ira Says Goodbye	Waber	paperback	friends, moving, problem solving	
Ira Sleeps Over	Waber	paperback	friends, teasing	
The Island of the Skog	Kellogg	paperback	solving conflicts	
It Happened in Pinsk	Yorinks	paperback	self-esteem	
It Wasn't My Fault	Hester and Munsinger	paperback	mistakes, responsibility	
It's a Baby	Ancona	out of print	new baby	
It's Going To Be Perfect	Carlson		growth, mother-daughter	love
It's Just Me, Emily	Hines	paperback	family, mother/daughter	
It's Mine! A Fable	Lionni	paperback	conflict escalator	
It's Not Easy Being a Bunny	Sadler	paperback	getting along	
It's Not Fair	Zolotow	out of print	jealousy, peer pressure	
It's Your Turn, Roger	Gretz	out of print	sharing	
Jamaica Tag-along	Havill	paperback	friends, siblings	
Jamaica's Find	Havill	paperback	friends	
Jerome Camps Out	Christelow		bullies	fear

Book Title	Author	Print Information	Topics	Feelings
Jessica	Henkes	paperback	friends	
Jim Meets the Thing	Cohen	paperback	bravery, problem solving	fear, shame
Joey Runs Away	Kent	out of print	family, conflict, problem solving	
Josephina Hates Her Name	Engel	paperback	self-esteem, problem solving	anger
Julius, the Baby of the World	Henkes	paperback	new baby	jealousy
Just Like Daddy	Asch	paperback	family, father/son	
Just Like New	Manson		sharing	
Just Lost	Mayer & Mayer	paperback	fear	fear
Just Me	Ets	paperback	self-esteem	
Just Plain Fancy	Polacco	paperback	self-esteem, accepting others	
Katy and the Big Snow	Burton	paperback	self-esteem, responsibility	pride
The Keeping Quilt	Polacco	paperback	family, customs	
The Kissing Hand	Penn		separation anxiety, mother/son	
The Knight and the Dragon	dePaola	paperback	solving conflict	
Knots on a Counting Rope	Martin and Archambault	paperback	values	
A Koala for Katie	London	paperback	adoption	
Koala Lou	Fox	paperback	new baby	love, jealousy
L is for Loving: An ABC for the Way You Feel	Wilson-Max		feelings	all feelings
La Senorita Runfio/Miss Rumphius	Cooney	paperback	self-esteem	
La Verdadera de Los Tres Cerditos/The True Story of the Three Pigs by A. Wolf	Scieszka	paperback	perspective	

Book Title	Author	Print Information	Topics	Feelings
Land of Many Colors	Klamath Co. YMCA Family Preschool	paperback	cooperation, diversity	appreciation of diversity
Learning about Forgiveness: From the Life of Nelson Mandela	Strazzabosco		forgiveness	
Learn the Value of Cooperation	Goley	out of print	cooperation	
Leave that Cricket Be, Alan Lee	Vigna		freedom, respect for living creatures	
Leo the Late Bloomer	Kraus	paperback	self-esteem	
Leo, Zack and Emmie	Ehrlich	paperback only	friends, moving	
Let's Talk About Feeling Sad	Berry	paperback	emotions	sadness
Let's Talk About Needing Attention	Berry	paperback	attention-seeking	
Let's Talk About Your Parents' Divorce	Weitzman		divorce	sad, worried, guilty
A Letter To Amy	Keats	paperback	friends, stereotype	
The Lion and the Rat	de la Fontaine	book and cassette	gentleness	
Little Bear Is a Big Brother	Langreuter and Sobat	paperback	new baby	worried
The Little Brute Family	Hoban	paperback only	family, problem solving	unhappy, grumpy
Little Bunny's Cool Tool Set	Boelts	paperback	sharing	
Little Bunny's Sleepless Night	Roth		bedtime	loneliness
The Little Engine that Could	Piper	paperback	problem solving	
Little Lies, Big Lies	Hagen	out of print	lying, honesty	
Little Rabbit Goes to Sleep	Johnson		grandparent, problem solving	fear
The Little Rabbit Who Wanted Red Wings	Bailey	paperback	self-esteem	

Book Title	Author	Print Information	Topics	Feelings
Little Toot	Gramatky	paperback	differences, self-esteem	loneliness
The Lorax	Seuss	not in paperback	getting along, ecology, problem solving	
Loud Mouth George and the Sixth Grade Bully	Carlson	paperback	bullly, friends, problem solving	
Love and Kisses	Wilson	paperback	relationships	affection
Love You Forever	McGraw		family caring	love
Loving	Morris	paperback	family	love, security
Lucky Russell	Sneed	out of print	self-esteem	
Mad isn't Bad	Mundy	paperback	anger	anger
Maggie and the Monster	Winthrop	paperback	bedtime	nighttime fears
Making Friends	Rogers		making friends	happy
Making Room	Koehler	out of print	family, change	hurt
Mama, Do You Love Me?	Joosee		family, self-esteem	love
Mama Zooms	Cowen-Fletcher	paperback	handicaps	
Mandy	Booth	not in paperback	values	
Margaret and Margarita - Margarita Y Margaret	Reiser	paperback	friendship, diversity	
Martha Walks the Dog	Meddaugh		bullies, kind words	unlovable
Martin's Hats	Blos	paperback	self-esteem	
Matilda the Moocher	Bluthenthal		borrowing	
Matthew and Tilly	Jones	paperback only	conflict escalator, friends, problem solving	
Matthew's Dream	Lionni	paperback only	self-esteem	
Max's Bedtime	Wells	not in paperback	bedtime	
Max's Christmas	Wells	paperback	siblings	
Max's Ride	Wells	not in paperback	siblings	
McDuff and the Baby	Wells		new baby	
Mean Soup	Everitt	paperback	emotions	anger

Book Title	Author	Print Information	Topics	Feelings
The Meanest Thing to Say	Cosby	paperback	alternatives , bullies problem solving	anger, hurt, loneliness
Mike Mulligan and His Steam Shovel	Burton	paperback	friends	
Mine's the Best	Bonsall	paperback	boasting	
Mirandy and Brother Wind	McKissack	paperback	problem solving	
Miss Bindergarten Gets Ready for Kindergarten	Slate	not in paperback	school	
Miss Maggie	Rylant	out of print	friends	
Miss Rumphius	Cooney	pbk and cassette	self-esteem	
Mitchell Is Moving	Sharmat	paperback	friends, moving	
The Mixed-Up Chameleon	Carle	paperback	self-esteem	
Mommy, Buy Me a China Doll	Zemach	paperback only	bedtime	
Mommy, Don't Go	Crary	paperback	problem solving	
A Monster in the House	Kleven		new baby, moving	
The Monster in the Third Dresser Drawer & Other Stories about Adam Joshua	Smith	paperback	new baby, moving, friends	fear
Monsters of Class 7	Ratnett		behavior	
A Mother for Choco	Kasza	paperback	self-esteem, accepting others	
Move Over Twerp	Alexander	out of print	bully, resourcefulness, problem solving	
Moving Molly	Hughes	out of print	moving, change	loneliness
Mr. Bear's Chair	Graham	out of print	family, problem solving	
Mr. Fine, Porcupine	Joly		self-esteem	loneliness
Mr. Grumpy's Outing	Burningham	paperback	fighting	
Mr. Rabbit and the Lovely Present	Zolotow	paperback	family	
Mrs. Katz and Tush	Polacco	paperback only	family, friends	

Book Title	Author	Print Information	Topics	Feelings
Mrs. Piggle-Wiggle's Won't-Pick-Up-Toys Cure	MacDonald		messiness, problem solving	
Much Bigger than Martin	Kellogg	paperback	youngest sibling	
Mufaro's Beautiful Daughter	Steptoe	out of print	caring, community, respect	
Music, Music for Everyone	Williams	paperback	*family life, grandmothers*	
Mustard	Graeber	out of print	death of pet, family	sadness
My Best Friend	Hutchins	not in paperback	friends, differences	fear
My Big Sister Takes Drugs	Vigna	paperback	sister's substance abuse	
My Brother, Ant	Byars		brothers, forgiveness	fear
My Family's Changing	Thomas	paperback	divorce, worries	fear, anger, worry
My Friend John	Zolotow	not in paperback	friends, cooperation, sharing	
My Great Grandpa	Weddell	out of print	family, grandparent	
My Little Brother	Gliori		siblings, big sister	
My Mama Says There Aren't Any Zombies, Ghosts, Vampires, Creatures...	Viorst	paperback	family, problem solving	fear, trust
My Mother Lost Her Job Today	Delton	out of print	family	fear
My Name Is Not Dummy	Crary	paperback	family, name calling, problem solving	
My Own Big Bed	Grossnickle Hines		problem solving	nighttime fears
Nana Upstairs and & Nana Downstairs	dePaulo		grandparents, death	
The New Baby at Your House	Cole	paperback	new baby	
The New Friend	Zolotow		friends, loss	hurt
New Life: New Room	Jordan	out of print	new baby, cooperation, problem solving	
Nice New Neighbors	Brandenberg	out of print	friends, cooperation	

Book Title	Author	Print Information	Topics	Feelings
Nick Joins In	Lasker	not in paperback	disability, mainstreaming	fear
Nine-in-One, Grr! Grr!	Xiong	paperback	bully	
No Bath Tonight	Yolen	out of print	family, grandparent	
No Biting, Horrible Crocodile	Shipton	out of print	biting	
No Matter What	Gliori		family, love, forgiveness	
No Nap	Bunting	paperback	family	
No! No! No!	Rockwell		misbehavior	
Nobody Asked Me If I Wanted a Baby Sister	Alexander	out of print	new baby	jealousy
Nobody's Perfect, Not Even My Mother	Simon	not in paperback	self-esteem, facing failure	
Noisy Nora	Wells	paperback	middle sibling, attention	
Not in Here, Dad!	Dutton	out of print	parent's substance abuse	
Now Everybody Really Hates Me	Martin and Marx	paperback only	sibling, self-esteem	
Now One Foot, Now the Other	dePaola	paperback	grandparent, helping	
Off to School, Baby Duck!	Hest		school	fear
Officer Buckle and Gloria	Rathmann		*safety, school*	
Oh, What a Mess!	Wilhelm	out of print	family, cooperation	
Old Henry	Blos	not in paperback	self-esteem	
Oliver Button Is a Sissy	dePaola	paperback	teasing, gender stereotype	
On Monday When It Rained	Kachenmeister	not in paperback	emotions	various feelings
On Mother's Lap	Scott	paperback	new baby	love
Once a Mouse	Brown		self-esteem	
101 Things to Do with a Baby	Omerod	paperback	new baby	
Opening Night	Isadora	out of print	self-esteem	
Over the Moon: An Adoption Tale	Katz	not in paperback	adoption	

Book Title	Author	Print Information	Topics	Feelings
Owen	Henkes		security items, problem solving	insecure, secure
Owl Babies	Waddell	paperback	separation anxiety, worry	fear
The Patchwork Quilt	Flournoy	no paperback	family	
Peace Begins with You	Scholes	paperback only	peace	
Peace Tales: World Folktales to Talk About	MacDonald	paperback	peace, war	
A Peaceable Kingdom	Provenson	paperback only	peace	
Pearl's Marigolds for Grandpa	Zalben		death, grandparents	sadness
Pelle's New Suit	Beskow	no paperback	cooperation, resourcefulness	
Penny and the Captain	Zalben	out of print	friends	
People	Spier	paperback	self-esteem, differences	
Pete's Chicken	Ziefert		teasing, self-esteem	hurt, pride
Peter's Chair	Keats	paperback	new baby	
Pigsty	Teaque	no paperback	messiness	
A Place For Ben	Titherington	paperback	new baby	
Play With Me	Ets	paperback	friends	
A Pocketful of Cricket	Caudill	paperback only	friends	
Poinsettia & Her Family	Bond	paperback	family, need for privacy	
Pookins Gets Her Way	Lester & Munsinger	paperback only	values	happy
Poor Carl	Carlson	out of print	new baby	
The Popcorn Dragon	Woolley	no paperback	friends	
The Potato Man	McDonald	paperback	teasing	
Presenting Tanya the Ugly Duckling	Gauch		differences	fear
The Quarreling Book	Zolotow	paperback only	conflict escalator	anger
Quick As a Cricket	Wood	paperback	self-esteem	
Rachel and Obadiah	Turkel	no paperback	stereotype, self-esteem	

Book Title	Author	Print Information	Topics	Feelings
The Rainbow Fish	Pfister	paperback	sharing, self-esteem, friends	
Rainbow Fish to the Rescue	Pfister		belonging, differences	courage
Ralph's Secret Weapon	Kellogg	no paperback	family relationships, problem solving	
Ramona and Her Father	Cleary	paperback	family	
Rechenka's Eggs	Polacco	paperback	self-esteem, accepting others	
Regina's Big Mistake	Moss		insecurity	self-confidence
The Relatives Came	Rylant	paperback	family, caring, sharing	
Roger Takes Charge!	Gretz	paperback only	bully, problem solving	
A Rose for Abby	Guthrie	paperback	self-esteem	compassion, courage
Rosie and Michael	Viorst	paperback	friends	
Rosie Runs Away	MacDonald	out of print	new baby	frustration, jealousy
Rosie's Walk	Hutchins	paperback	bully, problem solving	
Roxanboxen	McLerran	paperback	friends, sibling	
Ruby the Copycat	Rathman	paperback	self-esteem, copying	
Runaway Bunny	Brown	paperback	parents, security	love
Sachiko Means Happiness	Sakai		sickness, grandparents	
Sad Isn't Bad	Mundy	paperback	coping with loss	sadness
Salt Hands	Aragon	paperback only	gentleness	
Sam	Scott	paperback only	youngest sibling	rejection, belonging
Sam Who Never Forgets	Rice	paperback only	responsibility	worry
Sam's Bath	Lindgren	no paperback	problem solving	
Sam's Car	Lindgren	no paperback	sharing, not sharing	
Sam's Cookie	Lindgren	no paperback	sharing, not sharing	
Saying Goodbye to Daddy	Vigna	no paperback	death	

Book Title	Author	Print Information	Topics	Feelings
Seeds of Love: For Brothers and Sisters of International Adoption	Petertyl		adoption, family	
Shadow	Cendrars	paperback only	perception, differences	fear
Shapes, Shapes, Shapes	Hoban	paperback	observation skills	
Sharing	Riley		sharing	caring
She Come Bringing Me that Little Baby Girl	Greenfield	paperback only	new baby, caring	jealousy
Sheila Rae, the Brave	Henkes	paperback	family, siblings	fear
Shy Charles	Wells	paperback	emotions	fear
Silly Fred	Wagner	out of print	self-esteem	happy
Sisters	McPhail	paperback	siblings	love
Six Crows	Lionni		conflict, compromise, problem solving	
Sloppy Kisses	Winthrop	paperback	family	embarrassment
Smoky Night	Bunting	paperback	getting along	
The Sneetches and Other Stories	Seuss	not in paperback	getting along	
Some Things Go Together	Zolotow	not in paperback	family relationships	
Somebody Loves You, Mr. Hatch	Spinelli	paperback	acceptance	
Something Special	McPhail	out of print	self-esteem	
Something Special for Me	Williams	paperback	self-esteem	
Something Special Within	Richter	paperback only	self-esteem, loving, caring	pride
Sometimes I Get So Mad	Hogan		friends, expressing anger, problem solving	anger
Sometimes I Like to Cry	Stanton &Stanton	not in paperback	emotions are good, crying	crying
A Special Trade	Wittman	out of print	friends	
Spinky Sulks	Steig	paperback	sulking, family, problem solving	anger
Stephanie's Ponytail	Munsch	paperback	differences, self-esteem	

Book Title	Author	Print Information	Topics	Feelings
Stevie	Steptoe	paperback only	conflicts, problem solving	
The Storm Book	Zolotow	paperback only	emotions	fear
Storm in the Night	Stolz	paperback	grandparents	fear
The Story of Ferdinand	Leaf	paperback	peace	
Superduper Teddy	Hurwitz	paperback only	self-esteem	
Swimmy	Knopf	paperback	conflict, cooperation, problem solving	
Tacky the Penguin	Lester	paperback	self-esteem, being different	
The Tale of Peter Rabbit	Potter	paperback	conflict	
Tales of Amanda Pig	Van Leeuwen	paperback	family, siblings	
Talking about Family Breakup	Powell		separation, divorce	all feelings
The Tanturm	Lasky	out of print	temper tantrum	anger
Tar Beach	Ringgold	paperback	perspective in conflict	
The Teacher from the Black Lagoon	Thayer	paperback only	emotions	fear
Teammates	Golenbock	paperback	caring, prejudice, diversity, conflict	courage
Teddy Bear Tears	Aylesworth	paperback	bedtime fear	
The Teeny Tiny Woman	O'Connor	paperback only	self-esteem	
Tell Me Something Happy Before I Go to Sleep	Dunbar & Gliori		siblings	nighttime fears
The Temper Tantrum Book	Preston	paperback only	temper-tantrum	anger
Ten, Nine, Eight	Bang	paperback	family	
The Terrible Thing That Happened at Our House	Blaine	out of print	mom working, cooperation, win-win, change	
That New Baby: An Open Family Book for Parents & Children...	Stein	paperback	new baby	

Book Title	Author	Print Information	Topics	Feelings
That New Boy	Lystad	out of print	friends, differences, moving	
There's an Alligator Under My Bed	Mayer	not in paperback	problem solving	fear
There's a Monster Under My Bed	Howe	paperback	problem solving	fear
There's a Nightmare in My Closet	Mayer	paperback only	problem solving	fear
There's Something in My Attic	Mayer	paperback only	problem solving	fear, courage
Things I Hate	Wittels and Greisman	not in paperback	positive aspects of emotions, problem solving	hate, fear, anxiety
This Is the Bear	Hayes	paperback	self-esteem	
This is Me	Blegvad	not in paperback	self-esteem	
This is the Way We Go to School...	Baer	paperback	similarities	
Three Brave Women	Martin	not in paperback	problem solving	fears
Three Cheers for Tacky	Lester	paperback	being different, self-esteem	
A Three Hat Day	Geringer	paperback	self-esteem	
The Three Robbers	Ungerer	paperback only	friends, love of people, problem solving	love
Three Wishes	Clifton	paperback	conflict, friends	
Through Moon and Stars and Night Skies	Hale		adoption, family	excitement
Thump and Plunk	Udry	not in paperback	siblings, fighting, problem solving	
Thunder Cake	Polacco	paperback	values	fear
Thy Friend, Obadiah	Turkle	paperback	teasing, hero, friend	embarrassment, happy

Book Title	Author	Print Information	Topics	Feelings
Tiger and the New Baby	French & Elgar		new baby	
A Tiger Called Thomas	Zolotow	out of print	friends	loneliness
Tikki Tikki Tembo	Mosel	paperback	sibling, doesn't like name	
Tillie and the Wall	Lionni	paperback	curiosity, problem solving	
Tim, the Peacemaker	Friesel	not in paperback	self-esteem, problem solving	
Timothy Goes to School	Wells		friends, peer pressure	jealousy
Today Was A Terrible Day	Giff	paperback	bad day, kindness	frustration
Together	Lyon	paperback	multi-culturalism, friends	
Tom and the Two Handles	Hoban	out of print	friends, fighting	
Trade-in Mother	Russo	not in paperback	family	love
The Trouble with Tyrannosaurus Rex	Cauley	paperback	problem solving	fear
The True Story of the Three Pigs by A. Wolf	Scieszka	paperback	perspective	
Tusk, Tusk!	McKee	paperback only	problem solving	
Two Bad Ants	Allsburg		perspective	
Two Giants	Foreman		fighting, problem solving	
The Two of Them	Brandenberg	paperback	grandparent, death	love
Ty's One Man Band	Walter	paperback	sharing, community	caring
The Velveteen Rabbit: Or, How Toys Become Real	Williams	paperback	emotions	love
The Very Busy Spider	Carle	paperback	perseverance	
The Very Worst Monster	Hutchins	paperback	new baby	
A Walk In the Rain	Scheffler	out of print	grandparents	
The Way Mothers Are	Schlein	paperback	family	love
We Are Best Friends	Brandenberg	paperback	friends, moving, change	loneliness
We Can Get Angry: A Child's Book of Choices	Payne		getting along	all feelings

Book Title	Author	Print Information	Topics	Feelings
We're Different, We're the Same	Kates	paperback	differences, prejudice	
The Wednesday Surprise	Bunting	paperback	family, self-esteem	
A Weekend With Wendell	Henkes	paperback	friends, problem solving	
What a Bad Dream	Mayer	paperback	behavior, bedtime	
What a Scare, Jesse Bear	Carlstrom		Halloween, family	fear
What are Friends For?	Grindley		friends	cranky, disappointed
What Have You Done, Davy?	Weninger and Tharlet		siblings, mistakes, bad day	
What If The Teacher Calls On Me?	Gross	paperback	confidence, self-esteem	fear
What Makes Me Happy	Anholt	paperback	emotions	many feelings
What Mary Jo Shared	Udry	paperback	sharing, not sharing	shyness
What Will I Do if I Can't Tie My Shoe?	Kilgras		self-esteem	worry, pride
What's So Terrible About Swallowing an Apple Seed?	Lerner	not in paperback	lying	
When I am a Sister	Ballard		divorce, new baby, separation	worry
When Mom Turned Into a Monster	Harrison	not in paperback	misbehavior	
When the New Baby Comes, I'm Moving Out	Alexander	paperback	new baby	jealousy
When Sophie Gets Angry-Really, Really Angry...	Bang		alternatives, handling anger	anger
Where Does the Sun Go at Night?	Ginsburg	paperback only	bedtime	
Where the Wild Things Are	Sendak	paperback	getting along, home sickness	love

Book Title	Author	Print Information	Topics	Feelings
Where's Al?	Barton	paperback only	problem solving	
Who's Afraid of the Dark?	Bonsall	paperback	emotions	fear
Who's In Rabbit's House?	Aardema	paperback	conflict escalator, problem solving	
Whoever You Are	Fox		multi-culturalism	all feelings
Whose Hat	Miller	paperback	self-esteem	
Why Am I Different?	Simon	paperback	diversity is good	
Why Do You Love Me?	Schlessinger		unconditional love	love, forgiveness
Wilfred Gordan McDonald Partridge	Fox		self-esteem, friends	
Will I Ever Be Older?	Grant	paperback	sibling rivalry	
Will I Have a Friend?	Cohen	paperback	friends	
William's Doll	Zolotow	paperback	stereotype, family	
Willy the Champ	Browne	not in paperback	bully	
Willy the Wimp	Browne		bully	
The Witch Who Lives Down the Hall	Guthrie	not in paperback	differences, moving	
The Wonder of Hands	Baer	out of print	self-esteem	
Won't Somebody Play with Me?	Kellogg	paperback out of print	friends	
The Wump World	Peet	paperback	values	
Yertle, the Turtle	Seuss		greed	
Yo! Yes?	Raschka	paperback	friends	
You Are Special	Lucado		self-esteem, teasing	hurt, loneliness
You Go Away	Corey	paperback	separation anxiety	anxiety
You Hold Me and I'll Hold You	Carson		death, loss, family	sadness
You Look Ridiculous, Said the Rhinoceros to the Hippotamus	Waber	paperback	self-esteem	
You'll Soon Grow Into Them, Titch	Hutchins		family	

Book Title	Author	Print Information	Topics	Feelings
Your Dad Was Just Like You	Johnson	not in paperback	misbehavior	
You're My Nikki	Eisenberg	paperback only	emotions	belonging
You're the Boss, Baby Duck!	Hest	not in paperback	new baby	
"The Zax" (In: The Sneetches)	Seuss		conflict, problem solving	
Za-Za's Baby Brother	Cousins	paperback	new baby	
Zelda's Secret	Lemaitre	paperback	friends	belonging

Annotated Bibliography

Abby
Jeannette Franklin Caines, HarperCollins Publishers, Inc., 1984
(Ages 4-8)
The story portrays a mother and her two children. Abby is adopted and her brother Kevin is not. The children are aware of their differences and accept them. The mother and children have a loving, sensitive relationship.
Adoption, sibling

ABC, I Like Me
Nancy Carlson, Childrens' Press, 1997
(Ages 4-8)
An alphabet book that explores feeling good about yourself.
Self-esteem

The Accident
Carol Carrick, Houghton Mifflin, 1981
(Ages 4-8)
This is the pivotal book in a series of three about a boy named Christopher and his dog, Badger. In *Lost in the Storm*, the boy must wait out a storm before searching for his dog. In *The Accident*, his dog is hit by a truck and killed and Christopher must grieve. In *The Foundling*, Christopher concludes his mourning. The stories are all sensitively and thoughtfully done, worthwhile if read separately or serially.
Death of pet, sadness

Addie Meets Max
Joan Robins, HarperCollins, 1987
(Ages 4-8)
Max's dog barked at Addie and Max knocked Addie off her bike so Addie does not think her new neighbor will be her friend. A discussion could focus on what Addie does to make Max her friend.
Friends

Addie's Bad Day
Joan Robins, HarperTrophy, 1994
(Ages 4-8)
Addie did not want to go to the party but her friend helped her to feel better about the way she looked.
friends, bad day, problem solving

After Charlotte's Mom Died
Cornelia Spelman, Albert Whitman & Co., 1996
(Ages 4-8)
Six-year-old Charlotte feels angry with her Mom for dying, estranged from her grieving and preoccupied dad, and afraid that she, or her father, may also die. Good description of play therapy techniques used; reassuring to parents and children dealing with similar situation.
death, fear, anger, grief

Albert's Nap
Michael Grejniec, North-South Books, 1995
(Baby - Pre-school)
Albert the Hippo has his nap disrupted by an annoying and elusive fly.
Nap time

Aldo
John Burningham, Random House, 1991
(Ages 4-8)
A small girl thinks about the comfort she gets from her imaginary friend, Aldo.
Friends

Alex and the Cat
Helen V. Griffith, Greenwillow Books, 1997
(Ages 4-8)
A gullible dog and a wise cat learn to relate by spending time together.
Friends

Alexander and the Terrible, Horrible, No Good, Very Bad Day
Judith Viorst, Atheneum Publishers, 1972
(Ages 4-8)
In a simple yet amusing manner, this first-person narrative conveys the anger Alexander feels when everything goes wrong. The reader will empathize with the boy.
Anger, problem solving

Alexander and the Wind-up Mouse
Leo Lionni, Pantheon, 1969
(Ages 4-8)
Alexander wanted the magic lizard to change him to a wind-up mouse like Willie. Willie is broken so there are plans to discard him. Alexander then asks that Willie become a fellow mouse. He gets his wish and both are friends.
Friends

Alexander, Who Used to Be Rich Last Sunday
Judith Viorst, Atheneum, 1978
(Ages 4-8)
Alexander is upset because his brother has more money than he has. However, Alexander spent his money on unusual things like renting a snake for one hour.
Jealousy, siblings

Alfie and the Birthday Surprise
Shirley Hughes, Lothrop, Lee & Shepard Books, l997
(Ages 3-8)
After sharing in their neighbor's sorrow at the death of his family cat, Alfie and his family help in a birthday surprise to make him feel better.
death

Alfie Gets In First
Shirley Hughes, Lothrop, Lee & Shepard Books, l981
(Ages 3-5)
Alfie accidentally locks his mother and baby sister outside their apartment. He overcomes his feelings of helplessness and gets the door open.
Problem solving, helplessness, family

Alfie Gives a Hand
Shirley Hughes, Picture Lions, 1983
(Ages 4-8)
Holding lightly to his old bit of blanket as he attends his first birthday party, Alfie finds a way to be helpful but he must put down his blanket first.
Helping, security blanket

Algo Especial Para Mi/ Something Special for Me
Vera B. Williams, Greenwillow, 1983
(Ages 4-8)
Rosa's Mama and Grandma decide she should use the money in the savings jar to buy something special for her birthday. She struggles to find something that is just right for her. She is able to demonstrate her independence and individualism by deciding on an accordion.
Self-esteem

Alicia Has a Bad Day
Lisa Jahn-Clough, Houghton Mifflin, 1994
(Baby - Pre-School)
When Alicia can't seem to cheer herself up she tries going back to bed.
Frustration, unhappiness, bad mood, problem solving

All By Myself
Mercer Mayer, Golden Books, 1985
(Ages 4-8)
Little Critter doesn't do everything perfectly but there are many things he can do by himself.
self-esteem, independence

All I Am
Eileen Roe, Bradbury, 1989
(Ages 3-6)
This is a picture book that helps with feeling good about yourself.
Differences

All Kinds of Families
Norma Simon, Albert Whitman & Company, 1987
(Ages 4-8)
The story discusses the differences and similarities in families.
Family, differences, similarities, belonging

All My Feelings at Preschool: Nathan's Day (Let's Talk About Feelings)
Susan Conlin, Parenting Pr., 1991
(Ages 4-8)
Nathan goes through a day at preschool as he is taught to compromise, empathize, be flexible, and negotiate. Discussion questions for parents and children to share.
feelings, relationships with other children

Amanda Pig on Her Own
Jean Van Leeuwen, Puffin, 1994
(Ages 4-8)
The youngest member of the Pig Family learns how to be independent when her brother goes off to school, with loving help from Mother Pig.
Independence and family relations

Amazing Grace
Mary Hoffman, Dial, 1991
(Ages 4-8)
Grace wants the lead in *Peter Pan.* She hears a classmate say she can't have it because she is black. Her mother and grandmother help her realize she can be anything she wants if she puts her mind to it.
Self-esteem, prejudice

Amos and Boris
William Steig, Farrar, Straus & Steig, 1971
(Ages 4-8)
This splendid and effective story of the true friendship between a whale and a mouse shows, rather than announces, the merits of cooperation and helpfulness.
Friendship, cooperation

And If the Moon Could Talk
Kate Banks, Farrar Straus & Giroux, 1998
(Ages 4-8)
A child's bedtime routine echoes the outdoor scenes of creation.
family relationship, relationships to the earth.

And to Think That We Thought That We'd Never be Friends
Mary Ann Hoberman, Crown Publishers, 1999
(Ages 4-8)
Children, people, even animals quit their fighting as they engage in a parade to which all are welcome.
problem solving, mutli-culturalism, alternatives

Andrew's Angry Words
Dorothea Lachner, North-South Books, 1995
(Ages 4-7)
Andrew shouts at his sister and the angry words spread from person to person.
Anger

Andy and the Lion
James Daugherty, Viking, 1989
(Ages 4-8)
A boy is friendly with a lion and the lion is friendly in return.
Gentleness, friends

Andy (That's My Name)
Thomas Anthony dePaola, Prentice Hall, Inc., 1973
(Ages 3-6)
Older children take advantage of younger children. Andy shows excellent judgment in dealing with the threatening situation.
Self-esteem, respect, courage

Angel Child, Dragon Child
Michelle Maria Surat, Scholastic, 1989
(Ages 5-8)
Ut has come to the United States from Vietnam. She does not like her new school. She misses her mother. The children laugh at her and a bully picks on her. She solves her problem and becomes friends with the bully.
Loneliness, friends, bully, solving conflict

Angry Arthur
Hiawyn Orman, Dutton, 1989
(Ages 4-8)
Arthur wants to stay up and watch television, and when his mother says no, he has a tantrum. And when it's over he can't remember what upset him so.
Anger

Arnie and the New Kid
Nancy Carlson, Puffin Books, 1992
(Ages 4-8)
This is a picture book. It helps give understanding of handicaps and someone with a wheel chair. Arnie teases Phillip, who is in a wheelchair, then when misfortune puts Arnie on crutches temporarily, he discovers that people can be different and still be a lot alike.
Love, handicaps, differences, sameness

Arthur Goes to Camp
Marc Brown, Little, Brown, and Company, Inc., 1984
(Ages 4-8)
Arthur attends camp. The feelings he experiences are the theme of the book. Children who have been away from home can relate to this.
Family, friends

Arthur's Baby
Marc Brown, Little Brown & Co, 1998
(Baby - Pre-School)
Big Brother Arthur and Big Sister D.W. react very differently when a new baby comes into their family. Is your older child a "take charge" D.W. or a "slightly nervous" Arthur?
New baby, fear

Arthur's Birthday
Marc Tolan Brown, Little, Brown and Company, Inc., 1998
(Ages 4-8)
When Arthur delivers his birthday party invitations to his friends he discovers that Muffy's party is scheduled on the same day. All of the friends are upset. The girls decide to go to Muffy's party and the boys will go to Arthur's. Then Arthur comes up with a wonderful plan that makes it possible for everyone to attend both parties.
Friends, problem solving

Arthur's Christmas
Marc Tolan Brown, Little, Brown, and Company, Inc., 1984
(Ages 4-8)
Another in the series of books about Arthur, the aardvark. His feelings at Christmas are the focus of the story.
Family, love

Arthur's Eyes
Marc Tolan Brown, Little, Brown and Company, Inc., 1983
(Ages 4-8)
Arthur, the aardvark, learns to accept his need for glasses. He begins to feel proud of them in spite of the teasing.
Self-esteem, peer pressure, sadness, pride

Arthur's Funny Money
Lillian Hoban, HarperCollins, 1981
(Ages 4-8)
Arthur and his sister go into the bike washing business so Arthur can earn money for his team uniform. They realize how much it costs to try to earn money.
Self-esteem, earning money

Arthur's Nose
Marc Tolan Brown, Little, Brown and Company, Inc., 1986
(Ages 4-8)
Arthur, the aardvark, dislikes his nose because it is unlike any others in his class. He wants to look like his friends. He learns that his nose is part of what makes him special.
Self-esteem

Arthur's Pen Pal
Lillian Aberman Hoban, HarperTrophy, 1983
(Ages 4-8)
Arthur would prefer a brother to a sister. Sexual prejudice is evident because Arthur doesn't think a girl can learn karate and play drums.
Siblings, sexual prejudice

Arthur's Valentine
Marc Brown, Little, Brown and Co. 1980
(Ages 4-8)
Valentine's Day holds a variety of emotions for many children. Arthur, the aardvark is no different.
Family, friends, love, other feelings

Ask Mr. Bear
Marjorie Flack, Macmillan, 1932
(Baby - Pre-School)
Mr. Bear gives a little boy advice as the boy looks for a special gift for his mother.
Family

Baby Bird
Joyce Dunbar, Candlewick Press, 1998
(Baby - Pre-school)
A bird falls out of his nest while trying to fly. He encounters several animals, but nothing will stop him.
determination, pride

The Baby Sister
Tomie dePaola, Scholastic, 1996
(Ages 2-6)
Tommy experiences lots of ups and downs as he waits for his new sister to be born and come home.
new baby, disappointment, happiness

A Baby Sister for Frances
Russell Hoban, HarperCollins Publishers, Inc., 1993
(Ages 3 - 8)
Frances feels slighted because she thinks her new baby sister receives more attention. Her family is loving and understanding.
Jealousy, new baby

The Baby's Bedtime Book
Kay Chorao, Illus., Dutton, 1984
(Ages 4-8)
Soft blue borders frame each bedtime verse and the dream-like illustrations facing them, in this collection of poems, lullabies and prayers.
Bedtime

The Baby's Catalogue
Janet Ahlberg and Allen Ahlberg, Little, Brown and Co., 1986
(Ages 4-8)
Baby clothes and furniture are illustrated. Details about a new baby can be discussed.
New baby

The Bad News Bully
Marcia Leonard, Minstrel Books, 1996
(Ages 4-8)
Natalie and James decide to fight back against a bully who rides the schoolbus.
Problem solving, bully

Balloons for Trevor: Understanding Death (Comforting Little Hearts Series)
Anne Cave Good, Concordia Publ. House, 1998
(Ages 4-8)
A young boy's parents help him deal with the death of a friend. This is not a children's book about death but about grief with practical suggestions for helping children to acknowledge and process their feelings.
death, grief, emotions

A Bargain for Frances
Russell Hoban, HarperCollins, 1994
(Ages 4-8)
Frances stops Thelma's plan to trick her out of a new china set. Frances, the badger, learns it is better to bargain than to lose a friend.
Problem solving

Basket
George Ella Lyons, Lippincott, 1974
(Ages 4-8)
A powerful, simple story of family love, symbolized by Grandma's white oak basket and the song that goes with it.
Family, love, grandparent

Be Good to Eddie Lee
Virginia Fleming, Philomel, 1993
(Ages 5-8)
A boy with Down Syndrome eventually wins the respect of two reluctant children by leading them to special places in the woods near their home.
appreciation of differences

Bear and Mrs. Duck
Elizabeth Winthrop, Holiday House, 1988
(Ages 2-6)
This is a picture book. A babysitter bear and Mrs. Duck are the characters.
Getting along, differences

A Bear for All Seasons
Diane Marcial Fuchs, Henry Holt & Co., Inc., 1995
(Ages 4-8)
Gentle humor pervades this story of friends, Fox and Bear, as Bear tries to determine his favorite season, remembering the edible delights of each. Finally he declares that the best times are being with his good friend.
relationships with friends

The Bear that Heard Crying
Natalie Kinsey-Warnock and Helen Kinsey, Cobblehill, 1993
(Ages 4-8)
Sarah Whitcher is a three year old who gets lost in the woods. This is a true story.
Fear, family

Bear's Bargain
Frank Asch, Aladdin Paperbks, 1989
(Ages 4-8)
Bear and Little Bird try to help each other achieve some impossible tasks.
Self-esteem, team work

Bearsie Bear and the Surprise Sleepover Party
Bernard Waber, Houghton Mifflin Co., 1997
(Ages 4-8)
Bearsie Bear is just falling asleep when Moosie Moose knocks on the door and asks to sleep over. Room is made as animal after animal seeks a warm place. This is a funny and enjoyable book.
cooperation

Bedtime for Frances
Russell Conwell Hoban, HarperCollins Publishers, Inc., 1995
(Ages 3-7)
Frances is afraid of the dark and imagines many scary images. Her father and mother help calm her fears and put Frances to sleep.
Fear, family

The Bee Tree
Patricia Polacco, Philomel Books, 1993
(Ages 4-8)
When Mary Ellen announces she is tired of reading, Grandpa carefully traps and then releases a series of bees so that he and his granddaughter can follow the insects back to their tree. Contains a moral about the value of books and reading.
relationships with grandparents

Bein' With You This Way
W. Nikola-Lisa, Lee & Low Books, 1994
(Ages 4-8)
This book is a wonderful celebration of differences and similarities. Even as it names differences it celebrates "bein' with you this way!"
diversity, excitement, joy

The Berenstain Bears Get in a Fight
Stan & Jan Berenstain, Random House, 1982
(Ages 4-8)
The Berenstain cubs learn that sometimes even the best of friends don't get along.
behavior, conflict

The Berenstain Bears Go to School
Stan & Jan Berenstain, Random House, 1978
(Ages 4-8)
Sister Bear, worried about entering kindergarten, overcomes her fears when she discovers that school is really fun.
school, fear

Best Friends
Miriam Cohen, Macmillan Publishing Company, Inc., 1971
(Ages 4-8)
In this story which takes place at school, Jim and Paul are best friends. They struggle with their relationship but in the end realize how much their friendship means.
Friends

Best Friends
Lee Bennett Hopkins, ed., Harper & Row, 1986
(Ages 4-9)
The moods and moments of friendship are portrayed in the this collection of 18 poems. Learning to get along with others, accepting changes, and sharing good and bad experiences are all related themes in this collection.
Friends

Best Friends)
Steven Kellogg, Dial Bks, 1986
(Ages 4-8)
Kathy and Louise are best friends. While Louise is away for the summer, Kathy meets a new neighbor whose dog is expecting puppies. There are some unforeseen and poignant results.
Friends, anger

Best Friends for Frances
Russell Conwell Hoban, Harper Collins Publishers, Inc., 1994
(Ages 4-8)
This is a simple story of friendship with a light and humorous touch. Frances is snubbed by a friend because she is a girl and she turns to her younger sister for companionship.
Friends, prejudice, siblings

Best Friends Sleep Over
Jacqueline Rogers, Scholastic, 1993
(Ages 4-8)
Gilbert Gorilla is afraid of his first sleepover. His friends help him.
Friends, differences

The Best Mistake Ever! and Other Stories
Richard Scarry, Random Hse., 1984
(Ages 3-6)
The three stories about Lowly Worm and his friends include "A Visit to Mr. Fixit" and "Best Friends."
mistakes, helping, friends

The Best Teacher in the World
Bernice Chardiet and Grace Maccarone, Cartwheel Books, 1990
(Ages 4-8)
Bunny is too embarrassed to admit that she didn't know how to carry out her teacher's errand. The "best teacher in the world" shows her it is better to ask questions than to pretend.
Courage, embarrassment

The Big Book for Peace
Ann Durell and Marilyn Sachs, E.P. Dutton, 1990
(Ages 4-9)
Poems and stories promote the wisdom of peace.
Peace, values

Big Brother, Little Brother
Penny Dale, Candlewick Press, 1997
(Ages 2-7)
No one knows the needs of a little brother like a big brother does, nor the needs of a big brother like a little brother does.
family, feelings, self-esteem

The Big Hello
Janet Schulman, Mulberry, 1990
(Ages 4-8)
A little girl finds adventures and new friendships when she moves into a new home.
Friends, moving

A Big Mistake
Lenore Rinder, Gareth Stevens Publ., 1994
(Ages 4-8)
A young artist turns a "mistake" into a beautiful painting.
mistakes, anger

Big Panda, Little Panda
Joan Stimson, Scholastic, 1993
(Ages 2-6)
Little Panda has some difficulty adjusting when he must become Big Panda.
new baby, wanting attention

The Big Pets
Lane Smith, The Viking Press, 1991
(Ages 3-6)
A boy raises a bear cub until it gets too big.
Gentleness

Big, Scary Wolf
Harvey Stevenson, Clarion, 1997
(Ages 4-8)
Rose is afraid to sleep at night because she knows there's a big scary wolf in her room. She tells Papa and he helps her with her fears.
Fears, family

Big Sister, Little Sister
Charlotte Shapiro Zolotow, HarperTrophy, 1990
(Ages 4-8)
At times the younger sister wants to be alone so the older sister can't boss her, but the older sister feels a sense of responsibility when she can't find her little sister.
Family, siblings, sisters, love

The Biggest Bear
Lynn Ward, Houghton Mifflin Company, 1952
(Ages 4-8)
Johnny, a farm boy, brings a bear cub home for a pet. The bear becomes so big and eats so much that it is necessary for Johnny to get rid of him. He finds a good home at the zoo and the two remain friends.
Friends

Black is Brown is Tan
Arnold Adoff, HarperCollins, 1987
(Ages 4-8)
This story involves all members of an interracial family. It describes in verse the life of brown-skinned mama, white-skinned daddy, their children and assorted relatives.
Family

The Black Snowman
Phil Mendez, Scholastic, 1989
(Ages 4-8)
Jacob Miller announces to his mother he hates being "black". His brother talks him into making a snowman they dress in a kente cloth, a brightly colored material that brought magic to the Ashanti people before they were sold into slavery.
Pride, self-esteem, heritage

Black, White, Just Right
Marguerite A. Whitman, Concept Books, 1993
(Ages 4-8)
A girl explains how her parents are different in color, taste in art, food and pet preferences, and how she herself is different too but just right.
Family

The Blanket That Had to Go
Nancy Evans Cooney, Putnam, 1981
(Kindergarten)
Susi loved her blanket but when it was time for kindergarten she was worried. She comes up with a perfect solution.
Problem solving, school, security blanket

The Blind Men and the Elephant
Backstein, Karen Backstein, Hello Reader! 1992
(All Ages)
Six blind men feel a different part of an elephant. Each insists, from his limited perspective, that he knows what he is feeling.
perspective

The Blushful Hippopotamus
C. Raschka, Orchard Books, 1996
(Ages 4-8)
Though Roosevelt the Hippopotamus's sister teases him because he blushes a lot, his best friend helps him feel better about himself.
Teasing, friends, siblings, self-esteem

Bony Legs
Joanna Cole, Simon & Schuster, 1983
(Ages 4-8)
A simply read story based on the Russian folk tale Baba Yaga. A cruel witch lives in the forest. The girl shares food and her talents. The kindness of the girl helps her win the help of the animals and she is able to escape.
Kindness, sharing

Bootsie Barker Bites
Barbara Bottner, G. P. Putnam Publishing Group, 1992
(Ages 4-8)
Bootsie is a bully. The mothers of Bootsie and the narrator are friends so they are thrown together. The narrator shows Bootsie what it feels like to be bullied.
Fear, courage, bully, biting, solving conflict

The Bouncing Dinosaur
Ann Nolan Clark, Farrar Straus & Giroux, 1990
(Ages 4-8)
Boris becomes friends with animals that are very different from himself. These friends are a monkey and a rabbit.
Friends, differences

Boy Who Cried Wolf
Carol Barnett, Passport Books, 1990 (or any edition!)
(Ages 4-8)
This is a classic tale of a boy who cried "wolf" once too often.
Lying

Brave Irene
William Steig, Farrar Straus & Giroux, 1988
(Ages 4-8)
Mrs. Bobbin, Irene's mother, has made a beautiful dress for the duchess. She is too ill to deliver it so Irene perseveres through adversity to do so. She succeeds because of her hard work.
Courage, self-esteem

Bunches and Bunches of Bunnies
Louise Mathews, Scholastic, 1990
(Ages 4-6)
A rhyming text illustrates some simple multiplication with 144 bunnies crowded into a house for a reunion at the end of the book.
Belonging

Bunny Cakes
(Ages 3-6)
Rosemary Wells, Dial Books, 1997
Max makes an earthworm cake for Grandma's birthday and helps Ruby with her angel surprise cake.
Helping, work

Butter Battle Book
Dr. Seuss, Random House, 1984
(Ages 5-8)
The Zooks and the Yooks disagree bitterly over which side of the bread the butter should go on. Their disagreements are so strong they turn into battles. Their weapons get larger and crazier.
Fighting, solving conflict

Bye-bye Old Buddy
Deborah Robinson, Clarion, 1983
(Ages 2-6)
Jenny realizes that she must give up her blanket. She wants to find just the right way to say good-bye.
Self-esteem

Caleb & Kate
William Steig, Farrar Straus & Giroux, 1977
(Ages 4-8)
Caleb and Kate have a lovers' quarrel. While in the forest sleeping, a magic spell is put on Caleb and he becomes a dog. Eventually the spell is broken during a robbery and Caleb and Kate are reunited. Their love for each other is restored.
Love, problem solving, fighting, getting along

Can't Sleep
Chris Raschka, Scholastic, 1997
(Baby - Pre-school)
A comforting book, that reassures the child that "when you can't sleep the moon will keep you safe.
nighttime, safety

Can't You Sleep, Little Bear?
Martin Waddell, Candlewick, 1988
(Baby - Pre-school)
When bedtime comes Little Bear is afraid of the dark, until Big Bear brings him light and love.
bedtime, nighttime fears

Caring for My Baby Sister
Jane Belk Moncure, Child's World, 1991
(Ages 4-8)
A little boy explains his responsibilities as a big brother as he entertains and protects his baby sister.
Caring, siblings

Celebrating Families
Rosmarie Hausherr, Scholastic, 1997
(Ages 4-8)
Fourteen young people--including children of one- and two-parent families, adopted, foster, and extended families, and families with a physically challenged parent, --introduce their home lives.
Family

A Chair for My Mother
Vera Williams, Greenwillow, 1987
(Ages 4-8)
A little girl, her mother, and her grandmother save their money for a big comfortable chair.
Caring, respect, family

Charlie Anderson
Barbara Abercrombie, McElderry Books, 1990
(Ages 4-8)
Solving the mystery of the cat who visits their home each night, two young sisters realize that, like them, Charlie Anderson has two homes.
Divorce

Charlie Needs a Cloak
Tomie dePaola, Aladdin, 1988
(Ages 4-8)
The black sheep and a mouse combine their skills to help Charlie, a shepherd, get a beautiful new red cloak.
Friends, teamwork, problem solving

Cherries and Cherry Pits
Vera Williams, Greenwillow, 1986
(Ages 4-8)
The author's neighbor, Bedemmi, draws pictures and tells stories as she draws. You can experience the power of a young girl's imagination.
Self-esteem

Chester's Way
Kevin Henkes, William Morrow, 1988
(Ages 4-8)
Chester and Wilson are always together and always doing things just alike. Lilly moves into the neighborhood and they notice she does things differently so they avoid her. Later in the story she saves them from some bigger guys with her cat disguise and squirt gun. After that she teaches them ways to be more adventuresome.
Friends, problem solving, self-esteem

Chicken Sunday
Patricia Polacco, Philomel, 1992
(Ages 4-8)
Three children are accused of throwing eggs at a store owner's shop . They make peace by making him a gift of Russian style hand dyed eggs.
Peace making, diversity, problem solving

A Child's World of Courage
Jane Belk Moncure, Child's World, 1996
(Ages 4-8)
This book presents situations that exemplify the nature of courage.
Courage, emotions

A Child's World of Joy
Jane Belk Moncure, Child's World, 1996
(Ages 4-8)
This book depicts such joys as the first snowman of the year, holding a baby for the first time, and being hugged by mom and dad after a trip.
Joy, emotion

A Child's World of Kindness
Jane Belk Moncure, Child's World, 1996
(Ages 4-8)
This book shows such demonstrations of kindness as giving someone else a turn on the swing, being gentle with a puppy, helping grandfather rake leaves, and buttoning the sweater of someone who can't do it.
Kindness

The Chinese Mirror
Mirra Ginsburg, Voyager/Harcourt Brace Jovanovich, 1991
(Ages 4-8)
This is a Korean folktale. A mirror reflects a different point of view to each one who looks in it.
Perspective, problem solving

Chocolate Covered Cookie Tantrum
Deborah Blumenthal, Clarion Books, 1996
(Baby - Pre-School)
Wanting a cookie while in the park, Sophie discovers a temper tantrum will not get her a cookie.
Anger, temper tantrum

Chrysanthemum
Kevin Henkes, Mulberry Bks, 1996
(Ages 4-8)
Chrysanthemum thinks her name is absolutely perfect, until her first day of school. When her new friends make flower jokes at her expense, Chrysanthemum wilts. A loving teacher saves the day!
School, feelings, self-esteem

The Church Mice Are Adrift
Graham Oakley, Atheneum, 1977
(Ages 4-8)
Rats displace mice in Wortlethorpe Church. Sampson, a cat is captured and dumped outside. Sampson and the mice work together to get rid of the rats and move back to the vestry. They work together to clean the mess left by the rats.
Cooperation, teamwork, problem solving

Claude Has a Picnic
Dick Gackenbach, Clarion, 1993
(Ages 4-8)
Claude is a basset hound. He sees that all of his neighbors have a problem about something. He becomes the peacemaker.
Neighbors, peace-making

Clive Eats Alligators
Alison Lester, Houghton Mifflin, 1986
(Ages 4-8)
A group of children go through the day with each one having their own way of doing things and their own likes and dislikes.
Diversity

Cloudy With a Chance of Meatballs
Judi Barrett, Atheneum, 1978
(Ages 4-8)
It's a wild story Grandpa makes up. He says that in the magical land of Chewandswallow meals come from the sky. But what happens when the weather changes? Silly to even think about.
Family

A Color of His Own
Leo Lionni, Dragonfly, 1997
(Ages 4-8)
A chameleon really wants a color of his own. He learns that being able to change colors has advantages.
Self- esteem, being different

The Colors That I Am
Cilla Sheehan, Human Science Press, 1981
(Ages 4-10)
After describing a specific emotion, the book stimulates young readers to examine their own feelings and share this information with a participating adult.
Many feelings, emotions

Corduroy
Don Freeman, Viking Press, 1985
(Baby - Pre-School)
Corduroy is a teddy bear who wants to be loved. The story shows the need to belong and feel wanted.
Belonging, friends

Cornelius
Leo Lionni, Dragonfly, 1994
(Ages 4-6)
Cornelius, a crocodile, feels left out when other crocodiles do not appreciate his special talents.
Self-esteem

The Country Bunny and the Little Gold Shoes
DuBose Heyward, Houghton Mifflin Company, 1949
(Ages 4-8)
Lady Cottontail longs to be chosen as one of the kindest, swiftest and wisest bunnies to deliver Easter eggs. She is finally chosen because she has trained her twenty-one children to work happily together. As she is delivering an egg to a sick boy who lives on a mountain, she slips and injures her leg. She is declared the bravest of all bunnies and delivers the egg wearing gold shoes.
Courage, self-esteem

A Country Far Away
Nigel Gray, Orchard Books, 1988
(Ages 4-8)
Through pictures the reader can see the similarities of two boys. One lives in the western country and one lives in a rural area.
Accepting others, self-esteem, similarities

Cowardly Clyde
Bill Peet, Houghton Mifflin Company, 1984
(Ages 4-8)
Clyde, a horse, tries to keep his cowardice a secret. For a horse, Clyde is a coward, but he finally decides that even if he isn't brave he can at least act brave.
Fear, courage, emotions

The Cozy Book
Mary Ann Hoberman, Browndeer Press, 1995
(Ages 4-8)
Geraldine needs her blanket to make her feel cozy. This verse also describes sounds, smells, food, clothes and feelings that are cozy.
Self-esteem

Crow Boy
Taro Yashima, The Viking Press, 1955
(Ages 4-8)
Chibi is a poor, shy boy in Japan who has no friends. Through his teacher's encouragement he uses his talent of imitating crow sounds in a talent show. He always remembers this day of glory.
Courage, pride, self-esteem

D.W. Thinks Big
Marc Brown, Little, Brown & Co., 1993
(Ages 4-8)
Even though her brother says she is too little to help with the upcoming wedding, D.W. proves she is just the right size when disaster strikes.
"too little", jealousy, helpfulness

Dad's Dinosaur Day
Diane Dawson Hearn, Simon & Schuster, 1993
(Ages 4-8)
Dad's behavior changes when he becomes a dinosaur for a day.
Dad's behavior changes

Daddy Makes the Best Spaghetti
Anna Grossnickle Hines, Houghton Mifflin, 1999
(Baby - Pre-School)
Corey and his dad cook spaghetti for his Mom for dinner. They shop, cook and enjoy cleaning up together. Bath and bed time are also included in the story.
Family, dad and son

Daddy, Will You Miss Me?
Wendy McCormick, Simon & Schuster Books, 1999
(Ages 2-6)
A boy and his daddy come up with lots of different ways to stay close to one another while daddy is in Africa for four weeks.
separation, sadness, problem solving

Daddy's Promise
Cindy Klein Cohen, Promise Publishing, 1997
(Ages 4-8)
Jesse is angry and filled with questions after his father dies. Jesse's questions are answered both by his mother, and in a series of dreams where he visits his father and learns about life, death, and life after death.
dealing with death

Dance, Tanya
Patricia Lee Gauch, Philomel, 1989
(Ages 4-8)
This is a picture book about ballet dancing.
Self-esteem

Dandelion
Dan Freeman, Puffin, 1987
(Ages 3-8)
Dandelion, a lion, changed his appearance to fit the suggestions Norm the barber showed him. However, he is not recognized and therefore is rejected by his friends. He learned you don't change yourself to please people or to be accepted.
Self-esteem, being yourself

Daniel's Dog
Jo Ellen Bogart, Scholastic, 1990
(Ages 4-8)
A young boy adjusts to the arrival of his new baby sister with the help of his imaginary dog, Lucy.
New baby

Daniel's Duck
Clyde Robert Bulla, HarperCollins, 1979
(Ages 4-8)
People laugh at Daniel's wood carving and he is embarrassed. A master wood carver shows him the beauty of his work and he feels better.
Embarrassment, self-esteem

Darkness and the Butterfly
Ann Grifalconi, Little, Brown and Company, Inc., 1987
(Ages 4-6)
Osa, a girl who lives in Africa, is care-free during the day but filled with fear at night. She learns to face the night without fear.
Fear, problem solving

The Day I Had to Play with My Sister
Crosby Newell Bonsall, HarperCollins Publishers, Inc., 1999
(Ages 3-8)
A young boy is frustrated when his little sister is unable to follow his directions to play a game. He appears to be babysitting her.
sibling, frustration, babysitting

The Day We Met You
Phoebe Koehler, Aladdin Paperbacks, 1997
(Ages 4-8)
This is a simple and beautifully written narrative about a couple getting ready for an adopted child. It is a wonderful way to introduce the concept of adoption to the very youngest adoptees.
adoption

A Day's Work
Eve Bunting, Clarion Books, 1994
(Ages 4-8)
Francisco, a young Mexican-American boy, helps his newly arrived grandfather find work as a gardener, even though the old man knows nothing of gardening. After a fiasco, the older man's sense of honesty and integrity teaches Francisco by example.
relationships with grandparents

Days With Frog and Toad
Arnold Lobel, HarperCollins, 1979
(Ages 4-8)
Frog and Toad spend their days together, but find that sometimes it's nice to be alone.
Friends

Dealing with Anger
Marianne Johnston, PowerKids Press, 1996
(Ages 5-9)
Teaches what anger is, how to deal with it directly, and how to avoid its destructiveness.
emotions, anger

Dealing with Bullying
Marianne Johnston, PowerKids Press, 1999
(Ages 5-8)
Teaches what bullying is, why it occurs, how to deal with it, and how to stop being a bully.
feelings, bullying, problem solving

Dealing with Fighting
Marianne Johnston, PowerKids, 1998
(Ages 5-8)
Teaches how and why arguments lead to fights and how to avoid or deflect these situations.
self-esteem, problem solving, anger

Dealing with Insults
Marianne Johnston, PowerKids, 1997
(Ages 5-8)
Teaches why people use insults, how to avoid insulting others, and how to positively respond.
self-esteem, problem solving, anger

Dealing with Jealousy
Priscilla Croft & Marianne Johnston, PowerKids, 1997
(Ages 5-8)
Deals with the emotion of jealousy and how to handle it.
feelings

Different, Just Like Me
Lori Mitchell, Tradewinds, 1999
(Ages 4-8)
While preparing for a visit to her grandmother, a young girl notices that, like the flowers in her grandmother's garden, people who are different from one another also share similarities, and it's okay to like them all the same.
diversity, handicaps

Do Like Kyla
Angela Johnson, Orchard Books, 1990
(Ages 4-8)
A little girl imitates her big sister Kyla all day, until in the evening Kyla imitates her.
Sisters

Do You Want to Be My Friend?
Eric Carle, HarperCollins, 1995
(Baby - Pre-School)
The title is the only text in the story. A little mouse approaches one animal after another, looking for a friend. First you see the animal's tail and then you turn the page to identify the animal.
Friends

A Dog Like Jack
Dyanne Disalvo-Ryan, Holiday House, 1999
(Ages 3-8)
After a long like of chasing squirrels, licking ice cream cones, and loving his adoptive family, an old dog comes to the end of his days. Ending pages provide hints to aid adults in helping children cope with death.
death, grief

Dollars and Cents for Harriet
Betsy Baestro and Giulio Maestro, Crown, 1988
(Ages 4-7)
Harriet needs $5.00 to buy something at the store. Using pictures of coins the child can follow along as she earns money.
earning money, problem solving

Don't Call Me Fatso
Barbara Philips, Raintree / Steck - Vaughan Publishers, Inc., 1980
(Ages 4-8)
Rita, an overweight girl, is teased at school. She finds determination to lose weight. Her family is extremely supportive.
Teasing, family, problem solving

The Doorbell Rang
Pat Hutchins, Greenwillow, 1986
(Ages 4-8)
Children, Ma, and their friends show appreciation for Grandma. Sharing and getting along with others is also emphasized.
Family, friends, sharing

Down the Road
Alice Schertle, Browndeer Press, 1995
(Ages 5-7)
Hetty wanted to show her mother and father how responsible she could be, so she convinced them to let her go to town for the eggs. When she dropped them by accident, however, she felt awful, until her parents made her realize why she shouldn't feel awful.
Making mistakes, responsibility

Dragon Naps
Lynne Bertrand, Viking Press, 1996
(Ages 4-8)
Two young dragons try all sorts of ways to stretch the time when they are told to take a nap.
Nap time

A Duck So Small
A.H. Benjamin, Little Tiger Press, 1998
(Baby - Pre-school)
When the other ducks laugh at Duffle for being too small to do anything at all, he tries unsuccessfully to imitate other birds, but finally he finds something useful that only he can do.
self-esteem

E is for Elisa
Johanna Hurwitz, Wm Morrow, 1991
(Ages 4-8)
Russell who is 8 always teases Elisa who is 4. Russell is in the Cub Scouts and promises not to tease Elisa again.
Teasing, problem solving

Edward's Overwhelming Overnight (Edward-The- Unready)
Rosemary Wells, Dial Books for Young Readers, 1995
(Ages 4-8)
Children who find it difficult to do new things will be reassured by this book. Edward wasn't ready to be away from home overnight.
Sleepovers, differences

Elbert's Bad Word
Audry Wood, Harcourt Brace, 1988
(Ages 4-8)
Elbert "catches" a bad word, and, without warning, it springs out and causes an uproar.
Misbehavior, swearing

Emmet Otter's Jug-band Christmas
Russell Hoban, Buchaneer, 1999
(Ages 4-8)
Hoping to buy each other's Christmas gifts with the prize money, a poor mother otter and her son enter a talent show. Doc Bullfrog hears them singing together on the way home and hires them.
Friends, family

Evan's Corner
Elizabeth Star Hill, Viking, 1991
(Ages 4-8)
Evan needs a place to be alone. He creates a place in the corner of his family's crowded apartment. He shares his talent with his brother.
Sibling, privacy, self-esteem

Even If I Did Something Awful
Barbara Shook Hazen, Aladdin, 1981
(Ages 4-8)
A little girl breaks a special vase and needs to confess that she has disobeyed her mother. She proposes imaginary misdeeds and asks if she would still be loved. She learns that even though she might make mom unhappy or angry, even though she may be punished, she will never destroy the love that her mother has for her.
Guilt, love, family

Everybody Has Feelings/Todos Tenemos Sentimientos
Charles E. Avery, Gryphon House, 1998
(Baby - Pre-School)
This bilingual collection of pictures showing feelings is good to use before a discussion about similarities among people.
Similarities, diversity

Faces
Barbara Brenner, Dutton, 1970
(Ages 4-7)
This is a book about our senses and how they work. It shows we are connected to all kinds of people.
Self-esteem

Families Are Different
by Nina Pellegrini, Holiday House, 1991
(Ages 4-8)
An adopted Korean girl discovers that her classmates have different types of families.
Family, Adoption

Feathers and Fools
Mem Fox, Harcourt Brace, 1996
(Ages 4-8)
Swans, and peacocks self-destruct in battle, leaving behind two eggs. These eggs hatch in the ruins, form an alliance for peace and harmony, and establish a trusting relationship.
Fighting, trusting relationship

Feeling Angry
Joy Berry, Scholastic Books, 1999
(Ages 4-8)
Teaches children about feeling angry and how to cope with that feeling.
dealing with anger

Feeling Angry (Let's Talk About)
Maggie Smith, Scholastic Trade, 1996
(Ages 4-8)
These fun stories and humorous illustrations help young children deal with tough situations and emotions, and learn about being responsible for themselves and their own actions.
Anger, Emotions

Feelings
Aliki, Greenwillow, 1984
(Ages 4-8)
This book shows all kinds of feelings and how to deal with them.
Dealing with feelings, all kinds

Feelings
Joanne Brisson Murphy, Firefly Books, 1985
(Ages 4-8)
A little boy expresses his good and bad feelings throughout the day and in many different situations.
Expressing feelings

The Fiddler of the Northern Lights
Natalie Kinsey-Warnock, Cobblehill, 1996
(Ages 4-8)
Henry and Grandpa go in search of the fiddler whose music makes the Northern Lights dance.
Grandfathers

Finders Keepers
William Lipkind, Nicolas Mordinoff, Nicolas Will, Harcourt Brace, 1989
(Ages 4-8)
Two dogs each claim a bone they have found and ask a passersby for help in deciding ownership.
conflict resolution, problem solving

Fiona's Bee
Beverly Keller, Coward, McCann & Geoghegan, 1975
(Ages 4-8)
Fiona uses her courage with insects to make friends.
Friends

First Pink Light
Eloise Greenfield, Black Butterfly Children's Books, 1991
(Ages 5-8)
A boy and his mother plan together to set a bedtime.
Problem solving, family

Fish is Fish
Leo Lionni, Knopf, 1987
(Ages 4-8)
A fish tries to escape because of enticing tales about the environment and life of the frog. He endangers his life and realizes how tales from someone else's personal experience can be misleading.
Friends, differences

Five Senses
Aliki, Simon & Schuster, 1994
(Ages 4-8)
This is a simple, multicultural book about the senses and the activities you use them for in life.
Self-esteem

Flashlight
Betsy James, Alfred A. Knopf, 1997
(Ages 3-8)
Marie is afraid to sleep overnight in her grandparents' living room until her grandfather gives her a flashlight so that she can see in the dark.
nighttime fear, grandparents

Flossie and the Fox
Pat McKissack, E.P. Dutton, 1986
(Ages 4-8)
Flossie cleverly outwits a fox to protect a basket of eggs she must deliver to a neighboring farm.
Problem solving

Fly Away Home
Eve Bunting, Clarion Books, 1993
(Ages 4-8)
A homeless boy who lives in an airport with his father, moving from terminal to terminal trying not to be noticed, is given hope when a trapped bird finally finds his freedom.
family love

For Sale: One Sister - Cheap!
Katie Alder and Rachael McBride, Childrens Press, 1986
(Ages 2-6)
Sarah makes such a pest of herself that her big brother decides to sell her.
mistakes, forgiveness, frustration

Franklin and the Tooth Fairy
Paulette Bourgeois, Kids Can Press, 1997
(Ages 4-8)
Franklin's friends are losing teeth but Franklin isn't. Will the tooth fairy visit him?
Being different, self-esteem

Franklin Goes to School
Paulette Bourgeois, Scholatic, 1995
(Ages 4-6)
Franklin is worried about all that he doesn't know, but with the help of his teacher, Mr. Owl, he has a wonderful first day of school.
school, fear

Franklin in the Dark
Paulette Bourgeois, Kids Can Press, 1997
(Ages 4-8)
Franklin is afraid of small dark places. He is a turtle and is afraid to go into his dark shell. What will he do?
Self-esteem

Franklin Is Bossy
Paulette Bourgeois, Kids Can Press, 1997
(Ages 4-8)
This is a picture book about being bossy and getting along with others. Franklin discovers that being a good sport is more fun than being bossy.
Being bossy, getting along

Franklin Rides a Bike
Paulette Bourgeois, Kids Can Press, 1997
(Ages 4-8)
This is a picture book about learning to ride a bike.
Self-esteem

Franklin's Bad Day
Paulette Bourgeois, Kids Can Press, 1997
(Ages 4-8)
Franklin suffers through his worst day because he is angry about his friend moving away.
Anger, emotions

Franklin's Blanket
Paulette Bourgeois, Kids Can Press, 1997
(Ages 3-6)
Franklin's favorite blanket is missing. He searches everywhere because he can't sleep without it.
Being different, self-esteem

Franklin's New Friend
Paulette Bourgeois, Kids Can Press, 1997
(Ages 3-6)
Franklin learns that even animals that are much bigger than he can be shy and afraid and need a friend.
feelings, friends, differences

Frederick
Leo Lionni, Knopf, 1990
(Ages 4-8)
Mice collect food for the winter while Frederick gathers sun rays and color etc. When the mice run out of food in the winter they ask Frederick to share his unusual stories. The story illustrates the belief that creative endeavors are as valuable as manual labor.
Diversity, sharing, creativity

A Friend for Growl Bear
Margot Austin, HarperCollins, 1999
(Ages 3-6)
None of the animals in the forest will play with a little bear because he is always growling - until they come to understand that he only growls because he hasn't learned to talk yet.
friends

A Friend Is Someone Who Likes You
Joan Walsh Anglund, Harcourt, Brace, 1983
(Ages 4-8)
The book explores various kinds of friendships with people, pets, and things.
Friends

Friends
Helene Heine, Atheneum, 1984
(Ages 4-8)
Three friends who love to be together realize that it is not always possible.
Friends

Friends
Kim Lewis, Candlewick Press, 1997
(Ages 3-6)
While searching for eggs on the farm, Sam and Alice discover that they can be better friends when they cooperate with each other.
cooperation, forgiveness

Friends at School
Rochelle Bunnett, Star Bright Books, 1996
(Ages 4-8)
A wonderful portrait of children with different abilities busily working and playing together at school.
acceptance of others differences

Fritz and the Messy Fairy
Rosemary Wells, Dial Books for Young Readers, 1991
(Ages 4-8)
Fritz meets his match for creating messes when he encounters the mess fairy.
Messiness

Frog and Toad All Year
Arnold Lobel, HarperCollins, 1987
(Ages 4-8)
This book traces the friendship of Frog and Toad through various seasons of the year.
Friends

Frog and Toad Are Friends
Arnold Lobel, HarperCollins, 1987
(Ages 4-8)
Toad complains about not getting mail so Frog writes a letter which is delivered by a snail four days later. Frog declares in the letter that he is Toad's friend.
Friends

Frog and Toad Together
Arnold Lobel, HarperCollins, 1979
(Ages 4-8)
Frog and Toad attempt to prove their bravery by climbing a mountain. They are frightened by a number of things and finally spend a long time in Toad's house just feeling brave together.
Friends

Froggy Goes to School
Jonathan London, Scholastic, 1996
(Ages 3-6)
Froggy was so excited about his first day of school that he dreamed about it the night before.
school, excitement

From Head to Toe
Eric Carle, HarperCollins, 1997
(Ages 4-8)
This book encourages the reader to exercise by following the movements of various animals presented in a question and answer format.
Self-esteem

Furry
Holly Keller, Greenwillow Bks., 1992
(Ages 4-8)
Laura's allergies make it difficult for her to find a pet she likes until her brother brings home a surprise.
Siblings, problem solving

Galimoto
Karen Lynn Williams, Lothrop, Lee & Shepard, 1990
(All Ages)
Kondi, a seven year old boy, goes on a hunt to get some wire to make some toys. He uses gentle ways with children and adults to get what he needs and makes a special toy - a "galimoto."
Gentle ways, problem solving

George and Martha
James Marshall, Houghton Mifflin, Co., 1973
(Ages 4-8)
George replaces his broken tooth with a gold one and Martha praises him. They realize that good friends are honest with each other and cheer up each other.
Friends

George and Martha Encore

James Marshall, Houghton Mifflin Co., 1973

(Ages 4-8)

Martha and George are two hippos who extend tenderness and consideration to each other as friends.

Friends

George and Martha. One Fine Day

James Marshall, Houghton Mifflin Co., 1978

(Ages 4-8)

George, a hippopotamus and Martha, also a hippopotamus are friends who treat each other in ways that are not always nice. It is easy to discern some of the qualities and actions that help build strong friends.

Friends, anxiety, consideration, need for privacy

George and Martha Rise and Shine

James Marshall, Houghton Mifflin Co., 1973

(Ages 4-8)

When one friend is caught in a fib or being foolish the other friend handles it in a considerate, even funny way.

Friends

Geraldine First

Holly Keller, Greenwillow, 1996

(Ages 4-8)

Geraldine's little brother copies her behavior until she discovers one activity he will not imitate.

Copying

Geraldine's Blanket

Holly Keller, William Morrow, 1988

(Ages 4-8)

Geraldine's blanket is important to her. Children can identify with her problem and her ability to face and solve her problem. Children are surprised that adults they know had similar experiences. Adults who share personal memories with children help them develop a closer relationship with adults.

Self-esteem, problem solving

The Ghost-Eye Tree

Bill Martin, and John Archambault, Henry Holt and Co., 1985

(Ages 4-8)

A boy and his sister are afraid of the dark, the wind, and a big oak tree. They have to overcome their fears to go to Mr. Cowlanders's barn to get milk for their mother.

Siblings, fears, problem solving

Ghost's Hour, Spook's Hour

Eve Bunting, Claritas Corp., 1987

(Ages 4-8)

Jake is frightened when there is a power failure during a storm. He investigates strange noises and sights with his dog, Biff. He feels safe and reassured with his parents.

Fear, problem solving, family

The Giving Tree

Shel Silverstein, HarperCollins Juv., 1986

(Ages 4 and up)

A tender story of a tree that gives everything and asks for nothing in return. The tree remains happy simply because she is able to give.

Giving, happy

Glad Monster Sad Monster
Emberly Ann Miranda, ed., Little, Brown and Company, Inc., 1997
(Ages 4-8)
Monsters of different colors explain what makes them feel sad, glad, silly, angry, worried and loving.
Many feelings, emotions

Go Away, Big Green Monster
Ed Emberly, Little, Brown, 1992
(Ages 4-8)
A scary green monster begins to disappear page by page in a die-cut picture book that is empowering, entertaining and dispels fears.
fears

Goggles!
Ezra Jack Keats, Viking, 1998
(Ages 4-8)
Peter and Archie, two black boys in the inner city, find a pair of goggles. They find a creative way to avoid fighting with three older bullies who want the goggles.
Bully, problem solving

The Gold Coin
Alma Flor Ada, Atheneum, 1991
(Ages 4-8)
Juan is a thief. He spies a woman with a gold coin telling herself she must be the richest person in the world and he plans to rob her. Every place Juan goes he discovers that the woman has just helped someone in need and is on her way to help someone else.
Values, helping others

Gone Fishing
Earlene Long, Houghton Mifflin, 1987
(Ages 4-8)
A little boy and his daddy go fishing together.
Family, father/son

Good Night, Mr. Night
Dan Yaccarino, Gulliver Bks, 1997
(Baby - Pre-school)
Mr. Night puts the world to bed and animals and children to sleep.
nighttime

The Good-bye Book
Judith Viorst, Atheneum, 1988
(Ages 4-8)
A child, on the verge of being left behind by parents who are going out, comes up with a variety of pleas and excuses about why they should not go.
Separation anxiety

Goodbye House
Frank Asch, Aladdin Paperbks, 1989
(Ages 4-8)
Baby Bear and his family are moving. Baby Bear feels sad and apprehensive. He learns to cope with the changes that come with moving to a new house.
Moving, fear

A Goodnight Kind of Feeling
Tony Bradman & Clive Scruton, Hoilday House, 1998
(Baby - Pre-School)
Everything the cat family does on a busy day gives the little cat a special kind of feeling but the best is the goodnight kind of feeling.
feelings, bedtime

Goodnight Moon
Margaret Wise Brown, HarperCollins, 1991
(Baby - Pre-School)
In this classic bedtime story, a little rabbit tells the objects in his great green room goodnight. Full color views of the room getting darker and darker alternate with black and white close-ups of the different objects, until the last scene is lit only

by moon, starlight, and the fire in the fireplace. You and baby can say goodnight to favorite objects in the baby's room. An older child will enjoy finding the tiny mouse hidden in color illustrations. This is a good book to own.
Bedtime

Good-Night, Owl!
Pat Hutchings, Simon & Schuster, 1972
(Ages 4-8)
Owl tries to sleep, but the bees buzz, squirrels crack nuts, the crows croak, and all the other birds call, keeping owl awake. When night falls, owl turns the tables.
Bedtime

Grandad Bill's Song
Jane Yolen, Philomel, 1994
(Ages 4-8)
A boy asks how others felt when their grandfather died and then he shares his own feelings
Death, sadness

Grandfather's Journey
Allen Say, Houghton Mifflin Co., 1993
(Ages 4-8)
A very personal tribute to the author's grandfather and a distillation of universally shared emotions. A Caldecott Medal winner.
relationships with grandparents

Grandma Gets Grumpy
Anna Grossnickle Hines, Houghton Mifflin, 1990
(Ages 4-8)
Three cousins spend the night at Grandma's, and they learn that Grandma's patience wears thin when they romp out of control.
Family, frustration, cooperation

Grandmama's Joy
Eloise Greenfield, Putnam, 1999
(Ages 4-8)
Rhondy's grandmother is unhappy and discouraged because she is forced to move from her house. Rhondy tries to make her happy and finally reminds her of the really important things in life: the love and concern the two have for each other.
Sad, joy, love, moving

Grandpa Toad's Secrets
Keiko Kasza, Putnam, 1995
(Ages 4-8)
Grandad teaches his grandson the secrets of survival but Little Toad saves the day when a monster attacks.
Belonging, grandparent

Grandpa's Face
Eloise Greenfield, Philomel Books, 1988
(Ages 4-8)
Tamika is afraid when she sees the mean faces her grandfather makes. She does not realize that he must do this as an actor.
Fear, grandparent

Greatest Show on Earth
John Prater, Candlewick, 1995
(Ages 4-8)
Young Harry feels useless because he lacks the talents of the rest of his family until he discovers his own special talent.
Self-esteem

The Grouchy Ladybug
Eric Carle, HarperCollins Publishers Inc., 1977
(Baby - Pre-school)
A grouchy ladybug is looking for a fight and challenges everyone she meets regardless of its size. This disgruntled ladybug learns the

advantages of getting along with others. The illustrations and format appeal to very young readers.
Sharing, anger, moods, friends

Guess How Much I Love You
Sam McBratney, Candlewick, 1994
(Baby - Pre-school)
During a bedtime game, every time Little Nutbrown Hare demonstrates how much he loves his father, Big Nutbrown Hare gently shows him that the love is returned even more.
Belonging, love, family, emotions

The Gym Teacher from the Black Lagoon
Mike Thaler, Scholastic Trade, 1994
(Ages 4-8)
A book that explores a youngster's fears of meeting a new teacher. . .a gym teacher called Coach Kong!
relationships, imagination, fear

Happy Birthday Dear Duck
Eve Bunting, Houghton Mifflin, 1988
(Ages 4-8)
Duck's birthday gifts from his animal friends are wonderful but cannot be used away from water, a problem solved by the last gift.
Friends, problem solving

Happy Mother's Day
Steven Kroll, Holiday House, 1985
(Ages 4-8)
Mother's Day is celebrated by the family in this book.
Family

Harriet's Halloween Candy
Nancy Carlson, Carolrhoda, 1982
(Ages 4-8)
Harriet will not share her candy.
Sharing

Harry and the Terrible Whatzit
Dick Gackenbach, Clarion Bks., 1979
(Ages 4-8)
Harry warns his mother about something frightening in the cellar. She goes down and disappears. Henry uses a broom to attack a huge "Whatzit." The Whatzit diminishes as Harry overcomes his fear. Harry discovers his mother in the garden.
Courage, problem solving, family

Harry's Visit
Barbara Ann Porte, Greenwillow, 1983
(Ages 5-6)
Harry dreads a visit to the Silversteins. Everything is done differently. Once Harry learns about them he learns to like them and discovers he can adapt to their ways. The visit teaches Harry to try new things and meet new people. Learning to get along with others is an important theme.
Friends, adapting

The Hating Book
Charlotte Zolotow, HarperTrophy 1989
(Ages 4-8)
This story explores a small girl's feelings of rejection and anger. With her mother's help she learns to confront and solve the communication problem responsible for these feelings. After a name calling episode, two girls who were once friends think things will never be right again, but in the end they make up.
Perspective, problem solving, anger, friends

Hello Baby!
Lizzy Rockwell, Crown Publ., 1999
(Baby - Pre-school)
A young boy describes how a new baby is growing inside his mommy and tells what it is like when his new sister comes home.
new baby

Herbert the Timid Dragon
Mercer Mayer, Western Publishing Company, 1991
(Ages 4-8)
Herbert wishes to be a knight but his attempts to be helpful are misunderstood.
perceptions, conflict

Here Are My Hands
Bill Martin Jr. and John Archambault, Henry Holt, 1987
(Ages 4-8)
Pictures help to celebrate children around the world.
Self-esteem, similarities

Herman the Helper
Robert Kraus, Aladdin Pbks, 1987
(Baby - Pre-school)
Herman, the helper octopus, is always willing to assist anyone who needs his help - old or young, friend or enemy.
Self-esteem, helping

Hermanas/Sisters
David McPhail, Harcourt Brace Jovanovich, 1998
(Ages 4-8)
Two siblings differ in some ways and are alike in others. The thing that is most alike is their love for each other.
Siblings, love

He's My Brother
Joe Lasker, Albert Whitman & Company, 1987
(Ages 4-8)
Jamie has a learning disability. His realistic experiences are presented and it is easy to understand his feelings as he plays and works with others who do not have learning disabilities.
Learning disability, sibling loyalty

Hilda Hen's Scary Night
Mary Wormell, Harcourt Brace, 1996
(Ages 2-5)
During her nighttime journey to the henhouse Hilda Hen finds unexpected courage within herself as she tiptoes past a snake, runs from a fox, and swims a lake.
nighttime fears, courage

Hooway for Wodney Wat
Helen Lester, Houghton Mifflin, 1999
(Ages 3-8)
All the classmates make fun of Rodney because he can't pronounce his name, but it is Rodney's speech impediment that drives away the class bully.
bullies

Horace
Holly Keller, Greenwillow Books, 1991
(Ages 3-8)
Horace starts to feel out of place because he is spotted and everyone else in his family is striped. He decides to go find his real family. What he finds instead, is that what truly makes him happy is the family he already has.
Adoption, fitting in, looking different

How Are You Peeling?
Saxton Freymann and Joost Elffers, Arthur A. Levine Books, 1999
(Ages 3-8)
This delightful book whose sub-title is "Foods with Moods" helps children recognize and name feelings using fruit and vegetable faces.
moods, feelings

How Do I Feel?
Norma Simon, Albert Whitman & Company, 1987
(Ages 4-8)
Carl and Eddie are identical twins. The book describes Carl's feelings about himself especially when he compares himself with his twin. The book is helpful in showing a child that all types of emotions are normal and acceptable.
All kinds of emotions

How Many Stars in the Sky?
Lenny Hort, Tambourine Books, 1991
(Ages 4-8)
A young boy and his dad cannot sleep because they miss mom who is away. Dad and son share a special time as they both miss mom.
Family, loneliness

How My Parents Learned to Eat
Ina Friedman, Houghton Mifflin, 1987
(Ages 4-8)
A woman from Japan and a sailor from America fall in love and learn about each other's cultures.
Diversity

The Hunter and the Animals
Tomie dePaolo, Holiday Hse, 1981
(Ages 4-8)
This picture book shows how a hunter changes his relationship towards the animals by breaking his gun.
Problem solving

Hunter and His Dog
Brian Wildsmith, Oxford University Press, 1979
(Ages 4-8)
Ducks are shot and then taken care of by the hunting dog. The dog also brings sticks back to the hunter who eventually gives up hunting.
Problem solving

Hush Little Baby
Aliki, illus., Prentice-Hall, 1968
(Baby - Pre-School)
This well known old lullaby has soothed many children to sleep. Aliki's paintings on wood have an old fashioned look. If you want a more lively version try Margot Zemach's *Hush, Little Baby* (Dutton).
Bedtime

I Can Say No
Doris Sanford, Questar Pub., 1988
(Ages 4-8)
A breakdown in communication between family members results in the discovery of an older brother's drug abuse.
Brother's substance abuse

I Can't Wait
Elizabeth Crary, Parenting Press, 1996
(Ages 4-8)
This story helps a child solve a common social problem. A boy tries to figure out what to do while he waits his turn.
Problem solving

I Dance In My Red Pajamas
Edith Thacher Hurd, HarperCollins, 1982
(Ages 5-7)
A little girl enjoys a visit with her grandparents. A positive image of the elderly is given in this story.
Family

I Hate Boys, I Hate Girls
Paula Z. Hogan, Raintree Publishers, 1980
(Ages 4-8)
In order to avoid teasing from male friends a young boy denies his friendship with a girl. His father helps him realize the true value of friendship.
Friends, teasing, peer pressure

I Hate My Name
Eva Grant, Raintree Childrens Books, 1980
(Ages 4-8)
This book exposes the problems an unusual name can cause. Demelza learns to take pride in her name. Her parents are supportive and help her with her problem.
Teasing, pride, self-esteem, family, problem solving

I Have a Sister - My Sister Is Deaf
Jeanne Whitehouse Peterson, HarperCollins Publishers, Inc., 1977.
(Ages 4-7)
An older sibling tells about her deaf sister showing the ways a deaf child differs. Hearing children will usually find it puzzling that a deaf child never reacts to noises. Tips are given on how to act toward a deaf child.
Sibling, deafness

I Hear a Noise
Diane Goode, Unicom Pbks., 1993
(Ages 4-8)
A little boy, hearing noises at the window at bedtime, calls for his mother. His worst fears are realized, but he learns that monsters have mothers too.
Fear, emotions

I Heard Said the Bird
Polly Birrien Berends, Dial Books for Young Readers, 1995
(Ages 4-8)
The animals in the barnyard discuss the New One who is coming and discover a new baby is in the house.
Fear, new baby

I Just Forgot
Mercer Mayer, Golden Books Pub Co Inc., 1988
(Ages 4-8)
Little Critter struggles to remember what he is supposed to do each day. On rainy days he remembers his raincoat but forgets his boots. On school days he gets to school on time but forgets his lunchbox. At home he takes a bath but forgets to use soap. Poor Little Critter! He tries hard but hasn't quite mastered the art of how to get through the day.
mistakes

I Know the World's Worst Secret
Doris Sanford, Multnomat Press, 1987
(Ages 4-8)
A child talks to her "friend" about the problems of living with an alcoholic parent.
Parent's substance abuse

I Like It When
Mary Murphy, Red Wagon, 1997
(Baby - pre-school)
A child penguin lists the things it likes to do with its parents.
relationships with parents, family love

I Like Me
Nancy Carlson, Viking Press, 1988
(Ages 4-8)
The pig in this story realizes that she is her own best friend even when there is no one else around. She goes on to tell all the wonderful things she can do and things she likes about herself.
Self-esteem

I Love You, Little One
Nancy Tafuri, Scholastic Trade, 1998
(Ages 4-8)
Six beautiful mother and baby animal pairs and one human mother and child play variations on the theme: "I will always love you." In each instance, a parallel is drawn between the mother's love and the nurturing, protecting environment that is the animal's home.
Parent-child relationships

I Love You the Purplest
Barbara Jones, Chronicle Books, 1996
(Ages 4-8)
Two boys discover their mother loves them equally, both in different ways.
Love, family, siblings

I Love You So Much
Carl Norac, Bantam Doubleday Dell Publ., 1998
(Ages 4-8)
An endearing animal character who, with her family, celebrates the joy of sharing the words: "I love you".
family love

I Love You, Stinky Face
Lisa McCourt, Bridge Water Books, 1997
(Ages 4-8)
A child and mom discuss how a mother's love is always there even if the child were a stinky skunk, a scary ape or a bug eating alien.
Love, family

I Love You With All My Heart
Noris Kern, Chronicle Books, 1998
(Ages 4-8)
A polar bear wonders how to measure his mother's love. Each of his friends attempt to describe the expanse of his own mother's love. He finds that his own mother loves him with her whole self, but especially with her heart.

I Love You With All My Hearts: The Many Ways a Mother Loves Her Daughter
Sally Huss, Thomas Nelson, 1998
(Ages 4-8)
A book that conveys the many ways a mother loves her daughter through her hearts of care, hearts of laughter, hearts of sorrow, hearts of pride and hearts of peace.
Mother-daughter relationship, family love

I Never Win
Judy Delton, Carolrhoda Bks., 1991
(Ages 4-7)
Charlie loses frequently and vents his anger by practicing the piano. This helps him to become a great success at the piano and this helps him discover his own worth.
Self-esteem, anger, pride

I Promise I'll Find You
Heather P. Ward, Firefly Books, 1994
(Baby-Preschool)
By sea, by air, by train, by horseback and by several other creative methods of transportation, a mother and a little dog search for a lost child.
fears, love, family

I Want It
Elizabeth Crary, Parenting Press, 1996
(Ages 4-8)
This is a good book to use with children who have difficulty sharing. A girl tries to get a toy from a playmate.
Conflict, sharing

I Want to Play
Elizabeth Crary, Parenting Press, 1996
(Ages 4-8)
A child wants to be included in a play group so he tries to get someone to play with him.
Being included

I Was So Mad
Norma Simon, Albert Whitman & Company, 1987
(Ages 4-8)
Several children share stories about things that make them angry. Frustration, impatience, jealousy, and fright can all result in anger. Anger is emphasized as a normal response to these situations and that adults also become angry. The forward suggests ways for parents to help a child accept and cope with emotions.
Anger, accepting emotions, coping

I'll Always Love You
Hans Wilhelm, Crown, 1985
(Ages 4-8)
The affection between boy and dog is seen as well as the sadness when a beloved pet grows old and dies.
Love, death of pet, sadness

I'll Fix Anthony
Judith Viorst, Aladdin Pbk., 1988
(Ages 4-8)
Anthony is unkind toward his younger brother. The younger sibling learns to deal with his frustration and relieves it with a fantasy formula. The open ending leaves room for discussion with children.
Frustration, siblings

I'm a Big Brother
Joanna Cole, Morrow Jr. Bks, 1997
(Baby - Pre-school)
A child eagerly welcomes his new brother. There are great tips in the back for parents.
new baby, self-esteem

I'm Lost
Elizabeth Crary, Parenting Press, 1996.
(Ages 4-8)
This book is one in a series, (The Children's Problem Solving Series), on issues calling for problem solving by the child.
Problem solving

I'm Mad
Elizabeth Crary, Parenting Press, 1992
(Ages 4-8)
This book suggests ways to work out emotions such as anger in small children.
Anger, working out emotions

The Ohio Commission on Dispute Resolution and Conflict Management (614-752-9595)
Reprints must contain this credit line and may not be sold for profit.

I'm Not Moving, Mama!
Nancy White Carlstrom, Aladdin Paperback, 1990
(Ages 3-7)
Each time the child names what he doesn't want to leave in their home, Mama makes him know how much he is needed as a part of the family.
moving, family

I'm Terrific
Marjorie Weinman Sharmat, Holiday House, 1988
(Ages 4-8)
Jason, a little bear, spends most of his time boasting about how wonderful he is. He discovers that by being vain and boastful he loses friends. He also discovers that being mean causes him to lose friends. His self-discovery is long and painful but he does learn that when he starts thinking about others more than himself he does discover who he is.
Boasting, self-esteem

In the Night Kitchen
Maurice Sendak, HarperCollins, 1995
(Ages 4-8)
The story of Mickey, who fell "out of his clothes, past the moon...into the light of the night kitchen," has been a hit with several babies we know. They like the jolly bakers, their kitchen utensils, the more adventurous Mickey going up in his bread dough airplane, and Sendak's chanting words.
Bedtime

Ira Says Goodbye
Bernard Waber, Houghton Mifflin, 1988
(Ages 4-8)
This is a picture book of friendship and what happens when one moves. Ira's best friend Reggie is moving to Greendale. Both Reggie and Ira express their feelings as well as come up with a plan to keep in touch.
Moving, friends, problem solving

Ira Sleeps Over
Bernard Waber, Houghton Mifflin, 1978
(Ages 3-6)
A boy is going to sleep over at his friend's house and he brings his teddy bear. He wonders if his friend will make fun of him. His sister teases him. After ghost stories, his friend Reggie gets out his teddy bear so Ira goes home and gets his teddy. bear, Tah. When he returns he finds Reggie is sound asleep with his teddy bear in his arms.
Friends, teasing

The Island of the Skog
Steven Kellogg, Dial Books, 1973
(Ages 4-8)
A group of urban mice do not like the dangers of city life. They set sail on a model ship to search for a more peaceful place to live. They land on the Island of Skog. When they see the footprints they believe that Skog is huge and fierce.
Solving conflicts

It Happened in Pinsk
Arthur Yorinks, Farrar Straus, & Giroux, 1983
(Ages 4-8)
Irv has a nice home, caring wife and a good job but he seems to want more. When his life changes he realizes how good it was.
Self-esteem

It Wasn't My Fault
Helen Lester, Houghton Mifflin, 1985
(Ages 4-8)
When accidents happen to Murdley, they are usually his fault, but it's hard for him to take the blame when a bird lays an egg on his head.
mistakes, responsibility

It's a Baby
George Ancona, Dutton, 1979
(Ages 2-7)
Clear black and white photographs illustrate baby's life from birth through his first year. The simple, reassuring text explains much about the mystery of babies and provides a good read-together time.
New baby

It's Going To Be Perfect
Nancy Carlson, Viking, 1998
(Ages 3-7)
A mother reflects on her daughter's growing up from infancy through starting school.
growth, love

It's Just Me, Emily
Anna G. Hines, Houghton Mifflin, 1992
(Ages 3-6)
Who is tickling Mother's feet? Who is growling behind the door? Mother guesses all kinds of wild beasts, but it's always "Just me...Emily."
Family, mother/daughter

It's Mine! A Fable
Leo Lionni, Dragonfly, 1996
(Ages 3-7)
Three frogs spent all day long quarreling. Finally they discovered how peaceful it could be when there was no fighting.
Conflict escalator

It's Not Easy Being a Bunny
Marilyn Sadler, Random LB, 1983
(Ages 4-8)
A young rabbit tries to live with other animals.
Getting along

It's Not Fair
Charlotte Shapiro Zolotow, HarperCollins Publishers, Inc., (Charlotte Zolotow Books), 1976
(Ages 5-7)
Two girl friends envy each other's way of life.
Friends, peer pressure, jealousy

It's Your Turn, Roger
Susanna Gretz, Young Readers, 1985
(Ages 4-7)
After Roger, the pig, visits the other families in his apartment building to find out who has to help with dinner, he realizes the value of taking his tum to set the dinner table.
Sharing

Jamaica Tag-along
Juanita Havill, Houghton Mifflin, 1989
(Ages 4-8)
This is a book about a brother and sister and their friendship.
Friends, siblings

Jamaica's Find
Juanita Havill, Houghton Mifflin Company, 1986
(Ages 4-8)
A little girl finds a stuffed dog at the park and takes it home with her, later deciding to take it to the lost and found at the park office. The next day she meets the child who lost the toy and finds a new friend.
Friends

Jerome Camps Out
Eileen Christelow, Clarion, 1998
(Ages 4-7)
Jerome the alligator is looking forward to the Swamp School camping trip, until he and his friend learn that Buster, the class bully will be there, too.
bullies, fear

Jessica
Kevin Henkes, Greenwillow, 1989
(Ages 4-8)
Ruthie had an imaginary friend named Jessica, but her parents keep saying to her again and again, "There is no Jessica." Everything Jessica did, Ruthie did! Finally, guess who Ruthie met at school, a real girl, a girl named Jessica.
Friends

Jim Meets the Thing
Miriam Cohen, Bantam Books, 1997
(Ages 4-8)
Jim is ashamed to be the one in his class who is scared of The Thing on television. When a praying mantis climbs on Danny, Jim is the only one brave enough to take it off.
Fear, bravery, shame, problem solving

Joey Runs Away
Jack Kent, Prentice-Hall, 1985
(Ages 3-7)
Joey's room is his mother's pouch. She wants him to clean it. Joey runs away instead. Eventually Joey returns home and cleans his room.
Problem solving, conflict, family

Josephina Hates Her Name
Diana Engel, Consortium, 1999
(Ages 4-8)
After grandma explains she named Josephina after her daring older sister then Josephina appreciates her name.
Self-esteem, problem solving

Julius, the Baby of the World
Kevin Henkes, Greenwillow, 1990
(Baby - Pre-school)
Lilly thinks her new baby brother is disgusting. She has to share a room and keep her voice down while he sleeps. When Lilly tries to do some of the things Julius does, like screaming, she gets put in the uncooperative chair. Nothing her parents try to do helps. She runs away seven times in one morning. When her cousin Garland starts to say Julius is disgusting Lilly decides she doesn't like that... after all Julius is her brother!
New baby, jealousy

Just Like Daddy
Frank Asch, HBJ School, 1993
(Ages 4-8)
When baby bear goes fishing with his parents, he does everything "just like daddy" - well, almost everything.
Family, father/son

Just Like New
Ainslie Manson, Groundwood, 1996
Books, 1996
(All Ages)
Sally decides to share her favorite doll, Ann Marie, with someone who will receive no Christmas toys because of the war.
Sharing

Just Lost!
Gina Mayer, Mercer Mayer,
Golden Books Pub Co Inc., 1994
(Ages 4-8)
When Little Critter goes to the busy, crowded mall with his mother, he loses track of her. This small, suspenseful tale treats an important

subject, and its funny, satisfying ending will be reassuring to children.
Fear

Just Me
Marie Hall Ets, Viking Press, 1965
(Baby - Pre-school)
A little boy copies the animals on a farm.
Self-esteem

Just Plain Fancy
Patricia Polacco, Picture Yearling, 1994
(Ages 4-8)
Naomi, a simple Amish girl, does not understand why her hen hatches into a magnificent bird.
Accepting others, self-esteem

Katy and the Big Snow
Virginia Lee Burton, Houghton Mifflin Co., 1973
(Ages 4-8)
Katy is a tractor who is very confident and uses her talents to give assistance whenever needed. Katy's sense of responsibility and pride is very evident.
Pride, self-esteem, responsibility

The Keeping Quilt
Patricia Polacco, Simon and Schuster, 1998
(Ages 4-8)
A handmade quilt binds together four generation of a Russian-Jewish immigrant family, symbolizing family continuity amid changing.
Family, customs

The Kissing Hand
Audrey Penn, Child Welfare League of America, 1993
(Ages 4-8)
When Chester the raccoon is reluctant to go to kindergarten for the first time, his mother teaches him a secret way to carry her love with him.
Separation anxiety, mothers/sons

The Knight and the Dragon
Tomie dePaola, Putnam Pub., 1980
(Ages 4-8)
A dragon and a knight have a fight. They prepare and have the fight. Finally, with help, they figure out a way to make peace.
Solving conflict

Knots on a Counting Rope
Bill Martin and John Archambault, H. Holt, 1987.
(Ages 4-8)
A blind Native American boy and his grandfather talk about the boy's birth and first horse race.
Values

A Koala for Katie
Jonathan London, Morton Grove, Albert William & Co., 1993
(Ages 4-8)
Katie lives happily with her adopted father. They love and take care of her so much that she decides she wants to adopt a baby. So she does, a perfect little koala bear that she can also love and care for.
Adoption

Koala Lou
Mem Fox, Harcourt Brace Jovanovich, 1989
(Ages 4-8)
Koala Lou runs away when she does not win the gum tree climbing contest. She does not think her mother notices her after the new babies come and she thought winning the contest would make her mother notice her. She learns that her mother does love her!
New baby, love, jealousy

L is for Loving: An ABC for the Way You Feel
Ken Wilson-Max, Hyperion Books for Children, 1999
(Baby - Kindergarten)
An alphabet book presenting the range of emotions from angelic to zippy.
feelings

La Senorita Runfio/ Miss Rumphius
Barbara Cooney, Viking Press, 1996
(Ages 4-8)
A little girl wants to have adventures like her grandfather. He tells her to do one thing well and that is to make the world more beautiful.
Self-esteem

La Verdadera de Los Tres Cerditos / The True Story of the Three Pigs by A. Wolf
Jon Scieszka, Viking, 1989
(Ages 4-8)
The story of the three little pigs is told from the point of view of the wolf.
Perspective

The Land of Many Colors
Klamath County YMCA Family Preschool, Scholastic, 1993
(Baby - Pre-School)
The Colors find that they can get what they want and need through acceptance and cooperation.
cooperation, diversity,

Learning about Forgiveness: From the Life of Nelson Mandela
Jeanne Strazzabosco, Powerkids Publishing, 1997
(Ages 5-8)
Insightfully examines the life of South African President Nelson Mandela and how his character trait of forgiveness is a positive example for young readers to practice in their lives.
forgiveness

Learn the Value of Cooperation
Elaine Goley, Rourke, 1988
(Ages 4-8)
Examines the meaning of cooperation and its value in everyday life.
Cooperation

Leave that Cricket Be, Alan Lee
Judith Vigna, Greenwillow, 1993
(Ages 4-8)
Alan Lee hears a cricket in his house. Its music is so beautiful that he wants to catch it and keep it in his room. When he finally gets the cricket, it stops singing. Sadly he releases the cricket and it begins to make its music once again.
Freedom, respect for living creatures

Leo the Late Bloomer
Robert Kraus, Storytime HarperCollins, 1998
(Baby - Pre-school)
This is a picture book about Leo. It takes him longer to learn how to do things.
Self-esteem

Leo, Zack and Emmie
Amy Ehrlich, Puffin, 1997
(Ages 4-8)
Emmie moves to a new neighborhood. It takes time before Leo and Zack will be her friends.
Friends, moving

Let's Talk About Feeling Sad
Joy Wilt Berry, Scholastic Trade, 1996
(Ages 4-8)
Eliza learns that feeling sad when bad things happen is okay.
feelings
Sadness

Let's Talk About Your Parents' Divorce
Elizabeth Weitzman, PowerKids Press, 1996
(Ages 4-10)
Offers basic advice on how to deal with parents' divorce, including coping with feelings.
divorce, emotions

Let's Talk About Needing Attention
Joy Wilt Berry, Scholastic Trade, 1996
(Ages 4-8)
Casey learns about positive things to do to gain attention instead of whining, crying, or throwing tantrums.
Attention-seeking

Let's Talk About Your Parents' Divorce
Elizabeth Weitzman, PowerKids Press, 1996
(Ages 4-10)
Offers basic advice on how to deal with parents' divorce, including coping with feelings.
divorce, emotions

A Letter to Amy
Ezra Jack Keats, Vikings, 1998
(Ages 4-8)
Peter is having a birthday party and he wishes to invite someone special.
He knows his friends will make fun of Amy because she is a girl. When she arrives Amy does not let the teasing bother her.
Friends, stereotypes

The Lion and the Rat
Jean de la Fontaine, Weston Woods, 1968 (Book & Cassette)
(Ages 4-7)
In this story a lion is kind to a tiny rat.
Gentleness

Little Bear Is a Big Brother
Jutta Langreuter and Vera Sobat, The Millbrook Press, 1996
(Baby - Kindergarten)
The bears at kindergarten had Little Bear worried about how his life would change when the new baby came - but they were wrong!
new baby

The Little Brute Family
Russell Hoban, Yearling Bks, 1992
(Ages 4-8)
The Brute Family is unhappy and grouchy. Little Brute brings home a good feeling and things change.
Unhappy, grumpy, problem solving, family

Little Bunny's Cool Tool Set
Maribeth Boelts, A. Whitman, 1997
(Ages 4-8)
Little bunny usually shares, but when he takes his new tool set to preschool he doesn't want even his best friend to use it.
Sharing

Little Bunny's Sleepless Night
Carol Roth, North-South Books, 1999
(Ages 3-6)
Little Bunny wants a friend to sleep with but finds out that his own bed is a good place to be.
loneliness, bedtime

The Little Engine That Could
Watty Piper, Grossel & Dunlap, 1978
(Ages 3-8)
The classic story of a small train continues to satisfy children with the message of consideration, perseverance and willingness paying off.
Problem solving

Little Lies, Big Lies
Barbara Shook Hagen, Western, 1986
(Ages 4-8)
This book can be used to discuss lying and the importance of honesty.
Lying, honesty

Little Rabbit Goes to Sleep
Tony Johnson, HarperTrophy, 1995
(Baby - Pre-school)
A little rabbit can't go to sleep. He is afraid - it's dark. He watches the dark with grandpa and sees it is full of stars, crickets and the moon.
Fear, problem solving, grandparent

The Little Rabbit Who Wanted Red Wings
Carolyn Sherwin Bailey, Price Stern Sloan, 1988 *(Hardcover book for Baby - Pre-school in 2000.)*
(Ages 4-8)
A little rabbit wants whatever the other animals in the forest have. However, when he gets his wish for red wings no one in the forest recognizes him.
Self-esteem

Little Toot
Hardie Gramatky, Putnam Pub., 1992
(Ages 3-7)
This classic story portrays the loneliness which is felt by someone who is different. It also illustrates how one can accept responsibility and become successful when real effort is made. Little Toot is a tugboat that becomes a hero.
Loneliness, differences, self-esteem

The Lorax
Seuss, Dr. Random House, 1971
(Ages 4-8)
This is an enjoyable book filled with pictures and rhyme. Lorax, a lovable creature, speaks for the trees trying to stop the profit-greedy "Once-ler" from destroying the forest.
Getting along, ecology, problem solving

Loud Mouth George and the Sixth Grade Bully
Nancy Carlson, Carolrhoda Books, 1987
(Ages 4-8)
Small children at school are bullied by an older student. George and his friend Harriet think of a creative way to deal with the bully who steals his lunch.
Bully, problem solving, friends

Love and Kisses
Sarah Wilson, Candlewick Pr., 1999
(Ages 4-8)
"What goes around, comes around." A girl kisses her cat, who in turn kisses a cow, and so on. The affection is passed from animal to animal until, by story's end, the kiss returns to the happy child.
relationships

Love You Forever
Sheila McGraw, Firefly Books, 1989
(Ages 4-8)
A young woman holds her newborn son and sings: "I'll love you forever, I'll like you for always. As long as I'm living my baby you'll be." This is the story of how that little boy goes

through the stages of childhood and becomes a man.
family love

Loving
Ann Morris, Lothrop, Lee & Shepard Books, 1990
(Ages 4-8)
Families from many countries around the world are shown doing many activities together including talking, eating, walking, playing and expressing affection for each other.
Family, love, security

Lucky Russell
Brad Sneed, Putnam, 1992
(Ages 4-8)
A kitten named Russell wants to do an important job on the farm.
Self-esteem

Mad Isn't Bad
Michaelene Mundy, Abbey Pr, 1999
(Ages 4-9)
Besides offering clear and practical suggestions to help children understand and deal with anger, the book offers very practical help in a message for adults.
anger

Maggie and the Monster
Elizabeth Winthrop, Holiday House, 1987
(Ages 4-8)
Maggie wants to get rid of the monster that visits her room every night. She accepts her mother's suggestion to simply ask the monster what it wants.
bedtime, nighttime fears

Making Friends
Fred Rogers, Paper Star, 1996
(Ages 4-8)
Making friends can be a happy experience, but it isn't necessarily one of the easiest. An excellent book to help children understand their feelings.
Making friends, happy

Making Room
Phoebe Koehler, Bradbury Press, 1993
(Ages 4-6)
A dog loves his Master. The dog becomes upset and hurt when his "family" grows and changes.
Hurt, family, change

Mama, Do You Love Me?
Barbara M. Joosee, Chronicle Books, 1991
(Baby - Pre-school)
A young Inuit girl asks if her mother loves her. Her mother reassures her that she does. The Arctic scenes add to the story.
Love, family, self-esteem

Mama Zooms
Jane Cowen-Fletcher, Scholastic, 1993
(Baby - Pre-school)
A young boy concentrates on all the wonderful things his mom can do in her wheelchair.
handicaps

Mandy
Barbara Booth, Lothrop, Lee and Shepard Books, 1991
(Ages 4-8)
Mandy is a hearing impaired child who shows courage as she attempts to find her grandmother's lost pin.
Values

The Ohio Commission on Dispute Resolution and Conflict Management (614-752-9595)
Reprints must contain this credit line and may not be sold for profit.

Margaret and Margarita - Margarita Y Margaret
Lynn Reiser, Lynn Reisser, Greenwillow, 1993
(Ages 4-8)
Margaret and Margarita unwillingly go to the park with their mothers. Both complain that there is no one to play with. When the two little girls meet, even though they cannot speak each other's language, they communicate very well trading words and information.
Friendship, diversity

Martha Walks the Dog
Susan Meddaugh, Houghton Mifflin, 1998
(Ages 3-8)
With the help of a parrot, Martha the talking dog rescues the neighborhood from a bully dog and rescues the bully dog from himself.
bullies, kind words

Martin's Hats
Joan Blos, William Morrow, 1984
(Ages 4-8)
Martin wears different hats to pretend that he is different people like a chef, a steel worker, an explorer, etc.
Self-esteem

Matilda the Moocher
Diana Cain Bluthenthal, Orchard Books, 1997
(Ages 4-8)
Matilda thinks nothing of borrowing Libby's things, but Libby thinks Matilda is taking advantage of her.
Borrowing

Matthew and Tilly
Rebecca C. Jones, Puffin, 1995
(Ages 4-8)
Tilly and Matthew are good friends. They share many adventures. Sometimes they have conflicts but these help lead to a stronger friendship. They learn that a city is a lonely place if they don't have each other to play with.
Conflict escalator, friends, problem solving

Matthew's Dream
Leo Lionni, Alfred A. Knopf, 1995
(Ages 4-8)
Matthew, the mouse, and his family live in a dusty attic surrounded by old newspapers, old toys and broken furniture. Matthew's parents want him to be a doctor but he visits an art museum and dreams about painting and about Nicoletta who loves art. When he grows up he marries Nicoletta and becomes a famous painter. When asked the name of his largest painting, he answers, "Matthew's Dream."
Self-esteem

Max's Bedtime
Rosemary Wells, Dial (Board), 1998
(Baby - Pre-school)
Max cannot sleep without his red rubber elephant. His sister, Ruby, hurls one stuffed animal after another into Max's bed. "Just RELAX, Max," she tells him. Finally Max falls out of bed and discovers his elephant!
Bedtime

Max's Christmas
Rosemary Wells, Dial, 1998
(Baby - Pre-school)
Max, the rabbit, is waiting for Santa on Christmas Eve. Ruby, his older sister, tries to boss him around and tells him not to wait. She is surprised when she finds what Santa leaves.
Siblings

Max's Ride
Rosemary Wells, Dial (Board), 1998
(Baby - Pre-school)
Baby Max and his big sister Ruby are rabbits. Max is riding in a runaway carriage and Ruby begs him to stop!
Siblings

McDuff and the Baby
Rosemary Wells, Hyperion Books for Children, 1997
(Baby - Pre-school)
McDuff enjoys reading the paper with Fred and taking walks in the woods with Lucy, but all that changes when they bring a new baby home.
New baby

Mean Soup
Betsy Everitt, Harcourt Brace Jovanovich, 1992
(Ages 4-8)
Horace feels mean at the end of a bad day until he and his mother make mean soup.
Anger, emotions

The Meanest Thing to Say
Bill Cosby, Scholastic, 1997
(Ages 5-10)
When a new boy tries to get the other students to play a game that involves saying the meanest thing possible to one another, Little Bill shows him a better way to make friends.
alternatives, problem solving, bullies, anger, hurt, loneliness

Mike Mulligan and His Steam Shovel
Virginia Lee Burton, Houghton Mifflin Co., 1978
(Ages 4-8)
Mike has a friendship with his steam shovel Mary Anne. In the story he maintains his faith in her and proves his loyalty to her.
Friends

Mine's the Best
Crosby Newell Bonsall, HarperCollins, 1996
(Baby - Pre-school)
Two little boys try to outboast each other and this eventually destroys the possessions of both.
Boasting

Mirandy and Brother Wind
Pat McKissack, Random Hse, 1988
(Ages 4-8)
Mirandy tries to capture the wind for her partner.
Problem solving

Miss Bindergarten Gets Ready for Kindergarten
Joseph Slate, Dutton Books, 1996
(Ages 4-8)
Students and their teacher prepare themselves for a school day, cleaning up the classroom and going through a morning routine.
school

Miss Maggie
Cynthia Rylant, E. P. Dutton, 1983
(Ages 4-8)
Maggie, who is poor, lives near an Appalachian farm boy, Nat. When Nat notices no smoke coming from her chimney he investigates and discovers she is upset because her bird has died. A friendship develops as the two share with each other.
Friends

Miss Rumphius
Barbara Cooney, Viking Press, 1982
(Ages 4-8)
A little girl wants to have adventures like her grandfather. He tells her to

do one thing well and that is to make the world more beautiful.
Self-esteem

Mitchell Is Moving
Marjorie Weinman Sharmat, Live Oak Media (book & cassette), 1998
(Ages 4-8)
Mitchell, the dinosaur, moves and Marge, his best friend and next door neighbor, ends up moving to remain near him. Children can learn that moving does not mean the end of a friendship nor does it mean one does not like the other.
Friends, moving

The Mixed-Up Chameleon
Eric Carle, HarperCollins, 1998
(Ages 4-8)
The chameleon desires to be more impressive but it finally realizes that its original state is the loveliest and it comes to self-acceptance.
Self-esteem

Mommy, Buy Me a China Doll
Harve Zemach, Farrar Straus & Giroux, 1989
(Ages 4-8)
In this old Ozark mountain lullaby, Eliza Lou is begging her mommy for a china doll, and is all set to trade her daddy's featherbed, leaving Daddy in the horsey's bed, horsey in her sister's bed...with the piggies in Eliza's bed and Eliza in her mommy's lap, dreaming about a china doll.
Bedtime

Mommy, Don't Go
Elizabeth Crary, Parenting Press, 1996
(Ages 4-8)
This is one title in the Children's Problem Solving Series.
Problem solving

A Monster in the House
Elisa Kleven, Dutton Children's Bks, 1998
(Ages 3-8)
As a boy listens to his new neighbor describe the monster who lives in her house, he pictures the horrible things the monster does: making a mess, yelling for food, etc.
new baby, moving

The Monster in the Third Dresser Drawer and Other Stories about Adam Joshua
Janice Lee Smith, HarperCollins. 1987
(Ages 4-8)
Adam Joshua copes with a move, a new baby sister and other familiar events. His understanding parents help him.
Fear, moving, friends, new baby

Monsters of Class 7
Michael Ratnett, Cool Kids Press, 1995
(Ages 4-6)
Princess Priscilla, the polite new student helps Miss Bramble shape up her mischievous class.
behavior

A Mother for Choco
Keiko Kasza, Putnam, 1992
(Ages 4-8)
Choco is a little bird who searches for someone to be his mother.
Self-esteem, accepting others

Move Over, Twerp
Martha G. Alexander, Dial Books for Young Readers, 1981
(Ages 4-8)
Jeffrey defuses a bully by using humor and resourcefulness.
Problem solving, resourcefulness, bully

Moving Molly
Shirley Hughes, Lothrop, Lee & Shepard Books, 1988
(Ages 3-5)
Molly adjusts to the move her family makes after she finds friends next door.
Loneliness, change, moving

Mr. Bear's Chair
Thomas Graham, Dutton, 1987
(Ages 3-7)
When Mrs. Bear sits down to a pancake breakfast, her chair breaks and she crashes to the floor. Mr. Bear takes his ax, cuts down an old hickory tree, and makes his wife a new chair.
Family, problem solving

Mr. Fine, Porcupine
Fanny Joly, Chronicle Books, 1997
(Ages 2-7)
Shunned because of his sharp quills, a good-natured porcupine is distressed until he meets someone who shows him that he is lovable, quills and all.
self-esteem

Mr. Grumpy's Outing
John Burningham, Henry Holt, 1988
(Baby - Grade 1)
Mr. Grumpy is kind to all the animals on his boat, but when the fighting begins a disaster happens.
Fighting

Mr. Rabbit and the Lovely Present
Charlotte Zolotow, Live Oak Media (book and cassette), 1991
(Ages 4-8)
A little girl is looking for a birthday present for her mother and Mr. Rabbit helps her find just the right one.
Family

Mrs. Katz and Tush
Patricia Polacco, Picture Yearling, 1994
(Ages 3-7)
A young boy and a homeless kitten are befriended by a lonely Jewish widow.
Family, friends

Mrs. Piggle-Wiggle's Won't-Pick-Up-Toys Cure
Betty MacDonald, Harper Collins, 1997
(Ages 4-8)
Mrs. Piggle Wiggle offers a solution for Hubert's bad habit of not picking up his toys.
Messiness, problem solving

Much Bigger Than Martin
Steven Kellogg, Dial Books for Young Readers, 1976
(Ages 4-8)
Henry finds it difficult being the smallest. He learns to accept and be happy with the situation and Martin helps him.
Youngest sibling

Mufaro's Beautiful Daughter
John Steptoe, Lothrop, Lee and Shepard, 1987
(Ages 4-8)
Mufaro has two daughters. Nysha is kind and Manyara is selfish and has a bad temper. When the king wants a wife, Manyara, decides she should be chosen.
Community, caring, respect

Music, Music for Everyone
Vera B. Williams, William Morrow & Company, 1984
(Ages 4-8)
Rosa plays her accordion with her friends in the Oak Street Band and earns money to help her mother with

expenses while her grandmother is sick.
Family life, Grandmothers

Mustard
Charlotte Towner Graeber, Macmillan Publishing Company, Inc., 1982
(Ages 4-10)
Alex and his family deal with the death of a much-loved pet. The parents of Alex support him in his grief and share honestly what is happening.
Sadness, death of pet, family

My Best Friend
Pat Hutchins, Greenwillow, 1993
(Ages 4-8)
Two girls are very different and yet they are best friends. One seems to have many talents and the other doesn't. However, at night when they are frightened the girl who "cannot" do things is brave and calms them both.
Friends, differences, fear

My Big Sister Takes Drugs
Judith Vigna, Albert Whitman, 1990
(Ages 4-8)
A young boy suffers through his sister's drug abuse and rehabilitation.
Sister's substance abuse

My Brother, Ant
Betsy Byars, Viking, 1996
(Ages 4-8)
Four delightful stories of Ant and his older brother who helps him in many ways including getting rid of the monster under Ant's bed, and forgiving Ant for drawing on his homework.
brothers, forgiveness, fear

My Family's Changing
Pat Thomas, Barron's, 1998
(Ages 4-8)
This picture book explores the issue of divorce in reassuringly simple terms. Children's fears, worries, and questions about this difficult experience are made accessible and approachable. Tips are included for parents or other helping adults.
divorce, worries, feelings

My Friend John
Charlotte Shapiro Zolotow, Doubleday, 2000
(Ages 4-6)
The book tells what friendship means to children. Each boy knows everything about the other and the friends complement each other.
Friends, cooperation, sharing

My Great Grandpa
Martin Weddell, E.P. Putnam's Sons, 1990
(Ages 4-8)
A little girl tells about what she and Great Grandpa do when she takes him for a ride in his wheelchair. One day when Great Grandpa gets overheated and has to spend the day in bed Granny and the little girl take good care of him.
Grandparent, family

My Little Brother
Debi Gliori, Candlewick Press, 1992
(Ages 4-8)
When it appear that the many schemes she tries in order to get rid of her little brother have failed, a sister has second thoughts.
siblings, big sister

My Mama Says There Aren't Any Zombies, Ghosts Vampires, Creatures, Demons, Monsters, Fiends, Goblins, or Things
Judith Viorst, Atheneum, 1973
(Ages 4-8)
A little boy deals with his fear of the dark and learns to trust his mother's word that the monsters exist only his imagination.
Fear, trust, problem solving, family

My Mother Lost Her Job Today
Judy Delton, Albert Whitman, 1980
(Ages 4-8)
Barbara Anne's mother lost her job. The little girl worries about how they will have Christmas and birthdays. Mom and Barbara Anne talk about it.
Fear, family

My Name Is Not Dummy
Elizabeth Crary, Parenting Press, 1996
(Ages 4-8)
This story can be used to help prevent name calling. Eduardo calls Jenny a name and she must decide what to do.
Problem solving, family, name calling

My Own Big Bed
Anna Grossnickle Hines, Greenwillow Books, 1998
(Ages 2-5)
A child proudly shows off her brand new bed while telling herself the solutions to the problems she might have sleeping in it.
problem solving, nighttime fears

Nana Upstairs and Nana Downstairs
Tomie dePaulo & Thomas Anthony dePaulo, Putnam Publ. Group, 1987
(Ages 4-8)
Shows the love between a child and grandparent and pictures the child's adjustment to death.
grandparents, death

The New Baby at Your House
Joanna Cole, William Morrow, 1998
(Ages 4-8)
This most helpful book about babies and families features several families of different ethnic backgrounds learning about each other and how to live in a family. Some common challenges siblings face are actively addressed.
New baby

The New Friend
Charlotte Shapiro Zolotow, HarperCollins Publishers, Inc., 1981
(Ages 3-7)
A little girl experiences hurt when her friend forsakes her for a new friend. She learns that she will forget her hurt but will always remember her friend.
Friends, loss, hurt

New Life: New Room
June Jordan, Thomas Y. Crowell, 1975
(Ages 4-8)
The Robinson family cooperates to accommodate a new baby. When they can't get a three bedroom project apartment the parents and three children work together to rearrange their two bedrooms as they plan for the new baby. Six year old Linda felt it was like a party.
Problem solving, cooperation, new baby

Nice New Neighbors
Franz Brandenberg, Greenwillow Books, 1977
(Ages 4-8)

Six Field mouse children are new to a neighborhood. They find a way for all of their next-door peers to have parts in the play and thus win a place in the new neighborhood.
Friends, cooperation

Nick Joins In
Joe Lasker, Albert Whitman & Company, 1980
(Ages 4-8)
Understanding parents and sympathetic teachers help Nick resolve his fear of school. Nick is physically disabled, very out going, and will be mainstreamed.
Fear, disability, mainstreaming

Nine-in-One, Grr! Grr!
Blia Xiong, adapted by Cathy Spagnoli, Children's Book Press, 1989
(Ages 4-8)
Tiger is tricked by a bird. This is folktale from among people of Laos.
Bully

No Bath Tonight
Jane Yolen, Harper & Row, 1978
(Ages 4-8)
A small boy refuses to take a bath until his grandmother shows him how to make kid tea.
Family, grandparent

No Biting, Horrible Crocodile!
Jonathan Shipton, Golden Books, 1995
(Ages 3-7)
Nobody wants to play with Florence because she bites until one day she goes too far.
Biting

No Matter What
Debi Gliori, Harcourt, Brace & Company, 1999
(Baby - Pre-school)
Small, a little fox, seeks reassurance that Large will always provide love, no matter what.
family, love, forgiveness

No Nap
Eve Bunting, Clarion Books, 1989
(Ages 4-8)
Dad tries various activities to get Susie tired enough to take her nap, but they only exhaust him.
Family

No! No! No!
Anne Rockwell, Simon and Schuster Books for Young Readers, 1995
(Baby - Pre-school)
After a day when nothing goes right, a child's mood changes at bedtime.
Misbehavior

Nobody Asked Me If I Wanted a Baby Sister
Martha G. Alexander, Dial Books for Young Readers, 1971
(Ages 3-6)
A little boy has feelings of jealousy when his family has a new baby. By the completion of the story he begins to feel that having a new baby sister isn't so bad.
New baby, jealousy

Nobody's Perfect, Not Even My Mother
Nora Simon, Albert Whitman & Company, 1987
(Ages 4-8)
Culturally diverse children and adults are shown pursuing tasks, some of which are untraditional. Children learn that adults face failures and weaknesses just as children do.
Self-esteem, facing failure

Noisy Nora

Rosemary Wells, Dial Books for Young Readers, 1999

(Baby - Pre-school)

Nora, a middle child in the mouse family, uses extreme methods to attract attention.

Middle sibling, attention

Not in Here, Dad!

Cheryl Dutton, Barrons, 1989

(Ages 4-8)

Dad decides to change his smoking habits after his family chases him out of the house. His clothes smell, and he is not in good physical shape.

Parent's substance abuse

Now Everybody Really Hates Me

Jane Read Martin and Patricia Marx, HarperTrophy, 1996

(Ages 4-8)

Patty Jane is sent to her room after she hit her brother. She uses her imagination to go on adventures while she is in her bedroom.

Sibling, self-esteem

Now One Foot, Now the Other

Tomie dePaola, Putnam Pub., 1988

(Ages 4-8)

When his grandfather suffers a stroke, Bobby lovingly teaches him to walk again, just as Grandfather once taught him.

Grandparent, helping

Off to School, Baby Duck!

Amy Hest, Candlewick Press, 1999

(Ages 3-6)

Baby Duck experiences the fear of the first day of school, but with a little help from Grampa, everything turns out okay in the end.

school, fear

Officer Buckle and Gloria

Peggy Rathmann, Putnam Pub Group Juv., 1995

(1996 Caldecott Medal for best illustrations in a children's book)

(Ages 4-8)

This is a fun way to learn safety rules while being entertained by the police dog.

safety, School

Oh, What a Mess!

Hans Wilhelm, Crown, 1988

(Ages 4-8)

Franklin, the only neat one in this family of pigs, inspires his family's cleanup with his picture of a rainbow.

Family, cooperation

Old Henry

Joan W. Blos, Wm Morrow, 1988

(Ages 4-7)

Old Henry, an eccentric stranger, moves into a deserted house. Henry does not feel pressured to conform and fix up his house. He maintains his individuality in spite of his neighbors' opinions. In frustration he moves away but his neighbors realize they miss him and Old Henry also has second thoughts and petitions the mayor to let him return.

Self-esteem

Oliver Button Is a Sissy

Tomie dePaola, Harcourt Brace, 1979

(Ages 4-8)

People think Oliver is a sissy until he shines in a talent show as a fine tap dancer. The book is about the pain of being different, especially from the "acceptable" activities and interests of one's sex.

Teasing, gender stereotype

On Monday When It Rained
Cheryl Kachenmeister, Houghton Mifflin, 1989
(Ages 4-8)
A young boy describes, in words and photographs of his facial expressions, the different emotions he feels each day.
Emotions, various feelings

On Mother's Lap
Ann Herbert Scott, Clarion, 1992
(Baby - Pre-school)
Love is shared in this Eskimo home. The mother's lap has plenty of room for everyone and everything. It is a special place.
Love, new baby

Once a Mouse
Marcia Brown, Atheneum, 1972
(All Ages)
A hermit protects a mouse by changing him into different animals. Because the mouse, who is now a tiger, acts superior and is ungrateful he is changed back into a mouse.
Self-esteem

101 Things to Do with a Baby
Jan Omerod, Wm Morrow, 1984
(Ages 4-8)
Beginning with "1. Say good morning" and ending with "101 and a kiss good night," this book is a list of all the things a big sister can do with her baby through the day.
New baby

Opening Night
Rachel Isadora, Greenwillow, 1984
(Ages 5-7)
Heather has a sense of accomplishment. Her hard work of practicing has paid off. She is rewarded for her hard work as she hears the applause.
Self-esteem

Over the Moon : An Adoption Tale
Karen Katz, Henry Holt & Co., 1997
(Ages 4-8)
A man and woman anticipate their soon-to-be-born adopted baby, receive the news of her birth, and fly to the ``faraway place" where they meet their child. The message is reassuring: ``Forever and always we will be your mommy and daddy. Forever and always you will be our child.".
adoption

Owen
Kevin Henkes, Greenwillow Books, 1993
(Baby - Pre-school)
Owen's parents try to get him to give up his favorite blanket before he starts school, but when their efforts fail, they come up with a solution that makes everyone happy.
security items, problem solving, secure

Owl Babies
Martin Waddell, Scholastic, 1992
(Baby - Pre-school)
When the owl babies wake in the middle of the night, there mother is gone.
separation anxiety, worry, fear

The Patchwork Quilt
Valerie Flournoy, E.P. Dutton, 1985
(Ages 4-8)
Tanya is part of a loving black family. Grandma, who is part of the family, helps them remember family history by making a quilt. Tanya helps to do the quilt when grandma is sick. The quilt is a treasure of memories and the family shares time reflecting on their love for each other.
Family

Peace Begins With You
Katherine Scholes, Sierra Club Books, 1994
(Ages 4-8)
An explanation of what peace means and how it can be accomplished is given. Multicultural illustrations accompany the explanation.
Peace

Peace Tales: World Folktales to Talk About
Margaret Read MacDonald, Linnet Books, 1992
(All Ages)
This is a collection of folktales from cultures around the world. Different aspects of war and peace are seen.
War, peace

A Peaceable Kingdom
Alice and Martin Provenson, Viking Press, 1981
(Ages 4-8)
This is a picture book of the alphabet as taught by the Shakers to their children, with the theme of peacefulness.
Peace

Pearl's Marigolds for Grandpa
Jane Breskin Zalben, Simon & Schuster, 1997
(Ages 3-8)
A young girl goat copes with the death of her grandfather by remembering all the things she loved about him. A back section provides information about funeral customs of various religions.
death, grandparents

Pelle's New Suit
Elsa Maartman Beskow, Gryphon House, 1993
(All Ages)
This children's classic shows the value of teamwork and resourcefulness in order to accomplish a goal. In this case Pelle has a new suit because of the efforts of all.
Cooperation, resourcefulness

Penny and the Captain
Jane Breskin Zalben, Collins/World, 1978
(Ages 4-8)
Penny, a penguin, becomes homesick. Captain Jenkins, a walrus, gives her an iceberg for her birthday. The captain misses her and realizes it is good to be alone but it is also good to be with friends.
Friends

People
Peter Spier, Doubleday, 1980
(Ages 4-8)
This picture book is for all ages. It celebrates the differences in four billion people with no two being alike.
Self-esteem, differences

Pete's Chicken
Harriet Ziefert, Tambourine Books, 1994
(Ages 3-6)
Pete draws a chicken at school. The others laugh but he realizes that the chicken in unique, just like him.
teasing, self-esteem, hurt, pride

Peter's Chair
Ezra Jack Keats, Viking Children's Books, 1998
(Ages 3-7)
Peter becomes a big brother and this story describes his feelings and his growing sense of importance.
New baby

The Ohio Commission on Dispute Resolution and Conflict Management (614-752-9595)
Reprints must contain this credit line and may not be sold for profit.

Pigsty
Mark Teaque, Scholastic Tr, 1994
(Ages 4-8)
When Wendall won't clean his room, a whole herd of pigs come to live with him.
Messiness

A Place For Ben
Jeanne Titherington, William Morrow, 1988
(Ages 4-8)
Ben desires a place that belongs to him. He finds a place in the garage away from Ezra, his little brother. Ben realizes he is lonely in his own place and only Ezra comes to be with him.
New baby

Play With Me
Marie Hall Ets, The Viking Productions, 1955
(Ages 4-8)
A preschool girl is happy when numerous animals lose their fear and sit beside her.
Friends

A Pocketful of Cricket
Rebecca Caudill, Henry Holt, 1975
(Ages 4-8)
Jay goes to school with a cricket in his pocket. He shares the cricket who is his friend at show and tell.
Friends

Poinsettia & Her Family
Felicia Bond, HarperCollins Childrens Press, 1981
(Ages 4-7)
Poinsettia is part of a large family of pigs. She desires privacy and more room. After spending a day alone, she realizes how much her family means to her.
Family, need for privacy

Pookins Gets Her Way
Helen Lester and Lynn Munsinger, Houghton Mifflin, 1990
(Ages 4-8)
Pookins is a young child who always gets her way. She learns that getting everything she wants does not always make her happy.
Happy, values

Poor Carl
Nancy L. Carlson, Viking, 1989
(Ages 4-8)
A new baby makes things different at home.
New baby

The Popcorn Dragon
Catherine Woolley, Morrow, 1953
(Kindergarten)
None of the animals want to play with Dexter the dragon because he is a show- off. The children could discuss what Dexter does to cause the problem and what he does to change the situation.
Friends

The Potato Man
Megan McDonald, Orchard Books, 1991
(Ages 4-8)
Boys in the neighborhood tease the potato man. Mr. Angelo, the potato man, treats the boys with gentleness and understanding. Some of them show they are sorry and are kind to Mr. Angelo.
Teasing

Presenting Tanya the Ugly Duckling
Patricia Lee Gauch, Philomel Books, 1999
(Ages 3-8)
When she has trouble mastering her dance steps in the part of the Ugly Duckling for the spring ballet recital,

Tanya is discouraged and fears that she has much in common with the character.
fears, differences

The Quarreling Book
Charlotte Zolotow, Harper Trophy, 1982
(Ages 4-8)
The book shows how hostile feelings can start a chain of events just as a chain of pleasant events can reverse the situation. The rain puts everyone in a quarreling mood until the sun shines and everyone is back to normal.
Anger, conflict escalator

Quick As a Cricket
Audrey Wood, Child's Play, 1989
(Ages 4-8)
A little boy uses many different phrases, "Quick as a cricket, strong as an ox, loud as a lion," and puts them all together to describe himself.
Self-esteem

Rachel and Obadiah
Brinton Turkel, Dutton Books, 1978
(Ages 4-8)
Rachel and her brother Obadiah are Quakers in Nantucket Island. Whenever a ship returns, a child is chosen to spread the word. Rachel wants to be chosen, but Obadiah tells her girls can't run as fast as boys. Rachel gets a chance to deliver the news.
Stereotype, self-esteem

The Rainbow Fish
M. Pfister, North-South Books Board Ed., 1996
(Baby - Pre-school)
The most beautiful fish in the entire ocean discovers the real value of personal beauty, friendship and sharing.
Sharing, self-esteem, friends

Rainbow Fish to the Rescue
Marcus Pfister, North South Books, 1995
(Ages 4-8)
Rainbow Fish rescues a striped fish from a shark, even though he and his friends had just excluded that fish from their game.
Belonging, differences, courage

Ralph's Secret Weapon
Stephen Kellogg, E.P. Dutton, 1983
(Ages 4-8)
Ralph spends summer vacation with his eccentric Aunt Georgiana. She has many plans for Ralph and projects for herself as well. The two come to terms with recognizing the needs of each other and their positive relationship continues.
Family relationships, problem solving

Ramona and Her Father
Beverly Cleary, Morrow, 1977
(Ages 4-8)
Father loses his job when Ramona is in second grade and mother goes to work. Father is worried and cranky when he watches Ramona after school. After Christmas he gets a job.
Family

Rechenka's Eggs
Patricia Polacco, Putnam Publishers 1988
(Ages 4-8)
Babushka discovers an injured goose who lays the most marvelous eggs.
Self-esteem, accepting others

Regina's Big Mistake
Marissa Moss, Houghton Mifflin, 1990
(Ages 4-7)
When told to draw a jungle in art class, Regina experiences feelings of failure and insecurity, but manages to create a beautiful picture that's all her own.
self-confidence, insecurity

The Relatives Came
Cynthia Rylant, Simon & Schuster, 1986
(Ages 4-7)
Relatives from Virginia come to visit. Squeezing together and sharing space is a joyous time for all. Family members care about each other and appreciate their time together.
Family, caring, sharing

Roger Takes Charge!
Susanna Gretz, Dial Books for Young Readers, 1990
(Ages 4-6)
Roger is bossed by Flo. He is finally tired of this so he takes charge.
Bully, problem solving

A Rose for Abby
Donna Guthrie, Abingdon Press, 1988
(Ages 4-8)
Young Abby's compassion and courage inspire her neighbors and family to start a soup kitchen in the church. The rose is an unexpected "thank you."
Courage, self-esteem, compassion

Rosie and Michael
Judith Viorst, Atheneum Publ., 1974
(Ages 4-8)
Rosie and Michael are friends and the picture books describes the qualities of true friendship: trust, acceptance of each other, and loyalty.
Friends

Rosie Runs Away
Maryann MacDonald, Atheneum, 1990
(Ages 4-8)
Mama is busy taking care of Rosie's little brother, Matt. Rosie wants to bake with Mama. She decides to run away.
New baby, frustration, jealousy

Rosie's Walk
Pat Hutchins, Simon & Schuster, 1968
(Ages 4-8)
Rosie sees a fox while walking and ignores it.
Bully, problem solving

Roxanboxen
Alice McLerran, Lothrop, Lee, and Shepard, 1991
(Ages 4-8)
A hill covered with rocks and wooden boxes becomes an imaginary town for Maria, her sisters and their friends.
Friends, sibling

Ruby the Copycat
Peggy Rathman, Scholastic, 1997
(Ages 4-8)
Ruby wants to copy Angela until her teacher helps her to discover her own talents.
Self-esteem, copying

Runaway Bunny
Margaret Wise Brown, HarperFestival, 1991
(Baby - Pre-school)
No matter where he goes or how he looks, the little bunny's mother will always find him.
parents, security, love

Sachiko Means Happiness
Kimiko Sakai, Children's Bk., 1995.
(Ages 4-8)
Although at first five year old Sachiko is upset when her grandmother no longer recognizes her, she grows to understand that they can still be happy together.
sickness, grandparents

Sad Isn't Bad: A Good Grief Guidebook for Kids Dealing With Loss
Michaelene Mundy, Abbey Pr., 1998
(Ages 4-8)
Positive, life-affirming advice for coping with loss as a child. Helps to comfort children facing the worst and hardest kind of reality.
coping with loss

Salt Hands
Jane Chelsea Aragon, Puffin, 1994
(Ages 4-8)
A deer takes salt from a little girl's hand.
Gentleness

Sam
Ann Herbert Scott, Paper Star Books, 1996
(Ages 3-7)
Sam, a preschooler, feels unwanted because no one has time for him. He is the youngest and feels rejected. His mom helps solve the problem.
Belonging, youngest sibling, rejection

Sam Who Never Forgets
Eve Rice, William Morrow, 1989
(Ages 4-8)
In the park, Sam the zoo keeper feeds the animals. Sam never forgets - or does he? Poor hungry elephant is not so sure.
Responsibility, worry

Sam's Bath
Barbro Lindgren, Morrow, 1983
(Baby - Pre-school)
Sam puts his truck, teddy bear, and cookie in the tub, then goes after doggie, who does not want to take a bath.
Problem solving

Sam's Car
Barbro Lindgren, William Morrow & Company, Inc., 1988
(Baby - Pre-school)
Sam and Lisa fight over a car until their mother provides a solution.
Sharing, not sharing

Sam's Cookie
Barbro Lindgren, William Morrow & Company, Inc., 1988
(Baby - Pre-school)
Sam and his dog fight over a cookie and the dog wins. Sam's mom steps in and gives him another cookie. Discussion can follow on sharing, etc.
Sharing, not sharing

Saying Goodbye to Daddy
Judith Vigna, Albert Whitman & Co., 1991
(Ages 5-8)
When a little girl loses her father unexpectedly, she finds it hard to understand what is happening. She misses him terribly, but her mother and grandfather help her to understand and to cope.
Death

Seeds of Love: For Brothers and Sisters of International Adoption
Mary Ebejer Petertyl, 1997
(Ages 4-8)
This lovely book will help brothers and sisters of international adoption work through their feelings about

being separated from their parents who need to travel to receive the baby.
Adoption, Family

Shadow
Blaise Cendrars, Aladdin Bks, 1995
(Ages 4-8)
The text, translated from the French, describes the mysterious eeriness of the shadow figure in African tribal life.
Fear, differences, perception

Shapes, Shapes, Shapes
Tana Hoban, Wm Morrow, 1986
(Ages 4-8)
Children are encouraged to look for many different shapes and develop their observation skills.
Observation skills

Sharing
Susan Riley, The Child's World, 1995
(Ages 4-8)
This book teaches the concept that sharing shows that you love someone and that you care.
Sharing, caring

She Come Bringing Me That Little Baby Girl
Eloise Greenfield, HarperTrophy, 1993
(Ages 4-8)
A little boy is jealous of his new baby sister. When he realizes that he is needed, he is able to share his mother's love with the baby and he is proud of his baby sister.
New baby, jealousy, caring

Sheila Rae, The Brave
Kevin Henkes, Greenwillow, 1987
(Ages 4-8)
Sheila Rae was brave, indeed, but when she did finally get scared, she was very glad to see her little sister.
Fear, siblings, family

Shy Charles
Rosemary Wells, Puffin, 1992
(Ages 4-8)
This is a picture book. Bashfulness with baby-sitters is seen in the story.
Fear, emotions

Silly Fred
Karen Wagner, Macmillan Publishing Company, 1989
(Ages 4-8)
Fred's mother called him "Silly Fred" because he liked to sing silly songs and turn silly somersaults. Fred's parents enjoyed him. When Fred met Beaver he discovered that Beaver did not enjoy his silliness. He stopped being silly. He finally discovered that Beaver, who was so serious, was not happy! Fred decided he wanted to be happy, and silly and be himself.
Self-esteem, happy

Sisters
David McPhail, Harcourt Brace Jovanovich, 1984
(Ages 4-8)
Two siblings differ in some ways and are alike in others. The thing that is most alike is their love for each other.
Siblings, love

Six Crows
Leo Lionni, Alfred A. Knopf, 1988
(Ages 4-8)
When a farmer and crows are fighting a wise owl acts as a peacemaker and helps them come up with a compromise.
Conflict, problem solving, compromise

Sloppy Kisses
Elizabeth Winthrop, Aladdin, 1990
(Baby - Pre-school)
Sometimes people embarrass their children by kissing them in public. Emmy Lou Pig was not embarrassed. However, when Rosemary told Emmy Lou Pig that kissing is for babies that changed. Emmy Lou Pig told her family she would not kiss Papa good-bye when he dropped her off at school and there would be no more kisses at home. In the end Emmy Lou missed her family's affectionate good-byes, goodnights, and even Papa's sloppy kisses.
Family, embarrassment

Smoky Night
Eve Bunting, Harcourt Brace, 1994
(Ages 4-8)
A young African American boy reaches out to his Asian neighbor during the 1992 Los Angeles riots.
Getting along

The Sneetches and Other Stories
Seuss, Dr. (T. Giesel), Random House, 1988
(All Ages)
This is a book filled with pictures and rhyme.
Getting along

Some Things Go Together
Charlotte Zolotow, HarperFestival, 1999
(Baby - Pre-school)
A mother and her little boy share some moments together and their loving relationship is evident.
Family relationships

Somebody Loves You, Mr. Hatch
Eileen Spinelli, Simon & Schuster, 1992
(Ages 4-8)
A Valentine gift that Mr. Hatch mistakenly receives, makes him think someone cares for him and turns him into a happy person.
acceptance

Something Special
David McPhail, Little, Brown, 1988
(Ages 4-8)
Surrounded by parents and siblings with remarkable talents, Sam Raccoon longs to be good at something himself, and finds his own special niche when he discovers the pleasures of painting.
Self-esteem

Something Special for Me
Vera B. Williams, Greenwillow, 1983
(Ages 4-8)
Rosa's Mama and Grandma decide she should use the money in the savings jar to buy something special for her birthday. She struggles to find something that is just right for her. She is able to demonstrate her independence and individualism by deciding on an accordion.
Self-esteem

Something Special Within
B. Richter, DeVorss, 1982
(Ages 4-8)
Part of feeling good about oneself has to do with loving and caring.
Self-esteem, loving, caring, pride

Sometimes I Get So Mad
Paula Z. Hogan, Raintree Childrens' Books, 1980
(Ages 4-8)
Karen is angered by the rejection of an older girl and she strikes out at

her sister and then at the older girl. Her mother helps her to accept her anger and to express it verbally. This helps her readiness to express her other emotions.
Anger, problem solving, friends, expressing anger

Sometimes I Like to Cry
Elizabeth Stanton & Henry Stanton, Albert Whitman & Company, 1987
(Ages 4-8)
Joey discovers, and his parents agree, that sometimes crying is necessary and right. He learns to accept his emotions.
Emotions are good, crying

A Special Trade
Sally Wittman, Harper & Row, Publishers, 1978
(Ages 2 - 5)
This is a story of friendship between Bartholomew and Nell who are neighbors. Time and change effects a role reversal as Nell grows up and needs less help while Bartholomew ages and needs more help.
Friends

Spinky Sulks
William Steig, Farrar Straus and Giroux, 1988
(Ages 4-8)
For reasons too silly to bear much inspection, Spinky has gone into a world-class sulk, and nothing his parents or his siblings or even his grandmother do is going to persuade him to come out of the yard. In this glorious, hilarious, painfully wonderful book, text and illustrations are united to convey the palpable rage of a real tantrum and the delicacy needed to negotiate a way out.
Anger, problem solving, sulking, family

Stephanie's Ponytail
Robert N. Munsch, Annick Press, 1996
(Ages 4-8)
This is a picture book. A girl learns it is all right to be different.
Differences, self-esteem

Stevie
John Steptoe, Harper Trophy, 1986
(Ages 4-8)
Stevie and an older boy have conflicts. Finally Stevie realizes that he needs the older boy.
Problem solving, conflicts

The Storm Book
Charlotte Shapiro Zolotow, HarperTrophy, 1989
(Ages 4-8)
Children who are afraid of storms would be left with positive feelings after hearing this story. The boy in the story is intrigued with the beauty of the effects of storms.
Fear, emotions

Storm in the Night
Mary Stolz, HarperCollins, 1988
(Ages 4-8)
While sitting through a fearsome thunderstorm that has put the lights out, Thomas hears a story from Grandfather's boyhood, when Grandfather was afraid of thunderstorms.
grandparents, fear

The Story of Ferdinand
Munro Leaf, Viking Press, 1987
(Ages 4-8)
Ferdinand, the bull, prefers to sit and smell the flowers rather than fight.
Peace

Superduper Teddy
Johanna Hurwitz, Puffin, 1991
(Ages 4 - 7)
Five year old Teddy is shown growing in self-esteem as he fights shyness, assumes independence and solves problems.
Self-esteem

Swimmy
Leo Lionni, Knopf, 1991
(Ages 3-7)
A mutual problem is solved through the cooperation and guidance of Swimmy as the leader of all of the fish.
Cooperation, conflict, problem solving

Tacky the Penguin
Helen Lester, Houghton Mifflin, 1988
(Ages 4-8)
A book that helps the reader know it is all right to be different. Tacky, the penguin sings goofy songs, marches in a most "unpenguin" way and does cannonball dives. A hunter comes to trap some of the perfect penguins. When the hunters see Tacky and his goofy ways they leave to find "perfect" penguins and so the others are safe!
Being different, self-esteem

The Tale of Peter Rabbit
Beatrix Potter, Frederick Warne, 1906
(Ages 4-8)
Peter Rabbit has conflicts with Mr. MacGregor.
Conflict

Tales of Amanda Pig
Jean Van Leeuwen, Puffin, 1994
(Ages 4-8)
Five stories about Amanda Pig and her family are in this book. They are a loving family that share happy times together. They are also ordinary siblings who have arguments.
Family, siblings

Talking About Family Breakup
Jillian Powell, Raintree Steck-Vaughn, 1999
(Ages 4-10)
Explains the emotional and practical problems that arise when family members separate because the parents are breaking up, discussing what happens to the children, how life will change, and how it will be the same.
separation, divorce, emotions

The Tantrum
Kathryn Lasky, Macmillan, 1993
(Ages 4-8)
A little girl has a temper tantrum and disrupts the whole family.
Anger, temper tantrums

Tar Beach
Faith Ringgold, Crown Publishers, 1991
(Ages 4-8)
Cassie Louise Lightfoot wants to be able to go wherever she wants. One night when she is on the roof of her apartment she finds she can fly wherever she wants to go.
Perspective in conflict

The Teacher from the Black Lagoon
Mike Thayer, Scholastic, 1989
(Ages 4-8)
A little boy is afraid when he hears that his new teacher is really a monster.
Fear, emotions

Teammates
Peter Golenbock, Raintree/Steck Vaughn, 1988
(Ages 4-8)
Jackie Robinson was the first African-American Major League baseball player. This books tells the story of his courage as he faces conflict wherever the team went.
Prejudice, caring, diversity, conflict, courage

Teddy Bear Tears
Jim Aylesworth, Antheneum, 1987
(Ages 3-6)
When a little boy's teddy bears have trouble sleeping because of strange noises in the boy's room, he consoles them by bringing them up tight to him to keep them protected.
Bedtime fear

The Teeny Tiny Woman
Jane O'Connor, Random House, 1986
(Ages 4-8)
The teeny-tiny woman hides the teeny-tiny bone she finds in the teeny-tiny churchyard. A slightly scary and mostly funny old English ghost story, retold with enthusiasm.
Self-esteem

Tell Me Something Happy Before I Go to Sleep
Joyce Dunbar and Debi Gliori
Harcourt Brace, 1998
(Baby - Pre-School)
Willa has trouble falling asleep until her brother reminds her of all the happy things that are waiting for her in the morning.
siblings, nighttime fears

The Temper Tantrum Book
Edna Mitchell Preston, Puffin Books, 1976
(Baby - Pre-school)
A number of baby animals are having temper tantrums. Each one is upset and creating quite an uproar. They each tell why they are upset.
Temper tantrum, anger

Ten, Nine, Eight
Molly Bang, Tupelo Books, 1998
(Baby - Pre-school)
As a little girl gets ready for bed, her father joins her in counting backwards from ten. They describe some of the things in her room.
Family

The Terrible Thing That Happened at Our House
Margery Kay Blaine, Four Winds Press, 1980
(Ages 4-8)
A brother and sister go through changes as their mother returns to work. The children are not prepared for the changes in their family life. Eventually the whole family talks about how things have changed and how they can handle them. The parents and children share the family workload and also set aside time each day to spend together.
Cooperation, mom working, win-win, change

That New Baby: An Open Family Book for Parents and Children Together
Sara Bonnett Stein, Walker & Co., 1984
(Ages 3-8)
Feelings of uncertainty, happiness and jealousy that a child might have before or after a new baby are described. Also demonstrated are the parents' love and concern as they help show how dependent the baby is and how each family member is extremely important. A

guide for parents is included on each page.
New baby

That New Boy
Mary Lystad, Crown, 1973
(Ages 4-8)
A new boy moves in across the street. All George sees is his nerdy clothes and big glasses. George is not sure he wants to play with him. With his father's encouragement George tries to be his friend.
Friends, differences, moving

There's an Alligator Under My Bed
Mercer Mayer, E.P. Dutton, 1987
(Ages 4-8)
A little boy is the only one who sees the alligator under his bed. He realizes he will have to solve his own problem.
Fear, problem solving

There's a Monster Under My Bed
James Howe, Atheneum, 1986
(Ages 4-8)
This is a picture book about night when a young child thinks there is a monster under the bed.
Fear, problem solving

There's a Nightmare in My Closet
Mercer Mayer, Dial Books for Young Readers, 1990
(Ages 4-8)
A little boy learns to overcome his fear of the dark and nightmares by facing the situation.
Fear, problem solving

There's Something in My Attic
Mercer Mayer, Dial, 1988
(Ages 4-8)
Fears about the attic are the subject of this book. Convinced there is something making noise in the attic at night, a brave little girl sneaks up the stairs, lasso in hand, to capture whatever it is.
Fear, courage, problem solving

Things I Hate
Harriet Wittels and Joan Greisman, Human Science Press, 1973
(Ages 4-8)
The book is about an eight year old boy. It highlights many things the boy "hates" to do or is fearful of doing. The book also highlights the positive aspects and can be used to help a child overcome fears, anxieties and hateful activities.
Hate, fear, anxiety, problem solving, positive aspects of emotions

This is the Bear
Sarah Hayes, Lippincott, 1986
(Baby - Pre-school)
"This is the bear who fell in the bin" begins this story of a teddy bear who takes an accidental trip to the dump.
Self-esteem

This Is Me
Lenore Blegvad, Random House, 1986
(Baby - Pre-school)
Pictures of family objects and child's body parts are in this book.
Self-esteem

This is the Way We Go to School: A Book About Children Around the World
Edith Baer, Scholastic, 1990
(Ages 4-8)
Children around the world all go to school in some type of transportation.
Similarities

Three Brave Women
C.L.G. Martin, Macmillan, 1991
(Ages 3-7)
Caitlin did not like Henry because she thought he would tell others of her fear of spiders and that she wore duck underpants. She and her mother and grandmother share their fears and come up with a plan to prove to Henry that Caitlin is brave.
Fears, problem solving

Three Cheers for Tacky
H. Lester, Houghton Mifflin, 1994
(Ages 4-8)
Tacky, the penguin, adds his own unique touch to his team's routine at the Penguin Cheering contest with surprising results.
Being different, self-esteem

A Three Hat Day
Laura Geringer, Harper & Row, 1985
(Ages 4-8)
R. R. Pottle the Third is eccentric. He wears hats and tries to find someone who will accept him. He learns he can be appreciated for who he is. He does not have to conform to the expectations of others.
Self-esteem

The Three Robbers
Tomi Ungerer, Atheneum, 1962
(Ages 4-8)
Tiffany is an orphan who is in a carriage that is robbed. She is able to change the three evil men who kidnapped her. They use their wealth to buy a castle for abandoned children. The children in turn build a village with three tall, high-roofed towers around the castle in memory of their kind foster fathers.
Friends, love of people, problem solving

Three Wishes
Lucille Clifton, Dell Yearling, 1974
(Ages 4-8)
James and John have been friends for a long time. They become enemies when John becomes fed up with James' bossy ways.
Conflict, friends

Through Moon and Stars and Night Skies
James Graham Hale, HarperCollins 1992
(Ages 4-8)
The narrative tells the story of a child traveling from Asia to meet his adoptive parents in the US. Written in the child's voice, the simple text conveys his sense of loss, the fear of the unknown and the thrill of anticipation.
Adoption, family, feelings

Thump and Plunk
Janice Udry, Harper and Row, 1981
(Ages 4-8)
Thump and Plunk are brother and sister mice who fight over their dolls, Thumpit and Plunkit. Their mother helps them to solve their problems.
Siblings, fighting, problem solving

Thunder Cake
Patricia Polacco, Philomel, 1990
(Ages 4-8)
A little girl has a fear of thunderstorms. Her grandmother helps her overcome her fear.
Values, fear

Thy Friend, Obadiah
Brinton Turkle, Viking Press, 1969
(Ages 4-8)
Obadiah, a little Quaker boy, lives near the sea. A seagull follows him

everywhere, embarrassing him and causing others to tease him. One day, Obadiah rescues the bird from a fish hook, and he becomes happy to have the bird as a friend.
Friends, embarrassment, hero, happy, teasing

Tiger and the New Baby
Vivian French and Rebecca Elgar
Kingfisher, 1999
(Baby - Pre-school)
Tiger doesn't like his little sister at first but eventually decides she's OK and gets her to smile for the very first time.
new baby

A Tiger Called Thomas
Charlotte Shapiro Zolotow, Lothrop, Lee & Shepard Books, I988
(Ages 4-6)
A little girl creates imaginary friends to deal with stress and to keep herself from feeling lonely after she moves. Once she meets a real friend her imaginary friends are no longer needed.
Friends, loneliness

Tikki Tikki Tembo
Arlene Mosel, Holt (Henry) and Company, Inc., 1968
(Ages 4-9)
In this old folktale partiality is shown to an older son.
Sibling, doesn't like name

Tillie and the Wall
Leo Lionni, Alfred A. Knopf, 1989
(Ages 4-8)
Unlike the other mice who are not curious about the wall that has always been part of their world, Tillie is determined to find out what is on the other side of the wall.
Curiosity, problem solving

Tim, the Peacemaker
Uwe Friesel, Scroll Press, 1971
(Ages 4-8)
Tim plays a flute so beautifully that all who hear him stop whatever they are doing to listen. He stops constructive work, but he also stops soldiers from fighting.
Problem solving, self-esteem

Timothy Goes to School
Rosemary Wells, Dial Books for Young Readers, 1981
(Ages 3-8)
Timothy is upset the first day of school when he is put down and upstaged by Claude. He makes friends with Violet who understands and shares his feelings.
Friends, peer pressure, jealousy

Today Was a Terrible Day
Patricia Reilly Giff, Viking, 1980
(Ages 5-9)
Ronald is having a terrible day until his teacher writes him an understanding note.
Frustration, kindness, bad day

Together
George Ella Lyon, Orchard Books, 1989
(Ages 4-8)
This is a beautiful celebration of an inter-racial friendship.
Multi-culturalism, friendship

Tom and the Two Handles
Russell Hoban, Harper and Row, 1965
(Ages 4-8)
This is a story about friendship and fighting.
Friends, fighting

Trade-in Mother
Marisabina Russo, Greenwillow, 1993
(Ages 4-8)
Max discusses with his mother good reasons why he would like to trade her in, but admits there is one reason to keep her.
Family, love

The Trouble with Tyrannosaurus Rex
Lorinda Bryan Cauley, Harcourt, 1988
(Ages 4-8)
The story of how Duckbill and Ankylosaurus scare away Tyrannosaurus Rex, the terror of the forest.
Fear, problem solving

The True Story of the Three Pigs by A. Wolf
Jon Scieszka, Viking, 1989
(Ages 4-8)
The story of the three little pigs is told from the point of view of the wolf.
Perspective

Tusk, Tusk!
David, McKee, Kane/Miller Book Publishers, 1990
(Ages 4-8)
One white and one black elephant almost destroy our peaceful world.
Problem solving

Two Bad Ants
Chris Van Allsburg, Houghton Mifflin, 1988
(Ages 4-8)
Two ants go exploring. The story tells their view of the world.
Perspective

Two Giants
Michael Foreman, Pantheon, 1967
(Ages 4-8)
Sam and Boris both want the same pink shell. They have their first argument. These two giants then realize how ridiculous it is for the equally powerful giants to fight each other.
Problem solving, fighting

The Two of Them
Aliki Liacouras Brandenberg, Greenwillow Books, 1979
(Ages 3-7)
This story is about the tender relationship of a girl and her grandfather. From her birth he displays love and care for her and in sickness and old age she loves and cares for him.
Death, love, grandparent

Ty's One Man Band
Mildred Pitts Walter, Scholastic, 1980
(Ages 4-8)
Ty has nothing to do while everyone else is working hard. Andro, who is a circus performer, teaches Ty to make music using ordinary objects. Ty shares his gift with everyone in the neighborhood.
Community, caring, sharing

The Velveteen Rabbit: Or, How Toys Become Real
Margery Bianco Williams, Henry Holt & Company, Inc., 1983
(All Ages)
Love transforms a toy rabbit into something real.
Love, emotions

The Very Busy Spider
Eric Carle, Philomel, 1995
(Baby - Pre-school)

A spider has many interruptions as she is spinning her web. She keeps working in spite of her interruptions and is able to finish the web. This enables her to catch a fly and have a place to sleep.
Perseverance

The Very Worst Monster
Pat Hutchins, Wm Morrow, 1985
(Baby - Pre-school)
Billy , a baby boy monster, is born to the Monster family. He is expected to grow up to be the worst monster. Hazel, his older sister, tries to get attention by being the very worst monster.
New baby

A Walk in the Rain
Ursel Scheffler, G. P. Putnam's Sons, 1986
(Ages 4-8)
This book is the story of an afternoon walk in the rain which Josh and his grandmother enjoy. Josh discovers many things and the story ends with Barney, Josh and Grandmother back home listening to Grandfather read a book.
Grandparents

The Way Mothers Are
Miriam Schlein, Concept Bk., 1993
(Ages 4-8)
This story helps children to understand that a mother can love a child even though she doesn't like what the child does.
Love, family

We Are Best Friends
Aliki Liacouras Brandenberg, William Morrow, 1982
(Ages 4-8)
Robert is very lonely when his best friend, Peter, moves. He finds that while his new friend does not replace his old one, he does make life fun again.
Loneliness, moving, change

We Can Get Angry: A Child's Book of Choices
Lauren Murphy Payne, Free Spirit Publisher, 1997
(Ages 5-8)
Describes how it feels when people get along well together, and when they do not, and explains that one has control over how he/she reacts in both situations.
getting along, feelings

We're Different, We're the Same
Bobbi Jane Kates, Random House, 1992
(Ages 4-8)
The Sesame Street characters teach young children about racial harmony. Muppets, monsters, and humans compare noses, hair, and skin and realize how we all are different, but we are all alike.
Differences, Prejudice

The Wednesday Surprise
Eve Bunting, Clarion Books, 1989
(Ages 4-6)
On Wednesday nights when Grandma stays with Anna everyone thinks she is teaching Anna to read. Anna surprises everyone by teaching her grandmother to read.
Family, self-esteem

A Weekend with Wendell
Kevin Henkes, Wm Morrow, 1986
(Ages 4-8)
Sophie does not enjoy energetic, bossy Wendell's weekend visit until Sunday, when she starts making some of the rules too, thereby moving them toward real friendship.
Friends, problem solving

What a Bad Dream
Mercer Mayer, Golden Books Pub Co Inc., 1992
(Ages 4-8)
Little Critter stars in his own bad dream. Turning himself into a scary, disagreeable monster who won't go to school or take a bath or eat anything but fudge pops and pizza, Little Critter discovers that his family has decided to go away and leave him alone. Trapped in a lonely dream, Little Critter has to make a choice.
Behavior, Bedtime

What a Scare, Jesse Bear
Nancy White Carlstrom, Simon & Schuster
(Ages 2-6)
Jesse Bear was brave enough to wear his scary mask with people he loves.
Halloween, family, fear

What are Friends For?
Sally Grindley, Kingfisher, 1998
(Ages 3-6)
Even when Figgy Twosocks makes Jefferson Bear cross, they discover that a "friend is forever."
friends

What Have You Done, Davy?
Brigitte Weninger and Eve Tharlet, North-South Books, 1996
(Ages 3-7)
The bunny, Davy, has high energy which causes him to accidentally ruin his brothers' and sisters' things. He does more than say "sorry"; he helps fix what has been broken.
siblings, mistakes, bad day

What If the Teacher Calls On Me?
Alan Gross, Children's Press, Inc., 1980
(Ages 5 - 7)
A little boy worries about being called on in class. Since this is a familiar classroom dilemma it should be a good discussion starter.
Fear, self-esteem, confidence

What Makes Me Happy
Catherine Anholt, Candlewick Press, 1998
(Ages 4-8)
Six boys and girls, including a set of twins, express what makes them happy, scared, jealous, shy, excited and sad.
emotions

What Mary Jo Shared
Janice May Udry, Albert Whitman & Company, 1987
(Ages 4-8)
Mary Jo overcomes her shyness and displays her individuality. Her secure and supportive home environment are sensed. Illustrations show a racially integrated classroom.
Sharing, not sharing, shyness

What Will I Do if I Can't Tie My Shoe?
Heidi Kilgras, Scholastic, 1997
(Baby - Pre-school)
A child names the things he can do and has his big brother teach him to tie his shoe.
self-esteem, worry, pride

What's So Terrible About Swallowing an Apple Seed?
Harriet Goldhor Lerner, HarperCollins, 1996
(Ages 4-8)
When Rosie swallows an apple seed, her sister tells her an apple tree will grow out of her ears.
Lying

When I am a Sister
Robin Ballard, Greenwillow Bks, 1998
(Ages 4-7)
The child wants to know what it will be like when she comes back to visit her father, step-mother and the new baby.
divorce, new baby, separation

When Mom Turned Into a Monster
Joanne Harrison, Carolrhoda, 1996
(Ages 4-8)
Instead of helping mom get ready for company, Katie and Sam cause problems that result in turning mom into a "monster."
Misbehavior

When the New Baby Comes, I'm Moving Out
Martha G. Alexander, Dial Books for Young Readers, 1979
(Ages 2-5)
Oliver continues to struggle with his new baby sister. This is a companion to *Nobody Asked Me If I Wanted a Baby Sister.* Oliver's hurt and fear as an only child who thinks he is being displaced by a baby are captured well.
New baby, jealousy

When Sophie Gets Angry-Really, Really Angry...
Molly Bang, The Blue Sky Pr., 1999
(Ages 3-8)
When Sophie is angry she climbs her favorite tree and feels better.
anger, alternatives

Where Does the Sun Go At Night?
Mirra Ginsburg, Greenwillow, 1981
(Baby-Pre-school)
Adapted from an American song, this is an unscientific but comforting explanation of nighttime. Little ones will enjoy the question and answer format: "Where does the sun go at night? To his grandma's house."
Bedtime

Where the Wild Things Are
Maurice Sendak, HarperCollins, 1988
(Ages 4-8)
A small boy, Max, is sent to his room without dinner. He dreams he has gone to a land of monsters who love him and make him their king. He is happy until he gets homesick.
Getting along, love, homesickness

Where's Al?
Byron Barton, Clarion Books, 1986
(Ages 4-8)
Al, a little boy, solves a problem through his own efforts. Pictures tell much of the story.
Problem solving

Who's Afraid of the Dark?
Crosby Newell Bonsall, HarperCollins, 1987
(Ages 4-8)
A little boy shares his dog's fear of the dark. His friend realizes it is the little boy who is afraid and gives him helpful advice.
Fear, emotions

Who's In Rabbit's House
Verna Aardema, ed., Waston Wood, 1977
(Ages 4-8)
Someone is in Rabbit's house. The other animals try to get whoever it is out.
Conflict escalator, problem solving

Whoever You Are
Mem Fox, Harcourt Brace, 1997
(Ages 3-8)
Despite the differences between people around the world, there are similarities that join us together, such as pain, joy, and love.
multi-culturalism, feelings

Whose Hat
Margaret Miller, Wm Morrow, 1988
(Ages 4-8)
Photographs of hats and people wearing them open the door for a discussion of jobs people do. Some of the jobs included are a baker, police officer and construction worker.
Self-esteem

Why Am I Different?
Norma Simon, Albert Whitman & Company, 1987
(Ages 4-8)
Children who vary in appearances, skills and backgrounds discuss ways they are different. Young children are encouraged to accept differences in themselves and in others. Questions in the book promote discussion. Suggestions to adults are given on the last page.
Diversity is good

Why Do You Love Me?
Laura Schlessinger, Cliff Street Books, 1999
(Ages 3-7)
A young boy asks his mother why she loves him and learns that her love is unconditional. He also learns that you can be angry or disappointed and still love the person.
love, mother-child, feelings

Wilfred Gordan McDonald Partridge
Mem Fox, Kane/Miller, 1985
(Ages 4-8)
Wilfred Gordon McDonald Partridge lives next to an old folks home. The residents are eccentric but Wilfred enjoys being with them. Respect for the elderly is the central theme. The relationship between generations is positive.
Friends, self-esteem

Will I Ever Be Older?
Eva Grant, Raintree/Steck-Vaughan Publishers, 1981
(Ages 4-8)
Sibling rivalry is narrated by a younger brother. While the story begins with complaints it concludes by showing that he does love his brother. The introductory page for parents and teachers reminds them that the nature of this is universal. It will stimulate many discussions.
Sibling rivalry

Will I Have a Friend?
Miriam Cohen, Simon & Schuster, 1967
(Ages 4-8)
Jim, who is five, worries about not having a friend when he starts kindergarten. His anxiety is relieved when he finds a friend.
Friends

William's Doll
Charlotte Zolotow, HarperCollins, 1976
(Ages 4-8)
William does "boy" activities (playing sports). William wanted a doll to play with and his father and brother objected. When he got his doll and when he played with it he pretended ways he would be a father.
Stereotype, family

Willy the Champ
Anthony Browne, Random House, 1985 (English and Spanish)
(Ages 4-8)
A gorilla who is bigger bothers Willy and he has to learn to deal with the bully.
Bully

Willy the Wimp
Anthony Browne, Knopf, 1985
(Ages 4-8)
A gorilla who is bigger and tougher bullies Willy.
Bully

The Witch Who Lives Down the Hall
Donna Guthrie, Harcourt Brace, 1985
(Ages 4-8)
A boy has moved into a new apartment. He is convinced that his neighbor Ms. McWee is a witch. He discovers she is different but very friendly. He learns to adjust to his new situation and accept people who are different.
Moving, differences

The Wonder of Hands
Edith Baer, Parents Magazine Press, 1970
(Ages 4-8)
The loving, exciting, and creative things that hands can do are shown through rhymes and photographs.
Self-esteem

Won't Somebody Play with Me?
Steven Kellogg, Dial Bks, 1973
(Ages 4-8)
A young girl imagines terrible punishments for her three best friends who won't play with her on her birthday.
Friends

The Wump World
Bill Peet, Houghton Mifflin, 1974
(Ages 4-8)
The Wumps live peaceably. When the Pollutians come for a visit everything changes.
Values

Yertle, the Turtle
Dr. Seuss, Random House, 1988
(Ages 4-8)
Yertle, the turtle, is very greedy and wants a much bigger kingdom.
Greed

Yo! Yes?
Chris Raschka, Orchard, 1993
(Ages 4-8)
Two boys meet on the street and decide to become friends.
Friends

You Are Special
Max Lucado, Crossway Bks, 1997
(Ages 3-8)
Wooden puppets spend their days giving stars to the talented and dots to those who are not perfect. Puncinello is feeling bad about himself until he learns that others' opinions really don't matter.
self-esteem, teasing, hurt, loneliness

You Go Away
Dorothy Corey, Albert Whitman & Company, 1987
(Ages 4-8)
Throughout the story there are brief separations. The book provides opportunities to talk about separation and being with people other than one's parents.
Separation anxiety

You Hold Me and I'll Hold You
Jo Carson, Orchard Books, 1992
(Ages 4-7)
When a great aunt dies, a young child who had experienced the loss of her mom leaving the family, finds comfort in being held and in holding.
death, loss, family, sadness

You Look Ridiculous, Said the Rhinoceros to the Hippopotamus
Bernard Waber, Houghton Mifflin Co., 1973
(Ages 4-8)
The story and humorous, absurd illustrations help show the consequences of wishing to be what one is not.
Self-esteem

You'll Soon Grow Into Them, Titch
Pat Hutchins, Mulberry Books 1992
(Ages 4-8)
When hand me downs are too small and next hand me downs too big, Titch finally gets new clothes.
family

Your Dad Was Just Like You
Dolores Johnson, Macmillan, 1993
(Ages 4-8)
Peter hears a story about his father's boyhood that helps him understand his dad's behavior towards him.
Misbehavior

You're My Nikki
Phyllis Rose Eisenberg, Dial, 1992
(Ages 4-8)
Nikki needs reassurance that her mother won't forget her when she goes out to work.
Belonging, emotions

You're the Boss, Baby Duck!
Amy Hest, Candlewick, 1997
(Ages 4-8)
When her parents make such a fuss over their new baby, Baby Duck feels neglected until Grandpa helps her to realize that she is still important.
New Baby

"The Zax" (In: The Sneetches)
Dr. Seuss, Random House, 1961
(All Ages)
A North-going Zax and a South-going Zax run into each other. Each one wants their own way so they are stuck.
Conflict, problem solving

Za-Za's Baby Brother
Lucy Cousins, Candlewick, 1995
(Ages 4-8)
Za-za, the zebra, must adjust to the arrival of a new baby.
New Baby

Zelda's Secret
Pascal Lemaitre, Bridgewater Books, 1994
(Ages 4-8)
When Zelda, the elephant, tells her best friend about her secret dream, it isn't a secret anymore.
Belonging, friend

References

Amazon.com
This web site provides book reviews as well as information on book availability. It suggests other titles purchased by those who buy the title being researched and other authors buyers of that book have selected.

Crary, Elizabeth. **Kids Can Cooperate: A practical Guide to Teaching Problem Solving**. 1984

Appendix D provides an excellent bibliography on books for problem solving, child guidance and self-esteem.
Parenting Press, Inc.
P.O. Box 75267
Seattle WA 98125

Donavin, Denise Perry, ed. **Best of the Best for Children**. New York: American Library Association. 1992.

Numerous books for children are included in this publication. Brief abstracts are given of each book.

Dreyer, Sharon Spredemann. **The Best of Bookfind: A Guide to Children's Literature About Interests and Concerns of Youth Aged 2 - 8**. 1992.

An excellent source for summaries of books. Indicates appropriate age usage as well as listings by topics.
American Guidance Service
Circle Pines, Minnesota
55014 -1796

Field, Carolyn W. and Jacqueline Shachter Weiss. **Values in Selected Children's Books of Fiction and Fantasy.** 1987.

Included are over 700 annotations of books for children of preschool age through eighth grade. Parents and teachers can use it as a guide to select books to demonstrate positive values which help develop skills for decision and problem solving.

Library Professional
Publication Inc.
(An imprint of The Shoe
String Press, Inc.)
Hamden, Connecticut 06514

Gillespie, John T. and Corinne J. Naden, ed. **Best Books for Children.** New York: R.R. Bowker, Reed Publishing. 1990.

A wide selection of books for children are included. A brief summary of each book is given.

Kreidler, William J. **Teaching Conflict Resolution Through Children's Literature.** 1994

Books to reinforce and extend conflict resolution concepts are given with suggestions for introducing the books, discussing them and using follow-up activities.
Scholastic Professional
Books
555 Broadway
New York, NY 10012-3999

Lipson, Eden Ross, ed. **The New York Time's Parent's Guide to the Best Books for Children.**. Times Books, Random House. 1988.

This guide was developed to help choose books that will intrigue and delight children.

Lipson, Eden Ross, ed. **The New York Time's Parent's Guide to the Best Books for Children.** Times Books, Random House. 1991.

Summaries are given for the many titles included in this publication.

MacDonald, Margaret Read. **Bookplay: 101 Creative Themes to Share with Young Children.** Library Professional Publication, an imprint of The Shoe String Press, Inc. 1995.

Margaret Read MacDonald provides 101 tested and proven 45-minute sessions grouped into thematic units. Each program offers a combination of songs, books or poems, activities films, art or craft fun, and follow-up ideas.

North Haven, Connecticut
06473

Quigg, Claudia and Katie Gross. **Babies & Books: A Joyous Beginning.** 1988.

This publication is intended to provide a resource to open wide the wonderful world of books for you and your child.

A Baby Talk Publication
Rolling Prarie Library System
345 W. Eldorado
Decatur, Illinois 62522
(217) 429-2586

Raines, Shirley, and Robert J. Canady. **Story Stretchers For the Primary Grades: Activities to Expand Children's Favorite Books.** 1992.

This resource gives brief summaries of books to use with children as well as numerous ideas for expanding the concepts in the books. It also suggests other books on the topic. Although written for the primary grade, many of the books and ideas can be used with preschoolers and kindergarten students.

Gryphon House, Inc.
3706 Otis Street
Mt. Rainer, Maryland, 20712

Raines, Shirley, and Robert J. Canady. **More Story Stretchers: More Activities to Expand Children's Favorite Books.** Maryland, Gryphon House Inc. 1991.

Written specifically for use with three, four and five year olds it can also be used as a resource for first and second graders. Ideas are given for activities to use to stretch the stories. A summary of each story is suggested as well as other stories on the same theme.

As above

Schmidt, Fran and Alice Friedman. **Peacemaking Skills for Little Kids.** 1993.

Art, music, stories and nature activities are suggested to reinforce the learning of peacemaking skills.

Grace Contrino Abrams
Peace Education Foundation
P.O. Box 191153
Miami Beach, Fl 33119

Thomas, Rebecca L. **Primaryplots.** 1989.

Primaryplots is designed to serve as a guide for teachers and librarians. It focuses on recent picture books between 1983 and 1987. It includes plots, thematic material, book talk and activities as well as related titles.

R.R. Bowker Company
245 West 17 Street
New York, NY 10011